

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
 LES MILLS BODYPUMP 09:30 - 10:20		 LES MILLS BODYATTACK 09:00 - 09:50				
 LES MILLS BODYBALANCE 10:30 - 11:20	 SUPERFIT YOGA 10:00 - 11:20	 LES MILLS BODYPUMP 10:00 - 10:50	 SUPERFIT PILATES 10:00 - 10:50	 LES MILLS BODYPUMP 09:30 - 10:20	 LES MILLS BODYATTACK 10:00 - 10:50	 SUPERFIT YOGA 10:00 - 11:20
			 SUPERFIT YOGA 11:00 - 12:20	 ZUMBA FITNESS ZUMBA 10:30 - 11:20	 LES MILLS BODYPUMP 11:00 - 11:50	 LES MILLS BODYPUMP 11:30 - 12:20
					 LES MILLS LMISTEP 12:00 - 12:50	 LES MILLS BODYATTACK 12:30 - 13:20
						 LES MILLS BODYJAM 13:30 - 14:20
 LES MILLS LMISTEP 16:00 - 16:50		 LES MILLS BODYBALANCE 16:00 - 16:50		 LES MILLS BODYCOMBAT 16:00 - 16:50		
 LES MILLS BODYPUMP 17:00 - 17:50	 SUPERFIT YOGA 16:30 - 17:50	 LES MILLS BODYPUMP 17:00 - 17:50	 LES MILLS BODYPUMP 17:00 - 17:50	 LES MILLS BODYPUMP 17:00 - 17:50		 LES MILLS BODYATTACK 17:00 - 17:50
 LES MILLS BODYATTACK 18:00 - 18:50	 LES MILLS BODYCOMBAT 18:00 - 18:50	 LES MILLS BODYJAM 18:00 - 18:50	 ZUMBA FITNESS ZUMBA 18:00 - 18:50	 SUPERFIT BAUCH EXPRESS 18:00 - 18:20		 SUPERFIT BAUCH EXPRESS 18:00 - 18:20
 SUPERFIT BAUCH BEINE PO 19:00 - 19:50	 LES MILLS BODYPUMP 19:00 - 19:50	 LES MILLS BODYCOMBAT 19:00 - 19:50	 LES MILLS BODYATTACK 19:00 - 19:50	 LES MILLS BODYATTACK 18:30 - 19:20		 LES MILLS BODYPUMP 18:30 - 19:20
 LES MILLS BODYPUMP 20:00 - 20:50	 LES MILLS BODYATTACK 20:00 - 20:50	 LES MILLS BODYATTACK 20:00 - 20:50	 SUPERFIT BAUCH EXPRESS 20:00 - 20:20			
			 LES MILLS BODYPUMP 20:30 - 21:20			