



Temporary Crowns & Bridges

Aftercare

You have just received a temporary restoration that will serve you for a *short period of time*. Please allow the temporary cement to set for an hour before eating or chewing. We recommend using Paradontax as your sole toothpaste until your permanent crown is placed OR if you are advised otherwise. Here are a few other instructions that may help. Please call us if you have any questions or problems. Thank you!

FRONT TEETH TEMPORARIES

Please do not bite into your food. Cut it up as small bites are best at this time. *Temporaries are mainly for looks* and are not strong.

CHEWING

Avoid sticky foods and candy. Temporary restorations *are not strong*. They may break or come off. If so, call us and we will help you determine what to do. If you are not where you can contact us, go to a drug store and purchase some *dental temporary cement* in the oral health section. Follow the instructions as directed on the package. This will most likely retain the temporary restoration until you can see us. ***DO NOT LEAVE THE TEMPORARY RESTORATION OUT OF YOUR MOUTH. THE TEETH CAN MOVE AND THE FINAL RESTORATION MAY NOT FIT WELL.*** Certain foods will stick to the temporary restoration. This will not happen with your permanent restoration. Avoid using a Waterpik around your temporary. When flossing, *do not pull up on the floss*. Pull the floss out through one side near the bottom.

COLOR/SHAPE/SIZE

The temporary does not resemble the final restoration in any way.

TOOTH SENSITIVITY

Sensitivity to cold, hot, chewing or sweets is not uncommon while the temporary is worn.

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revised 7/7/25