

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
SUPERFIT BAUCH BEINE PO 09:00 - 09:50		SUPERFIT PILATES 09:30 - 10:20				
SUPERFIT RÜCKEN 10:00 - 10:50		LES MILLS BODYBALANCE 10:30 - 11:20				
				SUPERFIT BAUCH BEINE PO 10:30 - 11:20		
				LES MILLS PILATES 11:30 - 12:20	ZUMBA FITNESS ZUMBA 11:00 - 11:50	LES MILLS LMISTEP 11:00 - 11:50
					SUPERFIT BAUCH BEINE PO 12:00 - 12:50	ZUMBA FITNESS ZUMBA 12:00 - 12:50
						SUPERFIT BAUCH BEINE PO 13:00 - 13:50
						LES MILLS PILATES 14:00 - 14:50
LES MILLS PILATES 17:00 - 17:50			ZUMBA FITNESS ZUMBA 17:00 - 17:50			
ZUMBA FITNESS ZUMBA 18:00 - 18:50	SUPERFIT BAUCH BEINE PO 18:00 - 18:50	LES MILLS BODYATTACK 18:30 - 19:20	LES MILLS PILATES 18:00 - 18:50			
SUPERFIT BAUCH BEINE PO 19:00 - 19:50	SUPERFIT PILATES 19:00 - 19:50	ZUMBA FITNESS ZUMBA 19:30 - 20:20	LES MILLS BODYBALANCE 19:00 - 19:50			