



KARFREITAG 03.04.26

OSTERSAMSTAG 04.04.26

OSTERSONNTAG 05.04.26

OSTERMONTAG 06.04.26

 SUPERFIT
BAUCH BEINE PO
09:00 - 09:50

 LESMILLS
BODYPUMP
10:00 - 10:50

 SUPERFIT
RÜCKEN
11:00 - 11:50

 LESMILLS
BODYBALANCE
17:00 - 17:50

 LESMILLS
BODYPUMP
18:00 - 18:50

 LESMILLS
BODYATTACK
19:00 - 19:50

 LESMILLS
DANCE
09:00 - 09:45

 LESMILLS
LMISTEP
10:00 - 10:50

 LESMILLS
BODYPUMP
11:00 - 11:50

 SUPERFIT
BAUCH EXPRESS
12:00 - 12:20

 LESMILLS
BODYBALANCE
12:30 - 13:20

 LESMILLS
BODYPUMP EXPRESS
10:00 - 10:25

 LESMILLS
PILATES EXPRESS
10:30 - 10:55

 SUPERFIT
YOGA EXPRESS
11:00 - 11:50

 LESMILLS
BODYBALANCE
10:00 - 10:50

 LESMILLS
ZUMBA FITNESS
ZUMBA
11:00 - 11:50

 EXPRESS
LESMILLS
BODYPUMP
16:30 - 16:55

 LESMILLS
LMISTEP
17:00 - 17:50

 LESMILLS
BODYCOMBAT
18:00 - 18:50

 LESMILLS
BODYATTACK
19:00 - 19:50

