

| MONTAG                                                                                                                                                | DIENSTAG                                                                                                                                               | MITTWOCH                                                                                                                                           | DONNERSTAG                                                                                                                                               | FREITAG                                                                                                                                                | SAMSTAG                                                                                                                                                | SONNTAG                                                                                                                                                |
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| <div><div>SUPERFIT<br/>BAUCH BEINE PO<br/>09:00 - 09:50</div></div>   |                                                                                                                                                        | <div><div>SUPERFIT<br/>PILATES<br/>09:30 - 10:20</div></div>      |                                                                                                                                                          |                                                                                                                                                        |                                                                                                                                                        |                                                                                                                                                        |
| <div><div>SUPERFIT<br/>RÜCKEN<br/>10:00 - 10:50</div></div>           |                                                                                                                                                        | <div><div>LESMILLS<br/>BODYBALANCE<br/>10:30 - 11:20</div></div>  |                                                                                                                                                          |                                                                                                                                                        |                                                                                                                                                        |                                                                                                                                                        |
|                                                                                                                                                       |                                                                                                                                                        |                                                                                                                                                    |                                                                                                                                                          | <div><div>SUPERFIT<br/>BAUCH BEINE PO<br/>10:30 - 11:20</div></div> |                                                                                                                                                        |                                                                                                                                                        |
|                                                                                                                                                       |                                                                                                                                                        |                                                                                                                                                    |                                                                                                                                                          | <div><div>LESMILLS<br/>PILATES<br/>11:30 - 12:20</div></div>        | <div><div>ZUMBA FITNESS<br/>ZUMBA<br/>11:00 - 11:50</div></div>     | <div><div>LESMILLS<br/>LMISTEP<br/>11:00 - 11:50</div></div>        |
|                                                                                                                                                       |                                                                                                                                                        |                                                                                                                                                    |                                                                                                                                                          |                                                                                                                                                        | <div><div>SUPERFIT<br/>BAUCH BEINE PO<br/>12:00 - 12:50</div></div> | <div><div>ZUMBA FITNESS<br/>ZUMBA<br/>12:00 - 12:50</div></div>     |
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| <div><div>LESMILLS<br/>PILATES<br/>17:00 - 17:50</div></div>        |                                                                                                                                                        |                                                                                                                                                    | <div><div>SUPERFIT<br/>BAUCH BEINE PO<br/>17:00 - 17:50</div></div> |                                                                                                                                                        |                                                                                                                                                        |                                                                                                                                                        |
| <div><div>ZUMBA FITNESS<br/>ZUMBA<br/>18:00 - 18:50</div></div>     | <div><div>SUPERFIT<br/>BAUCH BEINE PO<br/>18:00 - 18:50</div></div> | <div><div>LESMILLS<br/>BODYATTACK<br/>18:30 - 19:20</div></div> | <div><div>LESMILLS<br/>PILATES<br/>18:00 - 18:50</div></div>        |                                                                                                                                                        |                                                                                                                                                        |                                                                                                                                                        |
| <div><div>SUPERFIT<br/>BAUCH BEINE PO<br/>19:00 - 19:50</div></div> | <div><div>SUPERFIT<br/>PILATES<br/>19:00 - 19:50</div></div>        | <div><div>ZUMBA FITNESS<br/>ZUMBA<br/>19:30 - 20:20</div></div> | <div><div>ZUMBA FITNESS<br/>ZUMBA<br/>19:00 - 19:50</div></div>     |                                                                                                                                                        |                                                                                                                                                        |                                                                                                                                                        |
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