

MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
 LES MILLS BODYPUMP 08:00 - 08:50	 LES MILLS BODYPUMP 08:30 - 09:20	 SUPERFIT YOGA 08:00 - 09:20	 LES MILLS BODYBALANCE 08:00 - 08:50	 LES MILLS BODYPUMP 08:30 - 09:20	 SUPERFIT BAUCH EXPRESS 09:00 - 09:20	
 LES MILLS BODYATTACK 09:00 - 09:50	 LES MILLS BODYBALANCE 09:30 - 10:20	 SUPERFIT BAUCH BEINE PO 09:30 - 10:20	 LES MILLS BODYPUMP 09:00 - 09:50	 SUPERFIT BAUCH EXPRESS 09:30 - 09:50	 LES MILLS BODYPUMP 09:30 - 10:20	 LES MILLS BODYPUMP 09:30 - 10:20
 SUPERFIT PILATES 10:00 - 10:50	 SUPERFIT YOGA 10:30 - 11:50	 LES MILLS BODYPUMP 10:30 - 11:20	 SUPERFIT BAUCH BEINE PO 10:00 - 10:50	 LES MILLS BODYBALANCE 10:00 - 10:50	 LES MILLS BODYCOMBAT 10:30 - 11:20	 SUPERFIT PILATES 10:30 - 11:20
 SUPERFIT YOGA 11:00 - 12:20			 SUPERFIT PILATES 11:00 - 11:50		 SUPERFIT PILATES 11:30 - 12:20	 LES MILLS BODYBALANCE 11:30 - 12:20
					 LES MILLS BODYBALANCE 12:30 - 13:20	 LES MILLS BODYPUMP 12:30 - 13:20
 LES MILLS BODYBALANCE 16:00 - 16:50					 LES MILLS BODYPUMP HEAVY 16:30 - 17:20	 SUPERFIT YOGA 16:00 - 17:20
 LES MILLS BODYPUMP 17:00 - 17:50	 LES MILLS BODYBALANCE 17:00 - 17:50	 LES MILLS LMISTEP 17:30 - 18:20	 LES MILLS BODYPUMP HEAVY 17:00 - 17:50	 LES MILLS BODYPUMP 17:30 - 18:20	 SUPERFIT BAUCH EXPRESS 17:30 - 17:50	 LES MILLS BODYATTACK 17:30 - 18:20
 LES MILLS BODYCOMBAT 18:00 - 18:50	 LES MILLS BODYPUMP 18:00 - 18:50	 SUPERFIT BAUCH EXPRESS 18:30 - 18:50	 LES MILLS BODYCOMBAT 18:00 - 18:50	 SUPERFIT PILATES 18:30 - 19:20		 LES MILLS BODYPUMP 18:30 - 19:20
 LES MILLS PILATES 19:00 - 19:50	 ZUMBA FITNESS ZUMBA 19:00 - 19:50	 LES MILLS BODYPUMP 19:00 - 19:50	 LES MILLS BODYBALANCE 19:00 - 19:50	 SUPERFIT BAUCH BEINE PO 19:30 - 20:20		 SUPERFIT BAUCH EXPRESS 19:30 - 19:50
 LES MILLS BODYPUMP 20:00 - 20:50	 LES MILLS BODYATTACK 20:00 - 20:50	 LES MILLS BODYBALANCE 20:00 - 20:50	 LES MILLS BODYPUMP 20:00 - 20:50			
 SUPERFIT BAUCH EXPRESS 21:00 - 21:20						