



KARFREITAG 03.04.26

OSTERSAMSTAG 04.04.26

OSTERSONNTAG 05.04.26

OSTERMONTAG 06.04.26

 **LES MILLS**
BODYPUMP
09:30 - 10:20

 **SUPERFIT**
YOGA
10:30 - 11:50

 **SUPERFIT**
PILATES
12:00 - 12:50

 **ZUMBA FITNESS**
ZUMBA
16:30 - 17:20

 **LES MILLS**
BODYPUMP
17:30 - 18:20

 **LES MILLS**
BODYBALANCE
18:30 - 19:20

 **LES MILLS**
BODYJAM
19:30 - 20:20

 **LES MILLS**
BODYPUMP HEAVY
09:00 - 09:50

 **SUPERFIT**
RÜCKEN
10:00 - 10:50

 **LES MILLS**
BODYJAM
11:00 - 11:50

 **LES MILLS**
BODYBALANCE
12:00 - 12:50

 **LES MILLS**
BODYPUMP
13:00 - 13:50

 **LES MILLS**
BODYATTACK
14:00 - 14:50

 **LES MILLS**
BODYPUMP EXPRESS
10:00 - 10:25

 **LES MILLS**
BODYATTACK EXPRESS
10:35 - 11:00

 **LES MILLS**
DANCE EXPRESS
11:05 - 11:30

 **LES MILLS**
BODYJAM EXPRESS
11:35 - 12:00

 **SUPERFIT**
PILATES EXPRESS
12:05 - 12:30

 **SUPERFIT**
YOGA EXPRESS
09:00 - 09:50

 **ZUMBA FITNESS**
ZUMBA
10:00 - 10:50

 **SUPERFIT**
PILATES
11:00 - 11:50

 **LES MILLS**
SHAPES EXPRESS
17:00 - 17:25

 **LES MILLS**
BODYJAM EXPRESS
17:30 - 17:55

 **LES MILLS**
BODYPUMP HEAVY
18:00 - 18:50

 **LES MILLS**
BODYATTACK EXPRESS
19:00 - 19:25

 **LES MILLS**
BODYBALANCE EXPRESS
19:30 - 19:55

