

The Kingdom Stuff

2. Transformative Power

KidzXP is coming up for kids 4 years old through 5th grade, July 27-30, 6-8:30 PM at all of our locations! This is a week that builds confidence, friendships, and a faith that lasts long after the summer. **Volunteer to serve and find more info at kidzxp.com!**

Table Talk (⅓ of meeting)

Connect and check in with your group before diving into spiritual conversation.

- Icebreaker: What's a weird habit that's been passed down in your family?
- What are you thankful for? What's stressing you out?
- How is God at work in connections you've had with neighbors this summer? Who can you keep in prayer on your Bless 5 list (5 people to pray for 5 mins/ day, 5 days/ week)? Count connections and find fun ways to bless others: table.org/hi or the **Table Church App**
- Take time to pray a short prayer and speak God's blessing over your neighbors. Remember to keep it short and simple!

Discussion Guidelines

1. Everyone shares in sentences, not paragraphs.
2. Focus only on what this passage is saying. (This keeps everyone on the same page)
3. Share from your perspective – we won't argue or give advice.
4. Give everyone time to respond. Silence is OK.
5. The facilitator will facilitate discussion, not teach.

Discover what God is saying to you. (⅓ of meeting)

Big Idea: Jesus isn't looking for behavior modification; He's after heart transformation.

Read Mark 7:1-23. *Read it in two translations when time permits.*

- Have someone retell the story in their own words.
- What part of this passage do you like? What do you find challenging?
- What does this passage teach us about heart motivations?
- Why is honesty difficult in spiritual settings?
- How is it challenging for you to remain fully engaged in your spiritual life without going through the motions?

Go do it. (⅓ of meeting)

James 1:22 tells us not just to hear scripture, but do it. That's how we grow!

- What is one area where God may be inviting you to focus more on your heart than your outward behavior? Is there someone you need to reconcile with?
- **Pray for the Action Steps.** Make space and ask the Holy Spirit to reveal anything in our hearts that God wants to change. Then, ask for the Spirit's help in taking these steps!