

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
 LESMILLS BODYPUMP 08:00 - 08:50	 LESMILLS BODYPUMP 08:30 - 09:20	 SUPERFIT YOGA 08:00 - 09:20		 LESMILLS BODYPUMP 08:30 - 09:20	 SUPERFIT BAUCH EXPRESS 09:00 - 09:20	
	 LESMILLS BODYBALANCE 09:30 - 10:20	 SUPERFIT BAUCH BEINE PO 09:30 - 10:20	 LESMILLS BODYPUMP 09:00 - 09:50	 SUPERFIT BAUCH EXPRESS 09:30 - 09:50	 LESMILLS BODYPUMP 09:30 - 10:20	 LESMILLS BODYPUMP 09:30 - 10:20
 SUPERFIT PILATES 10:00 - 10:50	 SUPERFIT YOGA 10:30 - 11:50	 LESMILLS BODYPUMP 10:30 - 11:20	 SUPERFIT BAUCH BEINE PO 10:00 - 10:50	 LESMILLS BODYBALANCE 10:00 - 10:50	 LESMILLS BODYCOMBAT 10:30 - 11:20	 SUPERFIT PILATES 10:30 - 11:20
 SUPERFIT YOGA 11:00 - 12:20			 SUPERFIT PILATES 11:00 - 11:50		 SUPERFIT PILATES 11:30 - 12:20	 LESMILLS BODYBALANCE 11:30 - 12:20
					 LESMILLS BODYBALANCE 12:30 - 13:20	 LESMILLS BODYPUMP 12:30 - 13:20
 LESMILLS BODYBALANCE 16:00 - 16:50	 ZUMBA FITNESS ZUMBA 16:00 - 16:50				 LESMILLS BODYPUMP 16:30 - 17:20	 SUPERFIT YOGA 16:00 - 17:20
 LESMILLS BODYPUMP 17:00 - 17:50	 LESMILLS BODYBALANCE 17:00 - 17:50	 LESMILLS LMISTEP 17:30 - 18:20	 LESMILLS BODYPUMP 17:00 - 17:50		 SUPERFIT BAUCH EXPRESS 17:30 - 17:50	 LESMILLS BODYATTACK 17:30 - 18:20
 LESMILLS BODYCOMBAT 18:00 - 18:50	 LESMILLS BODYPUMP 18:00 - 18:50	 SUPERFIT BAUCH EXPRESS 18:30 - 18:50	 LESMILLS BODYCOMBAT 18:00 - 18:50	 LESMILLS BODYPUMP 17:30 - 18:20		 LESMILLS BODYPUMP 18:30 - 19:20
 LESMILLS BODYBALANCE 19:00 - 19:50	 JUMPING FITNESS JUMPING 19:00 - 19:50	 LESMILLS BODYPUMP 19:00 - 19:50	 JUMPING FITNESS JUMPING 19:00 - 19:50	 SUPERFIT PILATES 18:30 - 19:20		 SUPERFIT BAUCH EXPRESS 19:30 - 19:50
 LESMILLS BODYPUMP 20:00 - 20:50	 LESMILLS BODYATTACK 20:00 - 20:50	 LESMILLS BODYBALANCE 20:00 - 20:50		 SUPERFIT BAUCH BEINE PO 19:30 - 20:20		
 SUPERFIT BAUCH EXPRESS 21:00 - 21:20						