

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
				 SUPERFIT BAUCH BEINE PO 09:00 - 09:50	 LESMILLS BODYPUMP 09:00 - 09:50	
 LESMILLS BODYPUMP 10:00 - 10:50	 SUPERFIT PILATES 10:00 - 10:50	 ZUMBA FITNESS ZUMBA 10:00 - 10:50	 SUPERFIT RÜCKEN 10:00 - 10:50	 ZUMBA FITNESS ZUMBA 10:00 - 10:50	 SUPERFIT PILATES 10:00 - 10:50	 ZUMBA FITNESS ZUMBA 10:00 - 10:50
 SUPERFIT RÜCKEN 11:00 - 11:50	 SUPERFIT BAUCH BEINE PO 11:00 - 11:50	 SUPERFIT BAUCH BEINE PO 11:00 - 11:50	 LESMILLS BODYPUMP 11:00 - 11:50	 SUPERFIT YOGA 11:00 - 12:20	 SUPERFIT BAUCH BEINE PO 11:00 - 11:50	 LESMILLS BODYPUMP 11:00 - 11:50
 SUPERFIT YOGA 12:00 - 13:20		 SUPERFIT YOGA 12:00 - 13:20	 SUPERFIT BAUCH EXPRESS 12:00 - 12:20		 LESMILLS BODYCOMBAT 12:00 - 12:50	 SUPERFIT BAUCH EXPRESS 12:00 - 12:20
						 LESMILLS BODYBALANCE 12:30 - 13:20
						 SUPERFIT YOGA 13:30 - 14:50
						 LESMILLS BODYATTACK 15:30 - 16:20
	 SUPERFIT BAUCH BEINE PO 16:00 - 16:50					 SUPERFIT BAUCH EXPRESS 16:30 - 16:50
 LESMILLS BODYPUMP 16:30 - 17:20	 SUPERFIT PILATES 17:00 - 17:50	 LESMILLS BODYPUMP 16:30 - 17:20	 SUPERFIT BAUCH BEINE PO 17:00 - 17:50	 LESMILLS BODYATTACK 16:30 - 17:20	 LESMILLS BODYPUMP 17:00 - 17:50	 LESMILLS BODYPUMP 17:00 - 17:50
 LESMILLS BODYBALANCE 17:30 - 18:20	 LESMILLS BODYPUMP 18:00 - 18:50	 SUPERFIT PILATES 17:30 - 18:20	 LESMILLS BODYCOMBAT 18:00 - 18:50	 LESMILLS BODYPUMP 17:30 - 18:20	 LESMILLS BODYATTACK 18:00 - 18:50	 SUPERFIT BAUCH BEINE PO 18:00 - 18:50
 LESMILLS BODYCOMBAT 18:30 - 19:20	 SUPERFIT BAUCH EXPRESS 19:00 - 19:20	 LESMILLS BODYCOMBAT 18:30 - 19:20	 LESMILLS BODYPUMP 19:00 - 19:50	 SUPERFIT YOGA 18:30 - 19:50		 SUPERFIT PILATES 19:00 - 19:50
 SUPERFIT BAUCH EXPRESS 19:30 - 19:50	 LESMILLS BODYATTACK 19:30 - 20:20	 LESMILLS BODYATTACK 19:30 - 20:20	 LESMILLS BODYBALANCE 20:00 - 20:50	 SALSATION FITNESS SALSATION 20:00 - 20:50		
 LESMILLS BODYPUMP 20:00 - 20:50		 SUPERFIT BAUCH EXPRESS 20:30 - 20:50				
 EXPRESS LESMILLS BODYATTACK 21:00 - 21:25		 LESMILLS BODYPUMP 21:00 - 21:45				