

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
SUPERFIT YOGA 09:00 - 10:20	LES MILLS BODYPUMP 09:00 - 09:50	SUPERFIT BAUCH BEINE PO 09:00 - 09:50		LES MILLS PILATES 09:00 - 09:50	SUPERFIT BAUCH BEINE PO 09:00 - 09:50	LES MILLS PILATES 09:00 - 09:50
SUPERFIT RÜCKEN 10:30 - 11:20	SUPERFIT YOGA 10:00 - 11:20	SUPERFIT RÜCKEN 10:00 - 10:50	SUPERFIT PILATES 10:00 - 10:50	SUPERFIT RÜCKEN 10:00 - 10:50	LES MILLS BODYPUMP 10:00 - 10:50	LES MILLS BODYPUMP 10:00 - 10:50
	SUPERFIT PILATES 11:30 - 12:20		SUPERFIT YOGA 11:00 - 12:20	SUPERFIT BAUCH BEINE PO 11:00 - 11:50	SUPERFIT BAUCH EXPRESS 11:00 - 11:20	LES MILLS BODYCOMBAT 11:00 - 11:50
					SUPERFIT YOGA 11:30 - 12:50	AFROLETICS™ AFROLETICS 12:00 - 12:50
	LES MILLS PILATES 16:30 - 17:20				Shapes SHAPES 16:00 - 16:50	
LES MILLS BODYPUMP 18:00 - 18:50	SUPERFIT BAUCH BEINE PO 17:30 - 18:20	LES MILLS BODYPUMP 17:30 - 18:20	SUPERFIT BAUCH BEINE PO 17:30 - 18:20	LES MILLS BODYPUMP 17:00 - 17:50		
LES MILLS BODYCOMBAT 19:00 - 19:50	ZUMBA FITNESS ZUMBA 18:30 - 19:20	ZUMBA FITNESS ZUMBA 18:30 - 19:20	LES MILLS BODYATTACK 18:30 - 19:20	LES MILLS BODYBALANCE 18:00 - 18:50		
LES MILLS BODYBALANCE 20:00 - 20:50	LES MILLS BODYPUMP 19:30 - 20:20	SUPERFIT YOGA 19:30 - 20:50	LES MILLS BODYPUMP 19:30 - 20:20	ZUMBA FITNESS ZUMBA 19:00 - 19:50		