

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
		 SUPERFIT YOGA 08:30 - 09:50				
 LES MILLS BODYPUMP 09:00 - 09:50	 LES MILLS BODYPUMP 09:00 - 09:50	 SUPERFIT PILATES 10:00 - 10:50	 LES MILLS BODYPUMP 09:00 - 09:50	 LES MILLS BODYPUMP 09:00 - 09:50	 LES MILLS BODYPUMP 09:00 - 09:50	 LES MILLS BODYATTACK 09:00 - 09:50
 SUPERFIT PILATES 10:00 - 10:50	 ZUMBA FITNESS ZUMBA 10:00 - 10:50	 LES MILLS BODYPUMP 11:00 - 11:50	 SUPERFIT BAUCH BEINE PO 10:00 - 10:50	 LES MILLS BODYATTACK 10:00 - 10:50	 LES MILLS LMISTEP 10:00 - 10:50	 ZUMBA FITNESS ZUMBA 10:00 - 10:50
 SUPERFIT YOGA 11:00 - 12:20			 SUPERFIT RÜCKEN 11:00 - 11:50	 LES MILLS BODYBALANCE 11:00 - 11:50	 LES MILLS BODYBALANCE 11:00 - 11:50	 LES MILLS BODYCOMBAT 11:00 - 11:50
					 LES MILLS BODYATTACK 12:00 - 12:50	 LES MILLS BODYPUMP 12:00 - 12:50
						 LES MILLS BODYBALANCE 13:00 - 13:50
	 LES MILLS CORE 16:00 - 16:45		 LES MILLS BODYPUMP 16:00 - 16:50			
 LES MILLS BODYCOMBAT 17:00 - 17:50	 LES MILLS BODYPUMP 17:00 - 17:50	 LES MILLS BODYBALANCE 17:30 - 18:20	 LES MILLS LMISTEP 17:00 - 17:50	 LES MILLS BODYATTACK 17:00 - 17:50		 LES MILLS CORE 16:00 - 16:45
 LES MILLS BODYPUMP 18:00 - 18:50	 LES MILLS BODYCOMBAT 18:00 - 18:50	 LES MILLS BODYPUMP 18:30 - 19:20	 LES MILLS BODYATTACK 18:00 - 18:50	 LES MILLS BODYPUMP 18:00 - 18:50		 LES MILLS BODYCOMBAT 17:00 - 17:50
 LES MILLS BODYBALANCE 19:00 - 19:50	 LES MILLS BODYATTACK 19:00 - 19:50	 ZUMBA FITNESS ZUMBA 19:30 - 20:20	 LES MILLS BODYBALANCE 19:00 - 19:50	 LES MILLS BODYBALANCE 19:00 - 19:50		 LES MILLS BODYATTACK 18:00 - 18:50
	 LES MILLS BODYPUMP 20:00 - 20:50		 ZUMBA FITNESS ZUMBA 20:00 - 20:50			 LES MILLS BODYPUMP 19:00 - 19:50
			 LES MILLS BODYPUMP 21:00 - 21:45			 SUPERFIT BAUCH EXPRESS 20:00 - 20:20