

**TOASTED ARTISAN BREAD 9.5**

Two slices w/ salted French butter **V**  
 + Precinct quinoa & soy GF bread (2 slices) **3**  
**Add:** Vegemite, Peanut Butter, Nutella, Honey **2**  
 Triple Berry Jam **2.5**

**TOASTED BANANA BREAD 14**

Salted French butter, pure Canadian maple syrup,  
 almond & macadamia crunch **V N**

**ROCKMELON & CHIA BIRCHER 22**

Chia & oat bircher muesli, native honey yoghurt,  
 rockmelon, raspberry, almond & macadamia granola  
**V N Add:** Toasted Honey Granola/GF Paleo Granola **3**

**TIRAMISU HOTCAKE 27**

Vanilla custard filled buttermilk hotcake, coffee syrup,  
 tiramisu cream, dark chocolate crumble, single origin  
 coffee anglaise **V \*Please allow 20 minutes\***

**TRUFFLED CHILLI SCRAMBLED EGGS 27.5**

Toasted sourdough, scrambled eggs, mushy peas,  
 marinated Persian feta, mint, cucumber, crispy shallots  
 & our truffled chilli sauce **V**

**Add:** Smoked Bacon **8** Smoked Salmon **11** Halloumi **8**

**PUMPKIN STRACCIATELLA TOAST 25**

Roast pumpkin, Stracciatella, house dukkah, hot honey,  
 crispy mint, crushed pistachio, fresh lemon, all on  
 toasted sourdough **V N**

**Add:** Poached Egg **4.5** Smoked Bacon **8** Smoked Salmon **11**

**MISO AVO 22**

Toasted sourdough, avocado, miso & cashew butter,  
 lime, chilli, black sesame, coriander **VE N**

**Add:** Poached Egg **4.5** Grilled Halloumi **8** Smoked Bacon **8**

**SMASHED AVO 23**

Toasted sourdough w/za'atar, lemon olive oil,  
 marinated Persian feta, pickled beetroot, chilli, mint **V N**

**Add:** Poached Egg **4.5** Smoked Salmon **11** Smoked Bacon **8**

**EGGS YOUR WAY ON TOAST 17**

Free range eggs on sourdough toast: poached, scrambled  
 or fried, salted French butter **V**

**Add:** Your favourite sides / Umami chilli oil **4** /  
 Smoked Tomato Relish **4**

**SPICY BAE ROLL 18**

Double smoked bacon, fried egg, cheddar, sriracha  
 & lime mayo, crispy shallots, toasted milk bun

**Add:** Double-Up on Egg, Bacon & Cheese **8**

House Made Hash (2pc) **7**

**CHICKPEA & CORN FRITTERS 29**

Rose petal harissa, labneh, radish, pickled carrot, wild  
 rocket & baby gem salad, mojo verde dressing, crushed  
 pistachio **V N**

**Add:** Poached Egg **4.5** Halloumi **8** Smoked Salmon **11**

**MORNING GLORY 32**

Poached eggs, fresh chives, bacon, house made hash,  
 kale, Persian feta, smoked tomato relish, pickled onions,  
 avocado & lime, fresh truss tomato, toasted sourdough

**Add:** Halloumi **8** Salted French butter **1**

**PRAWN POKE BOWL 34.5**

Black rice, avocado, ginger, pickled beetroot, miso &  
 cashew butter, edamame, cucumber, mixed leaves, fried  
 shallots, sriracha & lime mayo **Add:** Fried Egg **4.5**

**N DF GF\*Please let us know if you are coeliac**

**MEDITERRANEAN CHICKEN BOWL 34.5**

Grilled chicken, labneh, za'atar roasted cauliflower,  
 pickled beetroot, smoked almonds, fregola, cucumber &  
 cherry tomato salad with toasted pita **N**

**Add:** Grilled Halloumi **8** Extra Grilled Chicken **11**

**BABY GEM SALAD 23**

Baby gem lettuce, mojo verde, radish, eschalot, maple  
 roasted broccoli, green grapes, mozzarella, pistachio,  
 za'atar, basil, lemon dressing **V GF N**

**Add:** Poached Egg **4.5** / Grilled Moroccan Chicken **11** /  
 Halloumi **8** / Fritters **8.5** / Smoked Salmon **11** / Falafels **8.5**  
 / Crispy Prawns w/ sriracha & lime mayo **12**

**CEASAR SCHNITZEL SANDO 25**

House crumbed schnitzel, Ceasar dressing, cos lettuce,  
 crispy bacon & shaved parmesan, on a garlic Turkish  
 bread

**Add:** Rosemary fries w/ truffle mayo **7**

**UMAMI WAGYU BURGER 24**

Seared Wagyu smash patty, American cheese, butter  
 lettuce, fresh tomato, Westmont pickles, onion,  
 house umami burger sauce, all on a toasted milk bun

**Add:** Double Protein & cheese **12** Bacon **4** Fried Egg **4.5**  
 Rosemary fries w/ truffle mayo **7**

**BEEF RAGU PASTA 35**

Paccheri pasta, slow braised wagyu, tomato sugo,  
 gremolata, shaved parmesan

**CRISPY SKIN BARRAMUNDI 39**

Confit tomato, roasted fennel & piquillo pepper sugo,  
 wilted spinach, caper burnt butter, almond & parsley  
 pangrattato **N**

**SEARED DRY AGED RIB EYE 40**

Creamy polenta, sauce bordelaise, rocket leaves, tomato  
 olive tapenade

**ROSEMARY TRUFFLE CHIPS 12**

w/ rosemary salt & truffle mayo **DF**

**ADD YOUR FAVOURITE SIDES**

Truffled chilli sauce **4** / Umami chilli oil **4** /  
 Smoked Tomato Relish **4** / Salted French butter **1**

Scrambled Eggs (3 Eggs) **13**

Fresh Sliced Truss Tomato, Basil, EVOO **6.5**

Avocado & lime **6.5**

Kale w/ garlic & chilli **6.5**

Roasted Mushroom w/Herbs & Pecorino **8**

Chickpea & Corn Fritters (2pc) **8.5** / Chickpea Falafels **8.5**

House Made Hash (2 pc) **7**

Grilled Halloumi **8** / Persian Feta **5.5**

Smoked Salmon **11** / Smoked Bacon **8**

Grilled Moroccan Chicken **11** / Chicken Schnitzel **12**

Crispy Prawns w/ sriracha & lime mayo **12**

## Breakfast Cocktails

### MIMOSA 12

Prosecco, orange

### BLOODY MARY 18

Ketel One, tomato, sriracha, spice mix, lemon, tajin rim

### BREAKFAST CLUB MARTINI 20

Tanqueray, orange, ginger, yuzu, lemon, egg whites

## Drinks

### HOT

Short black (house blend or single origin) 5.2

Long black (house blend or single origin) 5.2

Flat white/Cappuccino/Latte/ Mocha 5.2

Batch brew 6

Hot chocolate 5

Masala chai latte 6.5

Sticky date masala chai latte 8

Biscoff latte w/ oat milk 7

Matcha latte w/ oat milk 6

Make it dirty .7

### CHILLED

Iced latte 7 / Iced mocha 7

Iced long black 7 **ADD:** Coconut Water +2

Iced Matcha latte w/ oat milk 8

Iced chocolate 7/ Iced chai 7

Cold brew 7

Large 1 Extra shot .7 Decaf .7 Alternative milk .8 (almond, soy, oat)

Syrup .7 (vanilla, caramel, hazelnut) Extra Matcha 1

### SPECIALITY CHILLED

Strawberry Matcha Iced latte w/ oat milk 11

Banana Bread Iced Matcha w/oat milk 12

Banana Bread Iced Latte 12

Iced Milo Cold Foam w/ espresso 10 **ADD:** Extra coffee shot .7

### TEA BY THE TOTALER

Immunity Tea 5.5

House blend of ginger, lemon, honey

English Breakfast 5.5

golden tipped black tea, medium body

French Earl Grey 5.5

black tea, rose petals, hibiscus, marigold, blue corn flowers, bergamont

Organic Unwind 5.5

lemongrass, passionflower, peppermint, lavender, lemon myrtle

Oolong Rose 5.5

blend of pure oolong tea and fragrant rose buds

Ginseng Gin 5.5

citrus blend of ginseng, juniper, lemon myrtle, ginger, blue corn flowers

Prana Masala Black Chai 5.5

black tea, cinnamon, star anise, cloves, honey

Australian Green Gum 5.5

Australian grown blend of sencha, strawberry gum, gulbarn leaf

+ V vegetarian / VE vegan / DF dairy free / GF gluten free / N nuts

+ Please inform your waiter if you are allergic to any food items - all dish ingredients are not listed.

+ Please no substitutions unless for dietary needs. GF available on request.

+ 1.5% surcharge for mastercard & visa payments

+ 10% surcharge on Saturdays and Sundays / 20% surcharge on public holidays.

+ No split bills on weekends or public holidays

### FRESHLY SQUEEZED JUICES 12

STRAIGHT UP - Orange

APPLE ALOE - Granny smith, cucumber, aloe vera, mint

RANGA - Orange, granny smith, carrot

ROSIE - Strawberry, watermelon, pink lady, rosemary

LEAN & GREEN - Celery, cucumber, granny smith, lemon

**ADD** Ginger, Lemon or Turmeric 0.8

### VITALITY SHOTS 7

CLEANSING SHOT Digestion & Inflammation

Turmeric, lemon, cayenne, carrot

RESCUE SHOT Vitamin C Booster

Orange, ginger, lemon, cinnamon

### SMOOTHIES

CLUB TROPICANA - Mango, pineapple, coconut, lime, blue

spirulina **DF** 13

HOT DAIE - Banana, housemade sticky date, almond milk,

vanilla bean yoghurt, True Protein WPI 90 Salted Caramel **N**

(31.5g Protein) 15

### MILKSHAKES 10 (MAKE IT THICK + 2)

Chocolate, strawberry, caramel, vanilla, banana

### BANANA & BISCOFF THICKSHAKE 13

This sh\*t is bananas - Banana, ice cream, milk, Biscoff

### COLD DRINKS

House-Made Strawberry Iced Tea 7.5

Strawberry, hibiscus, marigold petals, liquorice

Cadence Hydration Drink - Citrus 5.5

San Pellegrino Sparkling water / Capi Still water 4

Coke / Coke No Sugar / Lemonade / LLLB 5

*Kids (only for kids 12 years and under)*

EGG, BACON, TOAST & BUTTER 14.5 (Poached, scrambled or fried)

HOUSE CRUMBED CHICKEN SCHNITZEL & ROSEMARY FRIES 15

PASTA POMODORO 14.5 (ADD: grated cheese +3)

KIDS APPLE SLICE SNACK 4 BABY CUPCAKE 4.7

KIDS JUICE 6.5 (apple, watermelon or orange)

KIDS HOT CHOCOLATE 5 BABYCCINO 2.5

KIDS MILKSHAKE 6 (choc, strawberry, caramel, vanilla or banana)

*Sweet*

ButterBoy Chocolate Chip Cookie 9.5

ButterBoy Salted Caramel Macadamia Cookie 9.5

ButterBoy Triple Choc Fudge Brownie Cookie 9.5 **GF**

ButterBoy Muesli Cookie 9.5

Paleo muffin/ Paleo Cookie **GF/DF** 6.5

Blueberry & Lemon Muffin **GF** 6.5

Pear & Hazelnut Tart **GF** 6.5

Banana Bread & Dulce de Leche Cookie **GF** 6.5

Mini Iced Cupcake 4.7

**B**