

DEVELOPMENT PROGRAMME

Who is the course for?

This six day course is typically spread over six months and is aimed at middle to senior managers who want to develop their Leadership knowledge, skills and behaviours.

Delegates will learn about themselves (Personality), their role (Leadership) and how to lead High Performing Teams.



This course will boost your knowledge, skills and confidence in key areas of Leadership.

Benefits for you



Our Approach

The course will be led by our passionate and highly experienced trainers. Active in approach, highly engaging in style and practical in application, we ensure the learning is practical and transformational, landing back into the business the following day!





If you want to develop your Leadership skills, then this is the course for you!



THE SIX DAYS:

This content can be further tailored to your business needs.



Day 1: Leadership & High Performing Teams

Leadership styles, traits and development - including Psychometrics. High Performing Teams: Characteristics, the move to high performance and key principles of effective teams.



Day 4: Change (& Project) Management

Principles, cycles, approaches – this is a workshop day so people come with an idea of what change they want to see and work on the change project on the day.



Day 2: Motivation

What affects motivation, the key drivers of motivation, understanding of self and team motivation factors.



Day 5: Stress and Wellbeing

A reflective day, focusing on the root causes of stress, principles of and management and building 'flow, balance and wellbeing.



Day 3: Emotionally Intelligent Leadership

Personality, principles of EI, understanding of self and others, EI traits and how to develop/apply.



Day 6: Presentations Day

Delegates present back (ideally to their Directors) what they have learnt on the course, with a 20 minute presentation. This is a great way to apply the learning of the previous 5 days.



One of these values is 'generosity' which means Mindgap gives away a minimum of 20% of its time and profit to those in the greatest need.





