

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
		SUPERFIT PILATES 08:00 - 08:50				
SUPERFIT YOGA EXPRESS 09:00 - 09:50	SUPERFIT RÜCKEN 09:00 - 09:50	LESMILLS BODYPUMP 09:00 - 09:50	LESMILLS BODYPUMP 09:00 - 09:50	LESMILLS BODYPUMP 09:30 - 10:20	LESMILLS BODYPUMP 09:00 - 09:50	LESMILLS SHAPES 09:00 - 09:45
ZUMBA FITNESS ZUMBA 10:00 - 10:50	LESMILLS BODYPUMP 10:00 - 10:50	SUPERFIT YOGA 10:00 - 11:20	LESMILLS BODYBALANCE 10:00 - 10:50	SUPERFIT YOGA 10:30 - 11:50	SUPERFIT RÜCKEN 10:00 - 10:50	LESMILLS BODYPUMP 10:00 - 10:50
SUPERFIT PILATES 11:00 - 11:50	ZUMBA FITNESS ZUMBA 11:00 - 11:50	ZUMBA FITNESS ZUMBA 11:30 - 12:20	SUPERFIT PILATES 11:00 - 11:50	SUPERFIT PILATES 12:00 - 12:50	LESMILLS BODYJAM 11:00 - 11:50	LESMILLS BODYATTACK 11:00 - 11:50
LESMILLS BODYPUMP 12:00 - 12:50					LESMILLS BODYBALANCE 12:00 - 12:50	LESMILLS DANCE 12:00 - 12:45
					LESMILLS BODYPUMP 13:00 - 13:50	SUPERFIT PILATES 13:00 - 13:50
					LESMILLS BODYATTACK 14:00 - 14:50	
LESMILLS SHAPES 16:00 - 16:45	LESMILLS BODYPUMP 16:00 - 16:50		LESMILLS BODYPUMP 16:30 - 17:20	ZUMBA FITNESS ZUMBA 16:30 - 17:20		ZUMBA FITNESS ZUMBA 16:00 - 16:50
LESMILLS BODYCOMBAT 17:00 - 17:50	LESMILLS DANCE 17:00 - 17:45	LESMILLS BODYBALANCE 17:00 - 17:50	LESMILLS BODYCOMBAT 17:30 - 18:20	LESMILLS BODYPUMP 17:30 - 18:20		LESMILLS BODYATTACK 17:00 - 17:50
LESMILLS BODYJAM 18:00 - 18:50	LESMILLS BODYCOMBAT 18:00 - 18:50	LESMILLS BODYPUMP 18:00 - 18:50	LESMILLS BODYBALANCE 18:30 - 19:20	LESMILLS BODYBALANCE 18:30 - 19:20		LESMILLS BODYPUMP 18:00 - 18:50
LESMILLS BODYATTACK 19:00 - 19:50	LESMILLS BODYPUMP 19:00 - 19:50	LESMILLS BODYATTACK 19:00 - 19:50	LESMILLS BODYPUMP 19:30 - 20:20	LESMILLS BODYJAM 19:30 - 20:20		SUPERFIT BAUCH EXPRESS 19:00 - 19:20
LESMILLS BODYPUMP 20:00 - 20:50	SUPERFIT BAUCH EXPRESS 20:00 - 20:20	LESMILLS BODYBALANCE 20:00 - 20:50	SUPERFIT PILATES 20:30 - 21:20			
	SUPERFIT YOGA 20:30 - 21:50					