

**Context:** Workplace feedback sessions, peer reviews, or performance conversations

# Dealing with Criticism Constructively



## Lesson Objectives

In today's lesson, you will:

- Understand key language for responding to feedback
- Practise grammar for polite, future-focused responses
- Recognise tone and structure in feedback conversations
- Build resilience through positive, proactive language



## Introduction & Warm-Up

Criticism is uncomfortable, but it's also how we grow. In this lesson, we'll learn the language to respond with professionalism, openness, and calmness, no matter how the message is delivered.

#### **Discussion:**

How do you usually feel when someone gives you critical feedback? What helps you stay calm and listen?



## Vocabulary: Responding Calmly to Feedback

Review the following vocabulary with your tutor:

Phrase	When to Use
"Thanks for pointing that out."	Acknowledging feedback
"That's helpful to know."	Reassuring tone
"I hadn't realised that."	Admitting without blame
"I'll work on improving that."	Action-focused
"Would you mind giving an example?"	Clarifying politely

**Task:** Select the most appropriate response phrase, to the following feedback statements:

- 1. "The slides are good, but some of the figures seem outdated."
- 2. "I noticed the client emails haven't been sent yet."
- "Your last report was very detailed, though the formatting could be cleaner."



# Grammar: Future Simple for Committing to Change

We often use **will + base verb** to show you accept the feedback and intend to improve.

#### Structure:

Subject + will + verb

#### **Examples:**

- "I will double-check before submitting next time."
- "I'll speak more slowly during the presentation."

**Task:** Build one future-focused response for the following feedbacks:

- 1. "The report was informative, but there were a few spelling mistakes."
- 2. "You presented well, but some of your answers were too brief."



# Activity – Defensive or Professional?

Your tutor will read out 2 responses:

- A. "That's not true, I did it right."
- B. "Thanks for letting me know, I'll revisit it."

**Task:** Identify which is more professional and explain why it shows better workplace communication.

**Practice:** Turning the following defensive statement into a constructive one:

• "You're wrong, the deadline was already met."



## Grammar: Using "Could" for Soft Responses

We often use 'could' to suggest a softer, more open tone.

### **Examples:**

- "Could you help me understand what I missed?"
- "Could we talk more about that example?"

**Task:** Practise turning the direct questions below into questions using 'could':

- "What's wrong with my report?"
- "Why is this section missing?"
- "Who made this error?"



## Listening: Feedback Tone Recognition

Your tutor will read the following scenarios in 3 different tones:

- Neutral tone
- Rushed and harsh tone
- Friendly tone

#### **Scenario 1:**

"The report is missing some figures from last month. Please add them before Friday."

#### Scenario 2:

"This really needs to be fixed today. We can't afford any more delays."

#### **Scenario 3:**

"Thanks for sending this through! A few numbers need updating, but overall it's looking strong."

Task: Identify which scenario was read in an emotional tone.

Then, suggest a suitable verbal response for each scenario that matches the tone.



## Vocabulary: Useful Words for Receiving Feedback

Review the vocabulary below with your tutor:

Word	Meaning
Clarify	Explain more clearly
Adjust	Make a small change
Improve	Make something better
Misunderstanding	A small error in communication

**Task:** your tutor will use each word in a short sentence. Rephrase the sentences your tutor says using **a synonym** or **a short explanation** in your own words.

#### Example:

**Tutor:** "Could you clarify what you mean by 'final version'?"

Student: "Could you explain more clearly what you mean by 'final version'?"



# Grammar: "I Understand That..." for Accepting Feedback

We often use the phrase 'I understand that...' to show emotional awareness and readiness to grow, in general and when receiving feedback.

#### **Examples:**

- "I understand that I've been a bit late with updates."
- "I understand that the team needed clearer instructions."

**Task:** Complete 2 statements based on the feedback below, using 'I understand that...' as a sentence starter:

- **1. Feedback 1:** "Some of your recent reports have been submitted after the deadline."
- 2. Feedback 2: "The last presentation didn't include enough data to support the recommendations."



## Reading: Workplace Feedback Example

Read the dialogue below with your tutor, switch roles to read both sentences:

Manager: "Your report was thorough and included all the necessary information, but the way it was organised made it a bit hard to follow. The sections felt out of order, and some headings could have been clearer."

**Employee:** "Thanks for the feedback. I'll simplify the structure next time and make sure the headings guide the reader better."

#### **Discuss:**

- What specific praise did the manager give about the report?
- What criticism did the manager offer, and how was it phrased?
- Was the employee's response polite and constructive? Why or why not?
- How could the employee show they understood the feedback in more detail?
- If you were the employee, what is one specific change you would make to improve the report's structure?



## Activity: Fix the Tone

Your tutor will read out the following scenario, followed by the "unprofessional" response below:

#### Scenario:

During a client project, the marketing materials were delivered late because the client took longer than expected to approve the design. In a team meeting, the manager asks why the launch date was missed.

### Response:

"It's not my fault the client was late!"

**Task:** Rephrase the response for it to be more constructive and Student rewords it to be more constructive.

Example: "I understand it caused a delay. I'll plan for that possibility next time."



## Grammar – Using "Would" for Soft Offers

We often use the term "would" to sound open to correction without overpromising.

#### **Examples:**

- "I would appreciate more context next time."
- "I'd be happy to adjust if needed."

**Task:** Transform the direct statements into polite offers using "would":

- "Give me more details next time."
- 2. "Change the layout so it looks better."
- "Send me the files today."
- 4. "Work on improving your presentation."
- "Add more data to the report."



## Vocabulary: Phrases to Ask for Clarification

Review the phrases and their uses below with your tutor:

Phrase	Use
"Could you explain what you meant by?"	Clarify without sounding defensive
"I'd like to better understand"	Show interest in improving
"Can you give a specific example?"	Avoid vague feedback

**Task:** Practice using two of the phrases to create a sentence for the scenarios below:

Scenario 1: Your manager says: "Let's try to get this done soon."

- The deadline isn't clear.
- Use one of the clarification phrases to find out when exactly they expect it.

Scenario 2: A colleague tells you: "The report needs more depth."

- You're not sure what they mean by "more depth."
- Use a phrase to ask them for a specific example or explanation.



# Activity: Feedback Roleplay

**Scenario:** Imagine your tutor is your manager at work, and gives you the feedback below:

#### Feedback:

"Thanks for the work you've put into the project update. I noticed, though, that some of the budget figures in your slides don't match the latest numbers from Finance. We'll need to correct those before the client review on Friday."

**Task:** Respond to this feedback using the elements below:

**Gratitude** – Thank the manager for pointing it out

Acceptance – Acknowledge the issue without being defensive

Action plan – State what you'll do next



# Grammar: "Next time, I'll..." for Improvement Pledges

The term 'next time, I'll...' combines past reflection with future intent.

### **Examples:**

- "Thank you for your feedback. Next time, I'll add fewer points per slide."
- "Thanks for letting me know. Next time, I'll run the figures twice to be sure."

**Task:** Respond to the issues below using the statement 'next time, I'll...'

#### Issue 1:

"You spoke a little too quickly during the presentation, and some points were missed by the audience."

#### Issue 2:

"The project update email didn't include the latest figures from Finance."



## Listening: Identifying Constructive Feedback

Your tutor will read out 3 samples:

- Pure praise
- General complaint
- Specific constructive feedback
- 1. "You did an amazing job in the client presentation, everyone loved it!"
- 2. "The reports are always late."
- 3. Your last report had strong analysis, but the charts weren't labelled, adding labels would make it clearer for the client."

Task: Identify which one is useful feedback, and why?



# Activity: Response Builder Challenge

Your tutor will read out the following feedback:

"Your presentation was engaging, but some of the data slides were hard to read from the back of the room."

**Task:** Respond to the feedback in 3 steps:

- Thanking,
- Accepting,
- Offering a solution.

Example: "Thanks for the note. I understand timing is key, I'll aim to be more concise."



# Grammar: Present Perfect Passive for Performance Feedback

We often use present perfect passive to discuss work done without focusing on the person.

#### Structure:

has/have been + past participle

### **Examples:**

- "The figures have been miscalculated."
- "The report has been reviewed."

Task: Think of 2 tasks you completed at work. Create 2 passive sentences to describe the completed tasks.



## Pronunciation: Confidence in Delivery

Practise reading the key responses below with a strong but calm tone:

- "Thanks, I'll definitely apply that."
- "I hadn't thought of that before, useful insight."
- "Next time, I'll take a different approach."

Your tutor will offer feedback and encourage a natural tone.

