



Lesson 3: Hobbies & Interests

IELTS Speaking Part 1



The English Hub

What is IELTS Speaking Part 1?

IELTS Part 1 is the **first 4–5 minutes** of the Speaking test. You'll answer **familiar questions** about your daily life, preferences, and habits.

Purpose:

- To check how you speak about **everyday topics**
- To measure fluency, pronunciation, and sentence range

Today's topic: **Hobbies and Interests** – a common Part 1 theme.



Sample Part 1 Questions: Hobbies & Free Time

- What do you do in your free time?
- Do you prefer indoor or outdoor hobbies?
- How often do you do your hobby?
- Is there a hobby you'd like to try?
- What hobbies are popular in your country?

Strategy: Give answers that are **natural, short (2–3 sentences), but informative.**



Grammar Focus: Present Simple for Habits

Use **Present Simple** to talk about hobbies and regular activities.

Structure:

Subject + base verb (add -s for he/she/it)

Examples:

- “I play the guitar on weekends.”
- “She goes swimming every morning.”
- “We meet every Saturday to play chess.”

Task: Write three sentences about your hobbies using Present Simple.



Grammar Focus: Verb + -ing for Hobbies

When a hobby follows a verb like *enjoy*, *like*, *love*, or *hate*, we use **verb + -ing**.

Examples:

- “I enjoy reading novels.”
- “She likes going hiking.”
- “They love playing board games.”

Task: Write three sentences about hobbies you like or dislike using -ing form.



Vocabulary Builder: Free Time & Fun

Useful Hobby Vocabulary:

- playing an instrument
- photography
- hiking / cycling / jogging
- drawing / painting
- doing puzzles
- gardening
- watching documentaries
- learning languages

Activity: Choose 3 hobbies and explain why they are interesting or relaxing.



Speaking Practice: What Do You Like Doing?

Question:

What do you usually do in your free time?

Include:

- Present Simple
- A time phrase (on weekends, in the evening)
- One reason

Example:

“I usually listen to music or read in the evenings. It helps me relax after work. On Sundays, I like going to the park with friends.”



Grammar Focus: Frequency Adverbs

Use frequency adverbs to say **how often** you do something.

Common Adverbs:

- always
- usually
- often
- sometimes
- hardly ever
- never

Examples:

- “I usually go jogging in the morning.”
- “We hardly ever watch TV.”
- “She always brings her sketchbook.”

Task: Describe how often you do 3 hobbies using different adverbs.



Mini Quiz: Find the Mistake

Fix these sentences:

- I likes playing football.
- He go to the gym every day.
- They enjoys swim on weekends.

Task: Read the fixed sentences aloud for fluency.



Compare Two Hobbies

Choose two hobbies and compare them.

- Use:
- “I prefer... because...”
- “While..., ...”
- “Both..., but...”

Example:

“I enjoy both painting and photography, but I prefer photography because I can do it anywhere. While painting needs space and time, photography is quicker.”



Natural Expressions and Phrases

Useful Phrases:

- “I’m really into...”
- “It helps me unwind.”
- “It’s a great way to socialise.”
- “I’ve recently got into...”
- “I find it fascinating.”

Activity: Use 2 expressions in a 2–3 sentence answer about one of your hobbies.



Roleplay: Recommending a Hobby

Your friend says:

- “I don’t have any hobbies. What should I try?”

Respond by:

- Suggesting something
- Explaining why it’s good
- Using one -ing form and one opinion phrase

Sample:

“You could try hiking. It’s great exercise and helps you enjoy nature. I find it really relaxing.”



Pronunciation Practice: Hobby Words

Repeat or say the following words:

- photography
- instruments
- relaxing
- interesting
- every day / everyday
- leisure time

Activity: Use 3 of these in your own sentence and say it aloud with confidence.



Speaking Challenge: Try Something New

Question:

Is there a hobby you'd like to try in the future? Why?

Include:

- Verb + -ing
- Time phrase (next year / someday / soon)
- One reason

Example:

“I'd like to try learning to cook different cuisines. I think it would be useful and fun. I've never really cooked before, so it's something new.”



Grammar Focus: Present Perfect for Experiences

Use Present Perfect to describe **life experiences**.

Structure:
have/has + past participle

Examples:

- “I’ve tried painting, but I wasn’t good at it.”
- “She’s always loved dancing.”
- “We’ve done yoga classes together before.”

Task: Write two sentences about hobbies you’ve tried or done using Present Perfect.



Popular Hobbies in Your Country

Question:

What hobbies are common in your country?

Include:

- Descriptions of 1–2 hobbies
- Use of Present Simple or Present Perfect
- One cultural note (family, seasons, location, etc.)

Example:

“In my country, people enjoy outdoor sports like football and cricket. Many people **have played** these games since childhood, especially on weekends.”



Error Check: Sentence Repair

Correct these:

- I enjoys painting.
- My sister do knitting.
- We going hiking every month.

Tip: Watch for verb agreement and correct tense!



Listening & Responding

Prompt:

“My friend watches TV all the time in his free time. I think that’s boring.”

Respond by:

- Agreeing or disagreeing
- Giving your opinion
- Suggesting a different activity

Sample:

“I understand. Watching TV is okay, but it’s more fun to do something active, like cycling or learning a new skill.”



Quick Questions (Lightning Round)

Answer these in 1–2 sentences:

- Do you prefer doing hobbies alone or with others?
- Do you think having a hobby is important?
- What hobby would you recommend to a child?

Tip: Use vocabulary and structure from today's lesson.

