

Hot Topics

4. How then should I live?

Table purpose statement (Share at the start or before the Discovery section):

*This group exists for the purpose of discipleship. A disciple is someone who loves and obeys Jesus. (John 14:15)
That means our focus is hearing from God and taking steps of faith. Our goal is to multiply another healthy
Table. One day, some of you will lead a group like this!*

Table Talk (1/3 of meeting)

- High/Low/Buffalo. Share something from your week that was good, bad, or weird.
- Last week we talked about taking a step to change our conduct to reflect Jesus.. *How did that go?*
- How can we pray for you? After each person gives a brief explanation, have someone else offer a short, honest prayer. Just a few sentences is great!

Discussion Guidelines:

1. Be deep but brief. Give everyone an opportunity to share.
2. Focus only on what this passage is saying. (This keeps everyone on the same page.)
3. Share from your perspective – we won't argue or give advice.
4. Give everyone time to respond. Silence is OK.
5. The facilitator will facilitate discussion, not teach.

Discover what God is saying to you. (1/3 of meeting)

Big Idea: The Christian life is not built around a list of rules — it is built around one confession that Jesus is Lord.

Ask someone to pray and invite the Holy Spirit for guidance.

Read Philippians 2: 5-11.

- What do you learn about Jesus in this passage?
- Explain the difference between just following the rules and living as a Child of God.
- Based on this passage, how are humility and obedience related?
- Humility is not thinking less of yourself, but thinking of yourself less. What's the difference between healthy humility and thinking poorly of yourself?
- How does the statement "Jesus Christ is Lord" differ from "I believe in Jesus"?
- God expects obedience and humility. Where do you struggle to let go of your "rights" to yield in obedience to God?

Go do it. (1/3 of meeting)

- True freedom is found in surrendering all to Jesus.
 - What do you need to surrender to experience freedom?
 - How would your life be transformed if you trusted God enough to let it go?
 - Pray for each other to trust God for the courage and strength to release it.
- Share one way you can model obedience and humility to serve someone this week. We will check in next week to hear all about it. (Everyone creates an "I will" statement.)