

STREATERIES

LUNCH MENU: TRADITIONAL



WEEK 1
Autumn Winter 2025/26
03/11/25, 24/11/25,
15/12/25, 05/01/26,
26/01/26, 16/02/26,
09/03/26, 30/03/26

MAINS

SIDES

PASTA & NOODLE POTS

DELI HOT

FILLINGS

BIG BOWL SALAD

DESSERTS



Swedish Style Meatballs in
Gravy with Cranberry Jam

Summerset Apple,
Leek & Bean Stew V

Creamy Mash, Peas
& Green Beans V

Chinese Style Char Sui
Chicken in Chinese BBQ
Topped Noodles

Southern Chicken
Strips Wrap

Swedish Meatball

Avocado
Super Green Salad

Chai Spiced Baked
Rice Pudding



Char Siu Roast Chicken
with Chinese Style
Curry Sauce

Chinese Style
Vegetable Curry V

Steamed Rice & Wok Fried
Veggies V

Best Ever Bolognese

Macaroni
Pizza Slice

Chinese Style Curry Char
Siu Chicken

Avocado
Chicken Caesar

Lemon Meringue Apple
Crumble & Custard



Roast Chicken & Thyme
Toad in the Hole

Veggie Banger Toad
in the Hole V

Roasties, Smashed
Honey Parsnips &
Seasonal Greens V

Classic Meatball Pasta

BBQ Pink Onion
Deli Dog

BBQ Beans & Pink Onion

Quinoa
Superfood Bowl

Aspens
Toffee Cookies



Aspens Hand Pressed Beef
Burger, Caramelised Onion
& Mac Sauce

Cheese & Onion Burger V
with Smoky Tomato Relish

Roasted Root Veg V
Wedges & Green Salad

Classic Veggie Chow Mein

Classic Pepperoni

Cheese, Caramelised
Onion & Mac Sauce

Grain & Seed
Health Bowl

Apple Tart Tatin
& Custard



Choose from:
Battered Fish
Sausage or Veg Sausage
Pizza Slice V
Chicken Nuggets
Chips

Garden Peas or Baked Beans
Irish Curry Sauce
Chip Shop Gravy

Protein Packed
Spicy Chicken
& Lentil Ragu

Cheesy Chips

All The Classics

Special Salad

Brownie
Blondie Ripple

Daily Meal Deals
Regular
Chef's Specials

Freshly Made from Scratch
DAILY!

Fresh Cut Fruit
& Yogurt Pots
Available Daily

HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES

LUNCH MENU: TRADITIONAL



WEEK 2
Autumn Winter 2025/26
10/11/25, 01/12/25,
22/12/25, 12/01/26,
02/02/26, 23/02/26,
16/03/26

MAINS

SIDES



sabor de
Portugal

MON

Peri Chicken & Macho Pea
Pasta Bake Chilli Lime Aioli

Peri Crispy Chickpea &
Butterbean Pasta Bake V

Zesty Dressed
Roast Broccoli V



Home
STYLE

TUE

Honey Mustard Glazed
British Bangers with
Roasted Red Onion

Honey Mustard Glazed Veggie
Bangers with Roasted Red
Onion V

Leek Mashed Potatoes,
Mushy Peas & Gravy V



Home
STYLE

WED

Slow Roast Garlic &
Rosemary Chicken with
Apple Stuffing

Cauliflower & Broccoli
Cheesy Bake V

Roasties, Savoy Cabbage
& Cauliflower V



INCREDIBLE
INDIA

THU

Chicken Tikka
Balti Curry

Butternut Tomato
Chilli Masala V

Garlic Rice, Roasted V
Cauliflower & Green Beans



Chips
& More

FRI

Choose from:
Battered Fish
Sausage or Veg Sausage
Pizza Slice V
Chicken Nuggets
Chips

Garden Peas or Baked Beans
Irish Curry Sauce
Chip Shop Gravy

PASTA & NOODLE POTS

Thai Green
Vegetable Noodles

Best Ever Bolognese

Classic Meatball Pasta

Classic Veggie Chow Mein

Super Green Lentil Pesto

DELI HOT

BBQ & Crispy Onion Wings

Crispy Chicken Burger

Thai Curry Pizza Slice

Curried Chicken &
Spinach Wrap

Cheesy Chips

- CHEESE, BEANS & TUNA DAILY

- LOADED SPUDS -

CHEESE, BEANS & TUNA DAILY -

FILLINGS

Spicy Peri Chicken
& Cheese

Bolognese

Meatball Marinara

Chicken Tikka Balti

All The Classics

BIG BOWL SALAD

Zesty Kale &
Tandoori Chickpea

Indian Chickpea
Greens & Mint Yoghurt

American Style
Cobb Salad

Honey Mustard Chicken
Cobb Salad

Special Salad

DESSERTS

Cinnamon Raisin
Oat Cookie

Banana Sticky Toffee
Pudding & Custard

Custard Tart

Coconut & Pineapple
Upside Down Cake

Cheesecake
Cookie Slice

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Regular
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DAILY!

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Available Daily

HANDCRAFTED DELI
SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO

STREATERIES

LUNCH MENU: TRADITIONAL



WEEK 3
Autumn Winter 2025/26
17/11/25, 08/12/25,
29/12/25, 19/01/26,
09/02/26, 02/03/26,
23/03/26

MAINS

SIDES



Minced Beef Hotpot
Topped with Root Veg &
Potatoes

Lentil, Onion & Root Veg
Hotpot

Savoy Cabbage
& Peas



BBQ Chicken &
Cheese Melt

Cajun Spiced
Bean Burger

Cajun Rice & Roasted
Mediterranean Veg



Maple Glazed Chicken with
Crispy Smashed New
Potatoes

Honey Carrot & Apple
Wellington

Carrot & Swede Mash,
Green Beans



Chicken Ragu
Lasagne al Forno

Spinach, Cream Cheese &
Roasted Veg Lasagne

Crusty House Baked Bread,
Roast Carrots
or Garden Salad



Choose from:
Battered Fish
Sausage or Veg Sausage
Pizza Slice
Chicken Nuggets
Chips

Garden Peas or Baked Beans
Irish Curry Sauce
Chip Shop Gravy

PASTA & NOODLE POTS

Teriyaki Chicken Noodles

Protein
Lean Chicken Bolognese

Classic Meatball Pasta

Pulled Turkey Ham
Carbonara

Classic Chicken
Chow Mein

DELI HOT

Mexican Hot Pizza Slice

BBQ
Cornflake Crunch Wings

Masala Mayo Deli Dog

Chinese Style
Chicken Wrap

Cheesy Chips

FILLINGS

Beef Mince & Onion

Smoky Spanish Beans
& Aioli

Masala Mayo, Cheese &
Crispy Onion

Pulled Turkey Ham
Carbonara Sauce

Loaded
All The Classics

BIG BOWL SALAD

Roasted Tomato & Pepper
Pasta Salad

Pasta Butterbean,
Roasted Tomato & Spinach

California Caprese

Citrus Chicken, Spinach
& Mozzarella

Special Salad

DESSERTS

Old School Jam
Cornflake Crunch

Baked
Cheesecake

Banana Choc Chip Loaf

Maple Apple Pie
& Whipped Cream

Aspens Best Ever
Chocolate Brownies

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Regular
Chef's Specials

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DAILY!

Fresh Cut Fruit
& Yogurt Pots
Available Daily

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SANDWICHES, BAGUETTES,
WRAPS, SALADS & MORE!

DELI KITCHEN
HOT GRAB & GO