Keep the Change

1. *What are you afraid of?*

Table purpose statement (Share at the start or before the Discovery section):
This group exists for the purpose of discipleship. A disciple is someone who loves and obeys Jesus. (John 14:15) That means our focus is hearing from God and taking steps of faith. Our goal is to multiply another healthy Table. One day, some of you will lead a group like this!

Table Talk *(1/3 of meeting)*

- What's an essential item you make sure to always have stocked?
- What are three things you are especially grateful for today?
- What's an area you're currently trusting in God? What does that look like?
- What needs are there in our community? Take time to lift those up in prayer as you are led.

Discover *(1/3 of meeting)*

Big Idea: Gratitude for yesterday fuels faith for tomorrow.

Ask God to open our hearts as we read Matthew 6:19-34.

- What comforts you or challenges you in this teaching about money and worry?
- Give some examples of how you see each other storing up "treasures in heaven."
- How do you balance responsible planning while trusting God for your needs?
- Share a time when God unexpectedly provided for or sustained you in the past.
- Jesus reminds us that our heavenly Father knows what we need before we ask. How can that truth change the way you pray?

Go Do It *(1/3 of meeting)*

- Radical prayer begins when we name our fears and bring them to God.
  As a group or in pairs:
  - Share a fear that you'd like to surrender.
  - Pray for one another for fear to dissipate and for trust to grow.
- Worship God through song. Recommended: I Trust in God by Elevation Worship.