

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
		 SUPERFIT YOGA 08:30 - 09:50				
 LESMILLS BODYPUMP 09:00 - 09:50	 LESMILLS BODYPUMP 09:00 - 09:50	 SUPERFIT PILATES 10:00 - 10:50	 LESMILLS BODYPUMP 09:00 - 09:50	 LESMILLS BODYPUMP 09:00 - 09:50	 LESMILLS BODYPUMP 09:00 - 09:50	
 SUPERFIT PILATES 10:00 - 10:50	 ZUMBA FITNESS ZUMBA 10:00 - 10:50	 LESMILLS BODYPUMP 11:00 - 11:50	 SUPERFIT BAUCH BEINE PO 10:00 - 10:50	 LESMILLS BODYATTACK 10:00 - 10:50	 LESMILLS LMISTEP 10:00 - 10:50	 ZUMBA FITNESS ZUMBA 10:00 - 10:50
 SUPERFIT YOGA 11:00 - 12:20			 SUPERFIT RÜCKEN 11:00 - 11:50	 LESMILLS BODYBALANCE 11:00 - 11:50	 LESMILLS BODYBALANCE 11:00 - 11:50	 LESMILLS BODYATTACK 11:00 - 11:50
					 LESMILLS BODYATTACK 12:00 - 12:50	 LESMILLS BODYPUMP 12:00 - 12:50
						 LESMILLS BODYBALANCE 13:00 - 13:50
			 LESMILLS BODYPUMP 16:00 - 16:50			
 LESMILLS BODYCOMBAT 17:00 - 17:50	 LESMILLS BODYPUMP 17:00 - 17:50	 LESMILLS PILATES 17:00 - 17:50	 LESMILLS LMISTEP 17:00 - 17:50	 LESMILLS BODYATTACK 17:00 - 17:50		 LESMILLS BODYCOMBAT 17:00 - 17:50
 LESMILLS BODYPUMP 18:00 - 18:50	 LESMILLS BODYCOMBAT 18:00 - 18:50	 LESMILLS BODYPUMP 18:00 - 18:50	 LESMILLS BODYATTACK 18:00 - 18:50	 LESMILLS BODYPUMP 18:00 - 18:50		 LESMILLS PILATES 18:00 - 18:50
 LESMILLS BODYBALANCE 19:00 - 19:50	 LESMILLS BODYATTACK 19:00 - 19:50	 ZUMBA FITNESS ZUMBA 19:00 - 19:50	 SUPERFIT YOGA 19:00 - 20:20	 LESMILLS BODYBALANCE 19:00 - 19:50		 LESMILLS BODYPUMP HEAVY 19:00 - 19:50
 LESMILLS BODYATTACK 20:00 - 20:50	 LESMILLS BODYPUMP 20:00 - 20:50	 LESMILLS BODYBALANCE 20:00 - 20:50	 LESMILLS BODYPUMP HEAVY 20:30 - 21:20			 SUPERFIT BAUCH EXPRESS 20:00 - 20:20