

# Introducing Yourself

**Level:** Beginner



# Lesson Overview

**In today's lesson, you will learn:**

- How to introduce yourself
- To say your name, age, country, and role
- Use the correct grammar and sentence structure
- Speak clearly with confidence



# What is a Self-Introduction?

## Definition:

A self-introduction means telling someone your name, where you're from, and more.

**Task:** Your tutor will read the example below. Repeat after them in the same tone:

## Example:

“Hi, I’m James. I’m from Kenya. I’m a student.”

# Vocabulary for Self-Introduction

- Name
- Age
- Country
- Job / Student
- Years old

**Task:** Practise saying each word with your tutor.

# Pronunciation Practice: “I’m”

Listen to your tutor read the following terms:

- I am → I’m
- I am 20 → I’m twenty
- I am from Brazil → I’m from Brazil

Then, repeat the terms with your tutor.



# Grammar Focus: 'To Be' + Personal Info

## Grammar rule:

- I am → I'm
- You are → You're
- He/She is → He's / She's

## How we use this grammar to introduce ourself:

- I'm [name].
- I'm [age] years old.
- I'm from [country].
- I'm a [student/teacher/etc.]



# Grammar Practice: Complete & Speak

Task: Complete the sentences below using the correct grammar:

- I \_\_\_\_ 24 years old.
- She \_\_\_\_ from Egypt.
- You \_\_\_\_ a student.



# Sentence Frames to Use

Take turns with your tutor, to create a self introduction using the structure below. Your tutor starts first to model:

“I’m [name].”

“I’m [age] years old.”

“I’m from [country].”

“I’m a [job/student].”





# Drill Practice: Say It Together

Repeat the sentences after your tutor:

- “I’m Sara. I’m from Turkey.”
- “I’m 30 years old. I’m a teacher.”

Then, add different ages/names/countries/jobs to create 2 more sentences with your tutor.



# Asking Questions

**“What’s your name?”** – We use this format to ask someone what their name is.

**“Where are you from?”** – We use this format to ask where someone is from.

**“What do you do?”** – We use this format to ask someone what they currently do (job, student etc.)

**“How old are you?”** - We use this to ask someone their age.

# Meet & Greet

Imagine you are meeting your tutor for the first time. You want to ask them questions to get to know them. Practise asking your tutor the following questions:

“Hello! What’s your name?”

“Where are you from?”

“How old are you?”

“What do you do?”

Tutor responds. Then, swap roles and your tutor will ask you the questions.

# Grammar Check

Have a go at correcting the sentences below with the correct grammar:

- I are from Mexico.
- I am teacher.
- I'm 20 old.



# Game: Change the Detail

Instructions:

Your tutor will give you one sentence.

Your task is to **change** 1 detail in the sentence:

Example:

“I’m 30.” → “I’m 21.”

“I’m from Italy.” → “I’m from Japan.”

Take turns and swap over!



# Cultural Tip: British Politeness

The following phrases are often used in English, after someone introduces themselves:

- “Nice to meet you.”
- “It’s lovely to meet you.”
- “Pleased to meet you.”

Example:

“Hi, I’m Amina. I’m 19. I’m from Morocco. Nice to meet you!”

**Task:** Practise saying the sentences with your tutor.

Then, take turns to introduce yourselves and responding with one polite phrase.

# Review & Reflect

Let's recap:

- **Vocabulary:** name, age, country, job
- **Grammar:** I am → I'm
- **Sentences:** "I'm from Spain."
- **Pronunciation:** clear & confident

## Discuss:

What did you learn today?

Was anything difficult, that you would like to try again?

# Wrap-Up & Goodbye

Final task:

Complete the sentence below:

- “Hi, I’m \_\_\_\_\_. I’m \_\_\_\_\_ years old. I’m from \_\_\_\_\_. It’s \_\_\_\_\_ to meet you!”

Well done for completing the lesson!

