



KARFREITAG 03.04.26

OSTERSAMSTAG 04.04.26 OSTERSONNTAG 05.04.26 OSTERMONTAG 06.04.26

 SUPERFIT
RÜCKEN
10:00 - 10:50

 SUPERFIT
BAUCH BEINE PO
11:00 - 11:50

 LESMILLS
BODYPUMP
17:00 - 17:50

 LESMILLS
BODYBALANCE
18:00 - 18:50

 ZUMBA FITNESS
ZUMBA
19:00 - 19:50

 SUPERFIT
BAUCH BEINE PO
09:00 - 09:50

 LESMILLS
BODYPUMP
10:00 - 10:50

 SUPERFIT
BAUCH EXPRESS
11:00 - 11:20

 SUPERFIT
YOGA
11:30 - 12:50

 LESMILLS
BODYPUMP EXPRESS
10:00 - 10:25

 LESMILLS
BODYBALANCE EXPRESS
10:35 - 11:00

 LESMILLS
BODYCOMBAT EXPRESS
11:05 - 11:30

 SUPERFIT
BAUCH BEINE PO EXPRESS
11:35 - 12:00

 AFROLETICS
12:05 - 12:55

 LESMILLS
BODYPUMP
18:00 - 18:50

 LESMILLS
BODYCOMBAT
19:00 - 19:50

 LESMILLS
BODYBALANCE
20:00 - 20:50

