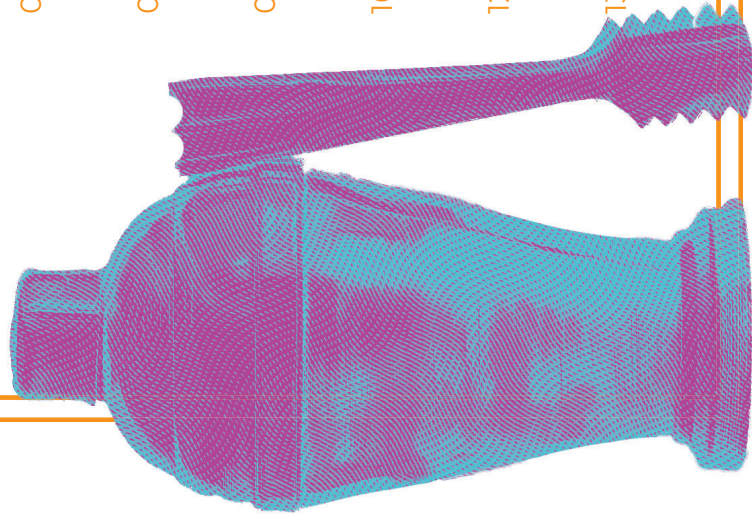


# ON THE ROCKS



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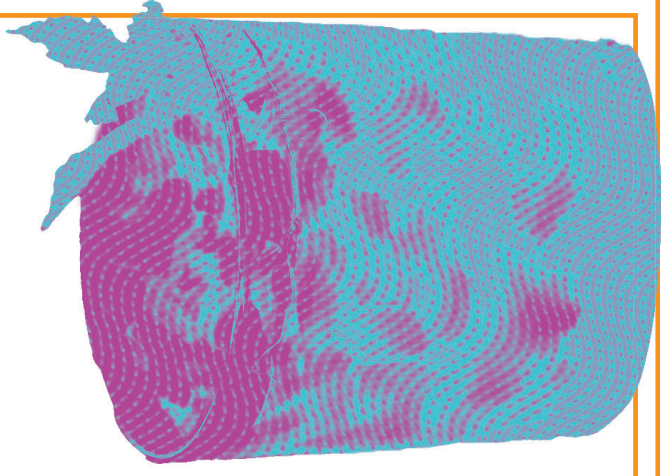
# MINT JULEP

## Ingredients:

- Bourbon
- Fresh mint leaves
- Simple Syrup
- Bitters

## Preparation:

- Muddle mint leaves and sugar in a Julep Cup
- Add Bourbon and Stir
- Garnish with a mint sprig





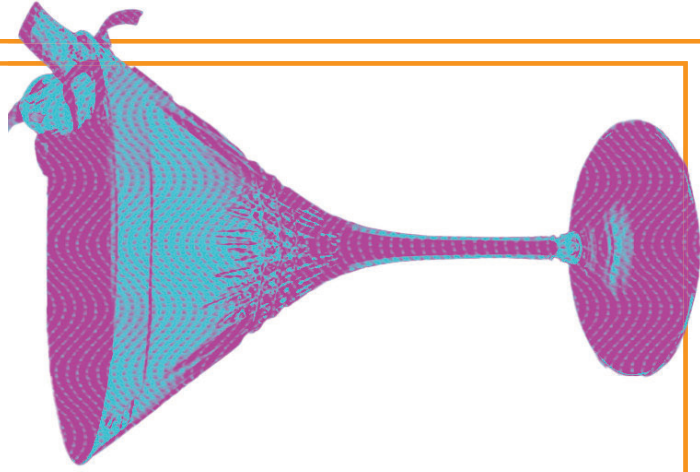
# MANHATTAN

## Ingredients:

- Rye
- Sweet Vermouth
- Bitters
- Maraschino cherry's

## Preparation:

Stir rye, Sweet Vermouth, and bitters with ice  
Strain into a coupe chilled glass  
Garnish with a cherry



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# INTRO

Whiskey is a distilled alcoholic beverage that can be made in many ways to produce a wide array of flavors. It all begins with a fermented grain mash, which comes from crushing a mix of grains like barley, corn, rye, & wheat. The specific blend of grains, along with how they're dried, distilled, & aged, plays a big part in defining whiskey's unique taste. These flavors can range from oaky & smoky to nutty, fruity, floral, sweet, & spicy. The true craft of whiskey-making lies in how these elements blend together to create a one-of-a-kind flavor experience.

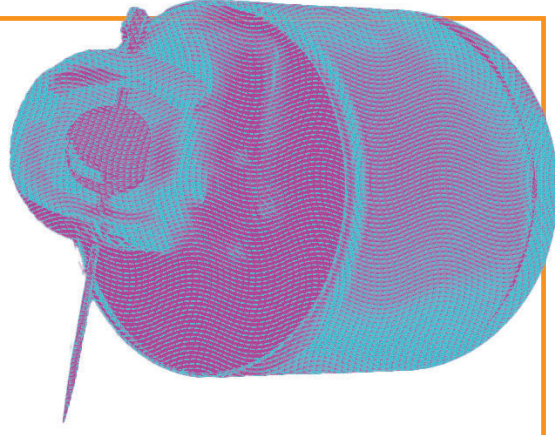
# WHISKEY SOUR

## Ingredients:

Bourbon  
Fresh Lemon Juice  
Simple Syrup  
Egg Whites  
Lemon peel  
Maraschino cherry's

## Preparation:

Shake whiskey, lemon juice, simple syrup, and egg whites for 30 seconds  
Strain over ice  
Garnish with a cherry & lemon slice





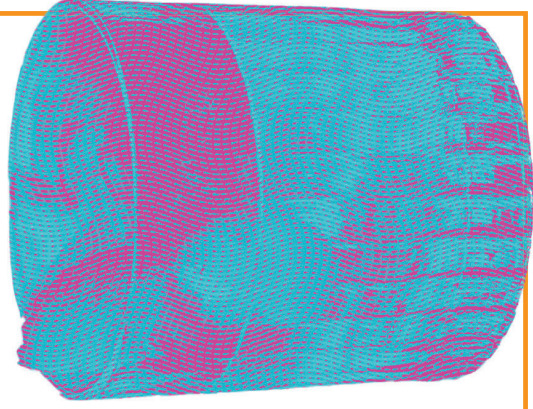
# OLD FASHIONED

## Ingredients:

Bourbon, Rye, Blended  
Sugar Cube  
Dash of Bitters  
Orange peel  
Maraschino cherry's

## Preparation:

Muddle sugar & bitters  
Add Whiskey & ice  
Stir to combine  
Garnish with an  
orange peel & cherry



Whiskey's story stretches over 4,000 years, beginning with early distillation practices in ancient Mesopotamia, where brewers first toyed with fermentation. By the 12th century, European monks had fine-tuned distillation methods, leading to the birth of spirits. The debate over whiskey's exact origins lies between Ireland & Scotland, though early distillation techniques were also recorded by Arab chemists. Both Ireland & Scotland adopted these methods, with monks playing a key role in keeping the craft alive. In the 18th & 19th centuries, major shifts occurred in legal rules, like Scotland's Excise Act of 1823, which cut down on smuggling. In the U.S., whiskey faced hurdles with the Whiskey Rebellion & Prohibition but eventually thrived. Today, whiskey is a worldwide industry, offering a range of styles like Scotch, Bourbon, & Japanese whiskey, with strict regulations ensuring its quality, legacy, & labeling.

# TIMELINE

## 2000 BC:

Distillation originated in ancient Mesopotamia, used for perfumes and aromatics.

## 1000-1200 AD:

Distillation techniques reached Scotland and Ireland through traveling monks, leading to the creation of the first whiskeys.

## 1405:

The first written record of 'whiskey' is discovered in the Irish Annals of Clonmacnoise.

## 1494:

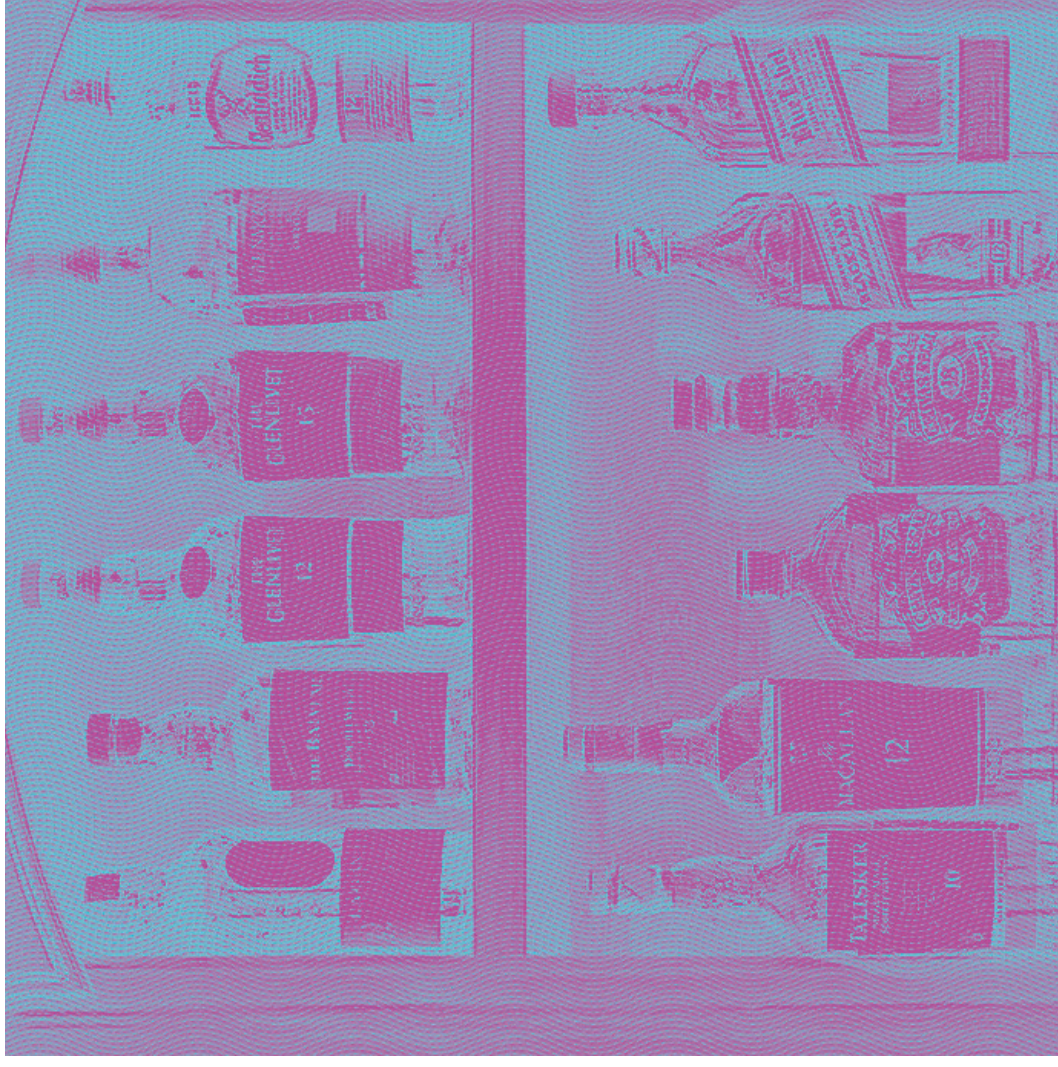
Whiskey distillation in Scotland is documented in the Exchequer Rolls

## 1608:

Old Bushmills Distillery in Northern Ireland received its license, becoming the oldest licensed whiskey distillery in the world.

## 1783:

Evan Williams established the first commercial distillery in Kentucky.



# JAPANESE

**Origin:** Japan  
**Age:** Usually 3 Years  
**Characteristics:** Smooth,  
Complex Flavors, Harmonious  
**Brands:** Yamazaki, Hibiki, Nikka

## Blended Japanese Whiskey:

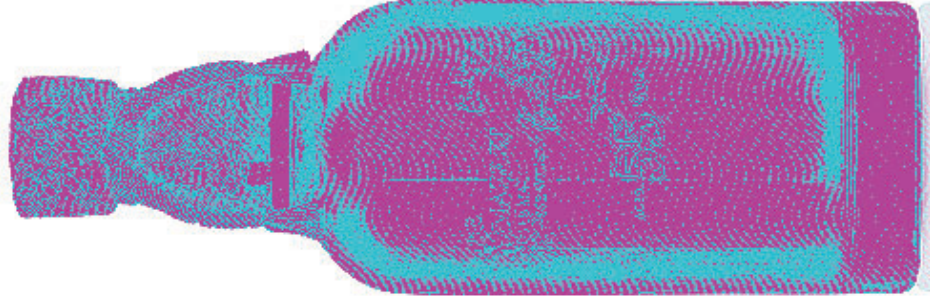
A mix of single malt and grain whiskeys from various distilleries, aiming for a balanced flavor.

## Blended Malt Japanese Whiskey:

A blend of single malts from different distilleries, without any grain whiskey.

## Blended Grain Japanese Whiskey:

A blend of single grain whiskey from different distilleries, often lighter and smoother.



## 1820:

John Walker began producing whiskey, which would become one of the world's most famous Scotch brands.

## 1831:

Aeneas Coffey invented the Patent Still, leading to the rise of Grain Whiskey.

## 1840:

The term "Bourbon" was officially adopted by distiller Jacob Spears, distinguishing his corn whiskey.

## 1923:

Shinjiro Torii founded Japan's first whiskey distillery, Yamazaki, marking the beginning of Japanese whiskey production.

## 1920-1933:

Prohibition in the U.S. banned alcohol, except for medicinal whiskey.

## 1964:

The U.S. Congress declared bourbon whiskey the country's official distilled spirit, setting strict production regulations.



# PROCESS

## Mashing:

Grains are crushed & mixed with water, turning starches into sugars.

## Fermentation:

Yeast is used in the mash, changing sugars into alcohol, producing a liquid called "wash."

## Distillation:

The wash is heated in stills, where alcohol is separated from water & other impurities. pot stills (for single malts) column stills (for grain whiskies).

## Aging:

The distilled spirit is then aged in wooden barrels for years. The wood, aging, & distilling methods create unique flavours.

## Blending:

Different aged whiskeys are mixed to create a consistent or unique flavour profile.

## Filtering:

The whiskey is filtered to remove impurities and ensure clarity.

## Dilution:

Water is added to adjust the whiskey's proof to the desired level.

## Bottling:

The whiskey is packaged into bottles, labelled, & sealed for sale.

## Finishing:

The whiskey is aged in different casks to add extra flavours.

# CANADIAN

## Origin:

Canada

## Age:

Usually 3 years

**Characteristics:** Smooth, Light, usually blended

**Brands:** Crown Royal, Canadian Club, Lot 40

## Straight Canadian Whiskey:

Made from a blend of grains, typically aged in oak barrels for at least 3 years in Canada.

## Blended Canadian Whiskey:

A mix of straight Canadian whiskey and other spirits or flavorings



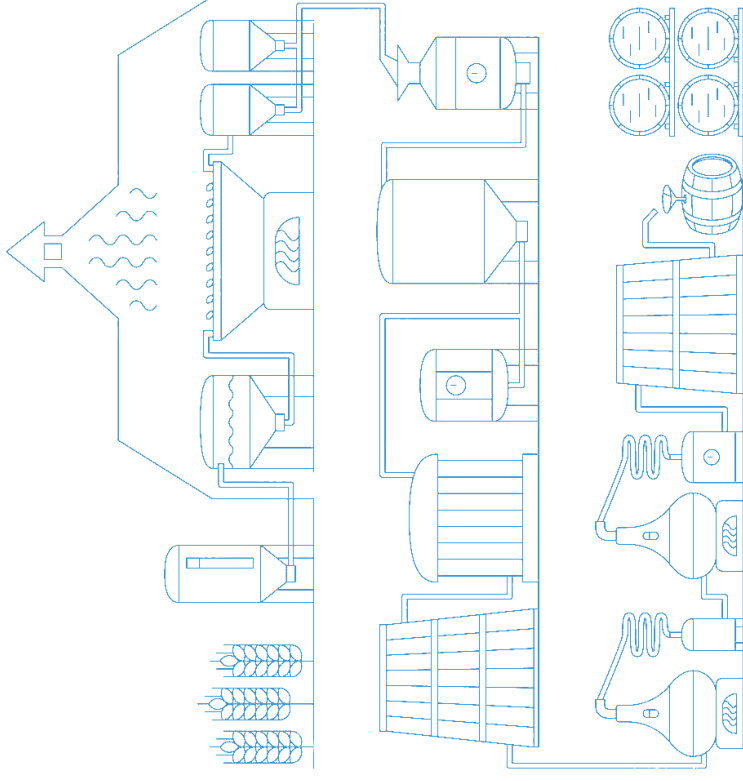
# Tennessee

**Origin:** United States (Tennessee)

**Age:** No specific age requirement, must be made in Tennessee

**Characteristics:** Sweet, full-bodied, charcoal, 51% corn

**Brands:** Maker's Mark, Wild Turkey, Woodford Reserve, Jack Daniels



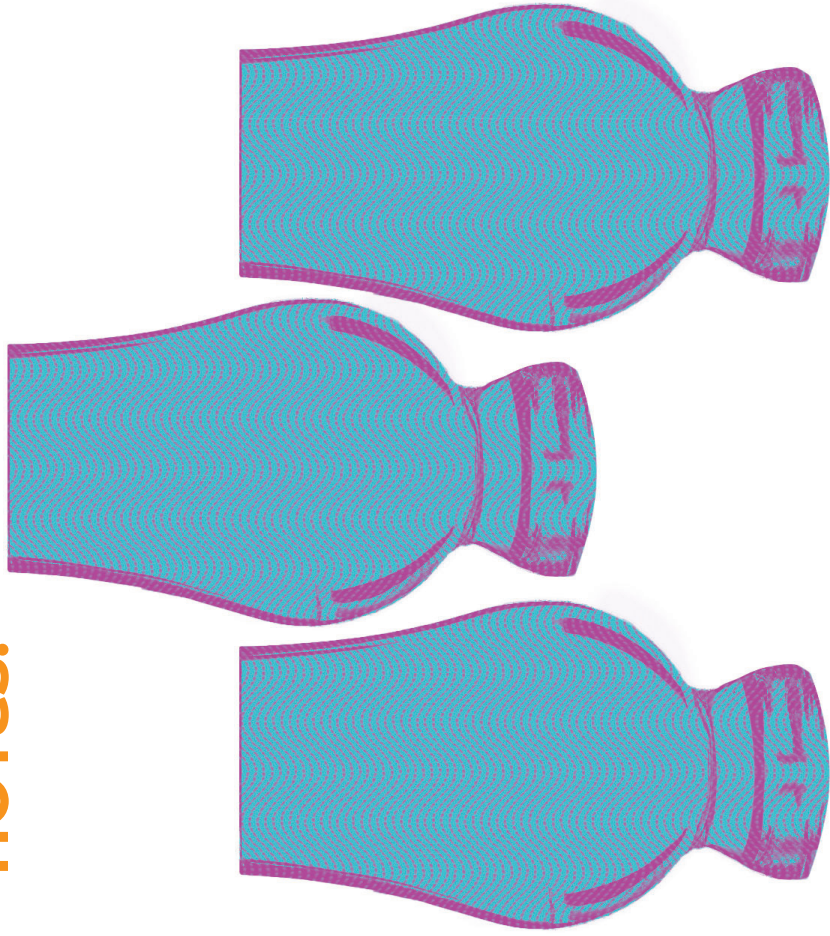
## Straight Tennessee Whiskey:

Must be made from at least 51% corn, aged in new charred oak barrels, and undergo the Lincoln County Process (charcoal mellowing).

## Blended Tennessee Whiskey:

A mix of straight Tennessee whiskey and other spirits or flavorings

## notes:



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## RYE

**Origin:** United States

**Age:** At least 3 years

**Characteristics:** Spicy, Peppery, Dry  
Often triple-distilled, 51 % Rye

**Brands:** Jameson, Redbreast,  
Bushmills

**Straight Rye Whiskey:**

Made from at least 51 % rye,  
aged in new charred oak barrels.

**Blended Rye Whiskey:**

A mix of straight rye whiskey  
and other spirits or flavorings.



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# BOURBON

**Origin:** United States (Kentucky)  
**Age:** No specific legal requirement  
**Characteristics:** Sweet, full-bodied, 51% corn  
**Brands:** Maker's Mark, Wild Turkey, Woodford Reserve, Jim Beam

## Straight Bourbon:

Must be made from at least 51% corn, aged in new charred oak barrels, and distilled at no more than 160 proof.

## Blended Bourbon:

A mix of straight bourbon and other spirits or flavorings.

## Wheated Bourbon:

Made with wheat instead of rye as the secondary grain, resulting in a softer, sweeter flavor.



## Corn Whiskey:

Made from at least 80% corn, often unaged or aged in used barrels.

## Blended Whiskey:

A mixture of different types of whiskey and other spirits, common in the U.S. and Canada.

## Cask Strength:

Whiskey bottled directly from the barrel without dilution, often very high in alcohol content.

## Peated Whiskey:

Known for its smoky flavor, made by drying the malted barley over peat fires, common in some Scotch.

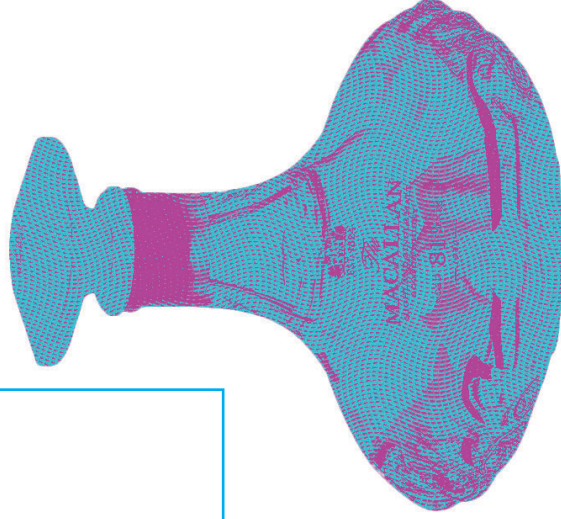
# SCOTCH

**Origin:** Scotland

**Age:** At least 3 years

**Characteristics:** Smoky, peaty, malty

**Brands:** Glenfiddich, Lagavulin, Macallan



**Single Malt Scotch:** Made from 100% malted barley at a single distillery, distilled in pot stills. Known for its diverse flavor profiles.

**Single Grain Scotch:**

Made from grains other than malted barley. Less complex but used in blended Scotch.

**Blended Scotch:** A mix of single malt and single grain Scotch Whiskies

**Blended Malt Scotch:** Blend of single malts from various distilleries, no grain whiskey

**Blended Grain Scotch:** A blend of single grain whiskeys from different distilleries.

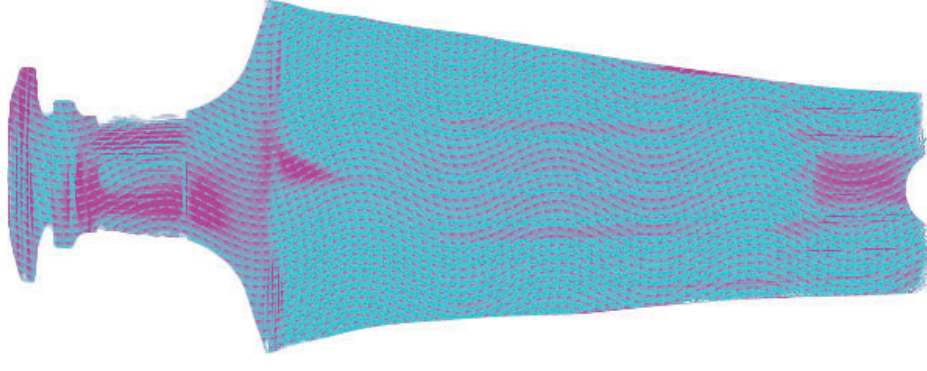
# IRISH

**Origin:** Ireland

**Age:** At least 3 years

**Characteristically,** light, Often Triple-Distilled

**Brands:** Jameson, Redbreast, Bushmills



**Single Malt Irish Whiskey:**

Made from 100% malted barley at a single distillery, often triple-distilled for smoothness.

**Single Pot Still Irish Whiskey:**

Made from a mix of malted and unmalted barley, distilled in pot stills.

**Grain Irish Whiskey:**

Made from grains other than barley, often used in blends.

**Blended Irish Whiskey:**

A mix of single malt, single pot still, and grain whiskeys.