

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
 SUPERFIT BAUCH BEINE PO 09:00 - 09:50		 SUPERFIT PILATES 09:30 - 10:20				
 SUPERFIT RÜCKEN 10:00 - 10:50		 LESMILLS BODYBALANCE 10:30 - 11:20				
				 SUPERFIT BAUCH BEINE PO 10:30 - 11:20		
				 LESMILLS PILATES 11:30 - 12:20	 ZUMBA FITNESS ZUMBA 11:00 - 11:50	 LESMILLS LMISTEP 11:00 - 11:50
					 SUPERFIT BAUCH BEINE PO 12:00 - 12:50	 ZUMBA FITNESS ZUMBA 12:00 - 12:50
						 SUPERFIT BAUCH BEINE PO 13:00 - 13:50
						 LESMILLS PILATES 14:00 - 14:50
 LESMILLS PILATES 17:00 - 17:50			 ZUMBA FITNESS ZUMBA 17:00 - 17:50			
 ZUMBA FITNESS ZUMBA 18:00 - 18:50	 SUPERFIT BAUCH BEINE PO 18:00 - 18:50	 LESMILLS BODYATTACK 18:30 - 19:20	 SUPERFIT BAUCH BEINE PO 18:00 - 18:50			
 SUPERFIT BAUCH BEINE PO 19:00 - 19:50	 SUPERFIT PILATES 19:00 - 19:50	 ZUMBA FITNESS ZUMBA 19:30 - 20:20	 LESMILLS BODYBALANCE 19:00 - 19:50			