

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
	SUPERFIT YOGA 09:00 - 10:20					
LES MILLS BODYPUMP 10:00 - 10:50	LES MILLS BODYPUMP 10:30 - 11:20	Shapes LES MILLS SHAPES 10:30 - 11:20	ZUMBA FITNESS ZUMBA 10:00 - 10:50	SUPERFIT YOGA 10:00 - 11:20	SUPERFIT YOGA 09:30 - 10:50	SUPERFIT BAUCH BEINE PO 10:00 - 10:50
SUPERFIT YOGA 11:00 - 12:20		LES MILLS BODYPUMP 11:30 - 12:20	SUPERFIT YOGA 11:00 - 12:20	LES MILLS BODYPUMP 11:30 - 12:20	LES MILLS BODYPUMP 11:00 - 11:50	LES MILLS BODYPUMP 11:00 - 11:50
					SUPERFIT BAUCH EXPRESS 12:00 - 12:20	LES MILLS BODYBALANCE 12:00 - 12:50
					LES MILLS BODYCOMBAT 12:30 - 13:20	
LES MILLS PILATES 17:00 - 17:50	SUPERFIT BAUCH BEINE PO 17:30 - 18:20	LES MILLS PILATES 17:30 - 18:20	LES MILLS BODYBALANCE 17:30 - 18:20	LES MILLS BODYPUMP 17:00 - 17:50		
LES MILLS BODYPUMP 18:00 - 18:50	SUPERFIT PILATES 18:30 - 19:20	LES MILLS BODYPUMP 18:30 - 19:20	LES MILLS BODYPUMP 18:30 - 19:20	LES MILLS BODYATTACK 18:00 - 18:50		LES MILLS BODYPUMP 18:00 - 18:50
AFROLETICS 19:00 - 19:50	LES MILLS BODYCOMBAT 19:30 - 20:20	SUPERFIT YOGA 19:30 - 20:50	LES MILLS yoga LES MILLS YOGA 19:30 - 20:20			
	LES MILLS BODYPUMP 20:30 - 21:20					