

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
 SUPERFIT YOGA 09:00 - 10:20	 LESMILLS BODYPUMP 09:00 - 09:50	 SUPERFIT BAUCH BEINE PO 09:00 - 09:50		 LESMILLS PILATES 09:00 - 09:50	 SUPERFIT BAUCH BEINE PO 09:00 - 09:50	 SUPERFIT PILATES 09:00 - 09:50
 SUPERFIT RÜCKEN 10:30 - 11:20	 SUPERFIT YOGA 10:00 - 11:20	 SUPERFIT RÜCKEN 10:00 - 10:50	 SUPERFIT PILATES 10:00 - 10:50	 SUPERFIT RÜCKEN 10:00 - 10:50	 LESMILLS BODYPUMP 10:00 - 10:50	 LESMILLS BODYPUMP 10:00 - 10:50
	 SUPERFIT PILATES 11:30 - 12:20		 SUPERFIT YOGA 11:00 - 12:20	 SUPERFIT BAUCH BEINE PO 11:00 - 11:50	 SUPERFIT BAUCH EXPRESS 11:00 - 11:20	 LESMILLS BODYCOMBAT 11:00 - 11:50
					 SUPERFIT YOGA 11:30 - 12:50	 AFROLETICS™ AFROLETICS 12:00 - 12:50
						 SUPERFIT YOGA 13:00 - 14:20
	 LESMILLS PILATES 16:30 - 17:20					
 LESMILLS BODYPUMP 18:00 - 18:50	 SUPERFIT BAUCH BEINE PO 17:30 - 18:20	 LESMILLS BODYPUMP 17:30 - 18:20	 SUPERFIT BAUCH BEINE PO 17:30 - 18:20	 LESMILLS BODYPUMP 17:00 - 17:50		
 LESMILLS BODYCOMBAT 19:00 - 19:50	 ZUMBA FITNESS ZUMBA 18:30 - 19:20	 ZUMBA FITNESS ZUMBA 18:30 - 19:20	 LESMILLS BODYATTACK 18:30 - 19:20	 LESMILLS BODYBALANCE 18:00 - 18:50		
 LESMILLS BODYBALANCE 20:00 - 20:50	 LESMILLS BODYPUMP 19:30 - 20:20	 SUPERFIT YOGA 19:30 - 20:50	 LESMILLS BODYPUMP 19:30 - 20:20	 ZUMBA FITNESS ZUMBA 19:00 - 19:50		