

In the Pits
March 1-7, 2026
2. The Pit of Temptation

Table Talk (1/3 of meeting)

- What's the worst fashion trend you've participated in?
- What are you thankful for right now? What's been stressing you out?
- How is God speaking to you this past week (through Scripture, prayer, a conversation, etc.)?
- Spend time in worship through song. Recommended: [Good Plans by Red Rocks Worship](#).

Review the Discussion Guidelines (pg. 7 in the *In the Pits* journal)

Discover what God is saying to you. (1/3 of meeting)

Big idea: *Temptation confronts us with the choice between a temporary comfort or an eternal reward.*

Read: [Genesis 39](#)

- Have someone retell the story in their own words and have others fill in any details that were missed.
- What do we learn from Joseph regarding temptation? (verses 9-13)
- Think of a temptation you are resisting right now. How could God use this to strengthen you spiritually and prepare you for the future?
- We live in a time when many of our greatest temptations are convenient and available.
 - What is the true cost to us when we cave to temptation?
 - What is the reward for honoring God in our decisions?
- When someone attacks your character, lies about you, or hurts you, the temptation is to retaliate. How do you honor God with your response?

Go do it. (1/3 of meeting)

- Based on our discussion, what is one step you are going to take this week?
Pro tip: For accountability and encouragement, have the group pair up with a "buddy" for the week who will pray for them and check in mid-week about the action step!
- Break into twos or threes and pray for each other for wisdom and faith to act on what God is calling you to do. Remember, it's not about fancy words— keep the prayer short and honest!