

PELICAN BAY ADULT TENNIS Public Park Clinics

PELICAN BAY PARK

 764 Vanderbilt Beach Rd, Naples FL 34108

(239) 597 8877

LEARNING TO PLAY

Level: Beginners Days: Tuesday-Thursday Time: 8-9:30AM

 Learn all fundamentals: grips, rally basics, serve, and scoring.

 Build confidence through cooperative drills and play.

 Perfect for new or returning players.

LEARNING TO PLAY LEVEL: DROP-IN PRICE (PER SESSION): \$40

INTERMEDIATE LEVEL & **ADVANCED LEVEL**

Level: Intermediate & Advanced **Days:** Tuesday-Thursday Time: 9:30-11AM

> Improve consistency, placement, and rally control.

- **Enhance match** awareness and oncourt strategy.
- Combine technical drills with highintensity live-ball play.
- Prepare for league matches and advanced competitive play.

INTERMEDIATE & ADVANCED LEVEL: DROP-IN PRICE (PER SESSION): \$40

CAPP **Cardio Tennis & Point Play**

Level: Any Level Days: Monday-Wednesday-Friday Time:

First Session 8:30-10AM Second Session 10-11:30AM

A fast-paced clinic to keep you moving while improving your tennis through cardio-focused rallies and exciting point-play games.

DROP-IN PRICE (PER SESSION): \$40

AFTERNOON & WEEKEND SESSIONS

CAPP **CARDIO TENNIS & POINT PLAY**

Level: All Levels

Days: Tuesday-Thursday

Time: 5-6:30PM

ROUND ROBINS (January)

Days: Saturdays

Times & Level: (2.0-3.0 Level) 9-10AM Times & Level: (3.5-4.5 Level) 10AM-11AM

ROUND ROBINS:

DROP-IN PRICE (PER SESSION): \$15