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### CEREC® Crown Post-Operative Treatment Instructions

Congratulations! You have just received the finest dental restoration that advanced technology has to offer. Your ceramic restoration has replaced a portion of your tooth that has been damaged over time. With proper care, it should provide years and years of service as though your tooth was virtually re-enamelled. Here are a few things you should know following your procedure:

- **YOUR BITE:** Occasionally, your bite can be off-balance after a ceramic restoration is placed. We adjust the bite immediately after placing it, however the numb feeling sometimes does not allow for proper refinement of the bite at the time of service. Please contact our office to schedule an appointment for an adjustment if needed.
- **SENSITIVITY:** Mild to moderate sensitivity to hot or cold food or drink is expected following placement of any bonded dental restoration. Ibuprofen or Tylenol can help reduce this if taken after your appointment and before bed. Typically, this sensitivity gradually diminishes over a period of a few weeks. A very small percentage of bonded restorations display sensitivity that persists for longer periods of time. If this continues for more than six weeks, please contact us. It could be a sign that your tooth has nerve damage and may require further treatment to alleviate the problem. However, if sensitivity is severe, please contact us immediately.
- **HYGIENE VISITS:** To keep your CEREC in optimal condition, you must visit us for your routine hygiene visits. If problems develop around dental restorations, they can be easily corrected if found early. The most often cited reason for failure of any dental restoration is failure to return for routine hygiene visits.
- **PLEASE CALL US** if you have any problems or questions.

*YOUR COMFORT IS OUR PRIORITY*