

MONTAG

DIENSTAG

MITTWOCH

DONNERSTAG

FREITAG

SAMSTAG

SONNTAG

 SUPERFIT
YOGA
08:30 - 09:50

OPENING

 LESMILLS
BODYPUMP
09:00 - 09:50

 LESMILLS
BODYPUMP
09:00 - 09:50

 SUPERFIT
PILATES
10:00 - 10:50

 LESMILLS
BODYPUMP
09:00 - 09:50

 LESMILLS
BODYPUMP
09:00 - 09:50

 LESMILLS
PILATES
10:00-10:50

 SUPERFIT
PILATES
10:00 - 10:50

 ZUMBA FITNESS
ZUMBA
10:00 - 10:50

 LESMILLS
BODYPUMP
11:00 - 11:50

 SUPERFIT
BAUCH BEINE PO
10:00 - 10:50

 LESMILLS
BODYATTACK
10:00 - 10:50

 FLYING STEPS
ENTERTAINMENT
11:00-11:20

 ZUMBA FITNESS
ZUMBA
10:00 - 10:50

 SUPERFIT
YOGA
11:00 - 12:20

 SUPERFIT
RÜCKEN
11:00 - 11:50

 LESMILLS
BODYBALANCE
11:00 - 11:50

 ZUMBA FITNESS
ZUMBA SPECIAL
11:20-12:20

 LESMILLS
BODYATTACK
11:00 - 11:50

 LESMILLS
BODYPUMP HEAVY
12:30-13:20

 LESMILLS
BODYPUMP
12:00 - 12:50

 LESMILLS
BODYATTACK
13:30-13:55

 LESMILLS
BODYBALANCE
13:00 - 13:50

 LESMILLS
BODYCOMBAT
14:00-14:25

 LESMILLS
BODYPUMP
14:30-14:55

 LESMILLS
BODYBALANCE
15:00-15:25

 SUPERFIT
YOGA
15:30-16:30

 LESMILLS
BODYPUMP
16:00 - 16:50

 LESMILLS
BODYPUMP
16:00 - 16:50

 LESMILLS
BODYCOMBAT
17:00 - 17:50

 LESMILLS
BODYPUMP
17:00 - 17:50

 LESMILLS
PILATES
17:00 - 17:50

 LESMILLS
LMISTEP
17:00 - 17:50

 LESMILLS
BODYATTACK
17:00 - 17:50

 LESMILLS
BODYCOMBAT
17:00 - 17:50

 LESMILLS
BODYPUMP
18:00 - 18:50

 LESMILLS
BODYCOMBAT
18:00 - 18:50

 LESMILLS
BODYPUMP
18:00 - 18:50

 LESMILLS
BODYATTACK
18:00 - 18:50

 LESMILLS
BODYPUMP
18:00 - 18:50

 LESMILLS
PILATES
18:00 - 18:50

 LESMILLS
BODYBALANCE
19:00 - 19:50

 LESMILLS
BODYATTACK
19:00 - 19:50

 ZUMBA FITNESS
ZUMBA
19:00 - 19:50

 SUPERFIT
YOGA
19:00 - 20:20

 LESMILLS
BODYBALANCE
19:00 - 19:50

 LESMILLS
BODYPUMP HEAVY
19:00 - 19:50

 LESMILLS
BODYATTACK
20:00 - 20:50

 LESMILLS
BODYPUMP
20:00 - 20:50

 LESMILLS
BODYBALANCE
20:00 - 20:50

 LESMILLS
BODYPUMP HEAVY
20:30 - 21:20

 SUPERFIT
BAUCH EXPRESS
20:00 - 20:20