



Playing and Watching Sports

# Let's Talk Sports



# Welcome & Objectives

Welcome to **Let's Talk Sports – Playing and Watching Sports**

Today, you will:

- Learn vocabulary about sports, equipment, and fans
- Practise using the **present simple** and **present continuous**
- Talk about your favourite sports and routines
- Engage in fun and interactive speaking tasks



# Icebreaker – What's Your Favourite Sport?

- What sport do you like to play or watch?
- How often do you do any sport?
- Do you follow a team?



# Vocabulary – Types of Sports

Discuss the following types of sports with your tutor:

| Sport      | Category         |
|------------|------------------|
| football   | team sport       |
| tennis     | individual sport |
| swimming   | water sport      |
| basketball | team sport       |
| boxing     | combat sport     |
| skiing     | winter sport     |

**Discussion:** Which of these sports would you/do you like to play or watch?

# Vocabulary – Equipment and Places

Take a look at the following equipment and places which are used during sports:

| Item    | Use                                     |
|---------|-----------------------------------------|
| racket  | used to hit the ball in tennis          |
| helmet  | protects your head in cycling or boxing |
| pitch   | where you play football or rugby        |
| court   | where you play tennis or basketball     |
| goal    | where you score in football or hockey   |
| referee | the person who controls the game        |

# Grammar – Present Simple vs Present Continuous

Understanding the grammar rule:

| Tense              | Use                               | Example                         |
|--------------------|-----------------------------------|---------------------------------|
| Present Simple     | regular routines / facts          | "I play football every Sunday." |
| Present Continuous | happening now or temporary action | "She is watching a match now."  |

Signal words:

- Present simple → always, usually, often, never
- Present continuous → now, currently, at the moment

# Grammar Practice – Fill in the Blanks

Use either present simple or present continuous to complete the sentences below:

- I \_\_\_\_\_ (train) at the gym now.
- My brother \_\_\_\_\_ (play) football on Saturdays.
- She \_\_\_\_\_ (watch) the match at the moment.
- We \_\_\_\_\_ (go) running every morning.



# Speaking – Guess the Sport

Take turns with your tutor to describe an imaginary sport scene using present continuous, the other person guesses the sport:

Example:

“One player is serving. The other is hitting the ball back very fast.”

Answer: Tennis





# Vocabulary – Fan & Match Words

Discuss the following terms with your tutor:

- **supporter** – a person who cheers for a team
- **match** – a game between two teams or players
- **score** – to get points or goals
- **cheer** – shout in support of a team
- **win / lose** – to be the winner or not win
- **draw** – when both teams have the same score

**Discussion:** What was the last match you watched? Did the team that you support, win?

# Grammar – Adverbs of Frequency

Understanding Adverbs of Frequency:

We use these to describe how often you do something:  
**always – usually – often – sometimes – rarely – never**

These go before the main verb or after 'be'.

Example:

“I **always** watch the Olympics.”

“We **never** play cricket at school.”

“He **sometimes** goes swimming.”

# Activity – My Sports Routine

Discuss how often you do the following:

- play sports
- watch sports
- go to the gym
- stretch or warm up
- eat healthy food

## **Example:**

“I usually eat healthy food, but I rarely stretch.”

Tip: Practise full sentence answers with adverbs of frequency.

# Reading – A Football Fan’s Story

Read the passage below with your tutor:

“Every weekend, I wear my team’s shirt and go to the stadium. I always meet my friends there. Today, we are playing against a strong team. I am feeling nervous but excited.”

## Discussion:

- What’s the fan doing today?
- What does he do every weekend?

**Bonus:** What are you planning to do this weekend? (*Present continuous*)

Tip: Highlight present simple vs continuous in the text.

# Grammar – Making Questions (Present Simple)

Understanding the grammar rule:

To ask about **habits**:

- **Do you play** football?
- **Does she go** to the gym?
- **What sport do you like?**

Tip: Use “do” and “does” in present simple questions.

# Grammar Practice – Ask the Right Question

Create a question for each answer:

- “Yes, I play tennis every Friday.”
- “No, he doesn’t like rugby.”
- “We usually go cycling in the park.”



# Vocabulary – Verbs with Sports

Common collocations:

- play + football / tennis / basketball
- go + swimming / skiing / running
- do + yoga / judo / gymnastics

## Discussion:

Which of these do you do, and how often do you do them?

# Grammar – Present Continuous for Future Plans

## **Understanding the grammar rule:**

We use present continuous to talk about planned events:

### **Example:**

“We’re playing a match tomorrow.”

“She’s meeting her coach at 4 p.m.”

**Tip:** Use with time expressions like: tomorrow, next week, on Saturday





# Grammar Practice – Describe a Plan

Imagine you are a sports teacher in a secondary school, and your tutor is your student. You are planning a trip to the sports centre next week and need to give instructions to your student and class.

**Task:** Tell your student about your plan and include:

- What you will be doing
- What time you are planning to go
- Where it is
- What the students need to bring.