

SERVED DAILY FROM 7:30 AM TO 9:00 AM

BREAKFAST PLATTERS

DILAKIASI FLAITEKS		
country plate	4.00	
two eggs cooked your way, (2)bacon or sau	sage, toast	
pancake or French toast platter	<i>4.50</i>	
three pancakes or French toast, bacon or sau	ısage	
sunshine breakfast	3.50	
two eggs cooked your way, mixed fruit, you	gurt	
breakfast bowl	4.00	
grits, scrambled egg, sausage, bacon, chedd		
	aı	
OMELETS(3 eggs)		
ham & cheese omelet	3.50	
ham, cheddar cheese		
Texas omelet	4.50	
sausage, onion, bell peppers, cheddar chees		
Build your own omelet	2.50	
•		
Omelet add-ons: bacon, ham, cheese, s	spinach	
peppers, tomatoes, mushrooms	.50	
BUILD A BREAKFAST SANDWICH		
bread	1.00	
white or wheat toast, biscuit, spinach wrap		
egg	0.75	
scrambled or fried your way		
cheese	0.75	
sliced American or cheddar		
meat	1.50	
bacon, sausage patty, or sliced ham		
BREAKFAST PASTRIES		
bagel	1.50	
cinnamon roll	1.75	
muffin	2.00	
scone	1.75	



egg your way (1)	0.75
bacon (1, 2, or 3 pcs)	.75/1.50/2.00
pork sausage patties (2)	1.50
stone ground grits	1.00
oatmeal	1.00
fresh seasonal fruit	1.25
toast	1.00
cereal	1.00
hash browns	1.50
yogurt parfait	2.25
DEL/EDA CEC	

BEVERAGES

canned soda	1.00
coffee	1.00
Dunkin donuts iced coffee	3.00
bottled juice	1.50
bottled water	1.20
Gatorade	2.00
gold peak tea	2.00
ensure	2.00
milk	1.00
Lactaid	1.50
V8-can	1.20



FOR THE WEEK OF SEPTEMBER 8TH | SERVED FROM 11:30 AM UNTIL 1:30 PM

	MONDAY	
Clam Chowder	MONDAY	Veal Fritter w/ Piccata Sauce
Turkey & Rice (GF)		Mango & Shrimp Curry
,		GF) *Steamed Carrots
Rice & Gravy		(GF) *Stewed Yellow Squash
Low sodium protein: Chicken Breast (GF)		ı
	TUESDAY	D D 00: : W:
Broccoli & Cheese	\$	Sausage, Penne, Peppers, & Onions in Marinara
Ham & Cabbage (GF)		*Salmon w/ Capers & Hollandaise
*Roasted Sweet Potatoes (GF)		Broccoli Casserole
Tibabiou Circuit Vialities C		(GF) *Garlic Butter Mushrooms
Low sodium protein: Salmon (GF)	WEDNESDAY	
Steak & Ale	WEDNESDAI	Meatloaf
Sweet Potato Stew (GF)		Cordon Bleu
<u> </u>		(GF) *Corn
Mashed Potatoes & Gravy		GF *Peas
Low sodium protein: Pork Ribeye (GF)		l
Potato Leek	THURSDAY	(GF) Kielbasa Skillet
Brunswick Stew		GF Blackened Catfish
		GF Stewed Tomatoes
Yellow Rice (GF)		(GF) *Sautéed Spinach
Low sodium protein: Cod GF		ı
Cha Carl	FRIDAY	S Harran Cardia Calanna
She Crab		(GF) Honey Garlic Salmon Manicotti
Chicken Noodle		
Vorma (F)		9
Yams (GF) Low sodium protein: Shrimp (GF)		(F) *Roasted Carrots
Low social protein. Similip (ar)	SATURDAY	
Mushroom Brie	S/ (TOT(B/ (T	Chicken Fingers
Vegetable (GF)		Shrimp Salad Roll
		GF) *Fruit Salad
Waffle Fries (GF)		(GF) *Cucumber & Tomato Salad
Low sodium protein: Chicken Breast (GF)	CHNDAV	
Roasted Red Pepper & Gouda	SUNDAY	Fried Chicken
Chili (GF)		Sausage & Cheddar Cheese Quiche
Pancake Platter		Mac & Cheese
ו מווכמתכ ו נמננכו		Watergate Salad

Omelet(\$2.50, .50 per filling item)

Low sodium protein: Pork Ribeye GF

Watergate Salad

Green Bean Casserole



FOR THE WEEK OF SEPTEMBER 8TH | SERVED FROM 4:30 PM UNTIL 6:30 PM

	MONDAY	
Clam Chowder	MONDA	Lobster Ravioli
Turkey & Rice GF		Chicken Florentine
		(GF) *Roasted Asparagus
Parmesan Orzo		GF Artichoke Salad
Low sodium protein: Chicken Breast GF	TUESDAY	
Broccoli & Cheese	TOESDAT	Tuna Casserole
Ham & Cabbage (GF)		Chicken Fricassee w/Brown Butter
		(GF) *Shaved Brussels Sprouts
Hash Brown Casserole		(GF)*Roasted Root Vegetables
Low sodium protein: Salmon (GF)		-
S. 1.0.11	WEDNESDAY	
Steak & Ale		Garlic Parmesan Pork Ribeye
Sweet Potato Stew (GF)		Fried Chicken Livers & Gravy
But to A. Oostis		(GF) Turnip Greens
Potato Au Gratin Low sodium protein: Pork Ribeye GF)		(GF) Lima Beans
Low sodium protein: Pork Ribeye (GF)	THURSDAY	
Potato Leek	MONSDAI	Spaghetti & Meat Sauce
Brunswick Stew	Upscale Dining Tonight	Cod w/ Piccata Sauce
Garlic Toast	Opscare Dining Tonight	(GF) Southern Green Beans
Roasted Potatoes		Fried Okra
Low sodium protein: Cod (GF)	FRIDAY	
She Crab	INDAI	(F) Tequilla Lime Chicken Thighs
Chicken Noodle		(GF) Teriyaki Shrimp
	Upscale Dining Tonight	GF Bok Choy
Cilantro Lime Jasmine Rice GF)		Pineapple Casserole
Low sodium protein: Shrimp (GF)		
Mushroom Brie	SATURDAY	Crab Cake(\$4)
Vegetable (GF)		Chicken Caprese
3		GF *Peas
*Wild Rice		(GF) *Steamed Vegetable Medley
Low sodium protein: Chicken Breast (GF)		,
	SUNDAY	Dorle Dihava w/ Cidar Cavas
Roasted Red Pepper & Gouda		Pork Ribeye w/ Cider Sauce
Chili 🕼		Citrus Baked Tilapia Sweet Potato Casserole
Pancake Platter		
		(GF) *Steamed Broccoli

Low sodium protein: Pork Ribeye (GF)

(GF) *Spiced Apples



MONDAY - THURSDAY FROM 11:30 AM UNTIL 6:00 PM & FRIDAY FROM 11:30 AM UNTIL 2:00 PM

House salad 1.75/3.25 Caesar salad 2.00/3.50 Greek salad 2.50/4.55 Smoked salmon platter 6.50 Choice of dressings: Greek, ranch, honey mustard, blue cheese, Italian, blasamic, raspberry, Caesar, 1000 island SANDWICHES + WRAPS BLT 4.50 Chicken, tuna, or egg salad croissant 4.50 Pimento cheese sandwich Build your own sandwich 4.00 Build your og salad & a cup of soup SIDES Coleslaw 5ILT, chicken, tuna or egg salad & a cup of soup SIDES Coleslaw 5.25 Coleslaw 5.25 Coleslaw 5.25 Fruit cup 5.25 Coffee 6.99 Dunkin donuts iced coffee 8.00 Bottled water 1.20 Gold peak tea 2.00 Ensure 2.00 Milk 1.00 VB-can Alfredo sauce, mozzarella cheese, sliced tomatoes Marinara & mozz (addt't toppings.50 each) 5.00 Marinara & mozz (addt't toppings.50 each) 5.00		.50 AM ONTIL O	AM CIVIL 2.00 T	141
Caesar salad Caesar salad, tuna salad, and pimento cheese on a bed of lettuce. Served with crackers Asian chicken salad Caesar salad Caesa	SALADS		FEATURED SALADS	
Greek salad 2.50/4.50 Smoked salmon platter 6.50 Choice of dressings: Greek, ranch, honey mustard, blue cheese, Italian, balsamic, raspberry, Caesar, 1000 island SANDWICHES + WRAPS BLT 4.50 Chicken, tuna, or egg salad croissant 4.50 Pimento cheese sandwich 4.00 Build your own sandwich 1/2 sandwich + soup 4.25 BLT, chicken, tuna or egg salad & a cup of soup SIDES Coleslaw 0.75 Salad Feature 1.25 Potato chips 1.25 Pruit cup 1.25 Fruit cup 1.25 Fruit cup 1.25 Severages Canned soda 1.00 Fountain soda Coffee 0.90 Dunkin donuts iced coffee 80.90 Bottled juice 1.50 Bottled water 1.20 Gatorade Collegak tea 81.70 Bistro Special Of The Week Alfredo Flatbread 6.00 Asian chicken salad, tuna salad, and pimento cheese on a bed of lettuce. Served with crackers Asian chicken salad 6.50 Asian chicken sala	House salad	1.75/3.25	Trio Salad	6.00
Smoked salmon platter Choice of dressings: Greek, ranch, honey mustard, blue cheese, Italian, balsamic, raspberry, Caesar, 1000 island SANDWICHES + WRAPS BLT 4.50 Chicken, tuna, or egg salad croissant Pimento cheese sandwich Build your own sandwich Ann, turkey, or corned beef on white, wheat, rye, croissant or brioche bun 1/2 sandwich + soup SIDES Coleslaw 0.75 Salad Feature 1.25 Potato chips Potato chips Potato chips Fruit cup 1.25 BEVERAGES Canned soda Fountain soda Coffee 0.90 Dunkin donuts iced coffee 0.90 Ensure BISTRO SPECIAL OF THE WEEK Alfredo Flatbread 6.00 A50 Asian chicken salad 5.50 Asian chicken salad 6.50 Amm, turkey, boacon, tomato, cucumber, egg, cheddar cheese, ranch dressing Cheese on a bed of lettuce. Served with crackers Asian chicken salad 6.50 Asian chicken salad 6.50 Asian chicken salad 6.50 Amm, turkey bacon, tomato, cucumber, egg, cheddar cheese, ranch dressing Chessing Chese on a bed of lettuce. Served with crackers Asian chicken salad 6.50 Amm, turkey bacon, tomato, cucumber, egg, cheddar cheese, ranch dressing Chessing Chess	Caesar salad	2.00/3.50		
Choice of dressings: Greek, ranch, honey mustard, blue cheese, Italian, balsamic, raspberry, Caesar, 1000 island SANDWICHES + WRAPS BLT	Greek salad	2.50/4.50		
Choice of dressings: Greek, ranch, honey mustard, blue cheese, Italian, balsamic, raspberry, Caesar, 1000 island SANDWICHES + WRAPS BLT 4.50 Chicken, tuna, or egg salad croissant 4.50 Pimento cheese sandwich 4.00 Build your own sandwich 4.00 ham, turkey, or corned beef on white, wheat, rye, croissant or brioche bun 1/2 sandwich + soup 4.25 BLT, chicken, tuna or egg salad & a cup of soup SIDES Coleslaw 0.75 Salad Feature 1.25 Potato chips 1.25 Fruit cup 1.25 BEVERAGES Canned soda 1.00 Fountain soda 1.25 Coffee 0.99 Dunkin donuts iced coffee 0.99 Dunkin donuts iced coffee 3.00 Bottled juice Bottled juice Bottled water 1.20 Gold peak tea 2.00 Ensure 4.67 BISTRO SPECIAL OF THE WEEK Alfredo Flatbread 6.00 Marinary & mozy for the lumbur 5.00	Smoked salmon platter	6.50	Asian chicken salad	6.50
Greek, ranch, honey mustard, blue cheese, Italian, balsamic, raspberry, Caesar, 1000 island dressing SANDWICHES + WRAPS BLT 4.50 Chicken, tuna, or egg salad croissant 4.50 Pimento cheese sandwich 4.00 Build your own sandwich 4.00 ham, turkey, or corned beef on white, wheat, rye, croissant or brioche bun 1/2 sandwich + soup 4.25 BLT, chicken, tuna or egg salad & a cup of soup SIDES Coleslaw 0.75 Salad Feature 1.25 Potato chips 1.25 Fruit cup 1.25 BEVERAGES Canned soda 1.00 Fountain soda 1.25 Coffee 0.90 Dunkin donuts iced coffee 3.00 Bottled juice Bottled water 1.20 Gold peak tea 2.00 Bottled water 3.00 Gold peak tea 2.00 Gold peak tea 2.00 Milk 1.00 W8-can 1.20 BISTRO SPECIAL OF THE WEEK Alfredo Flatbread 6.00 Marinary & morn, chettine peace of the more of the peace of the pea	Choice of dressings:			
BLT 4.50 Chicken, tuna, or egg salad croissant 4.50 Pimento cheese sandwich 4.00 Build your own sandwich 4.00 ham, turkey, or corned beef on white, wheat, rye, croissant or brioche bun 1/2 sandwich + soup 4.25 BLT, chicken, tuna or egg salad & a cup of soup SIDES Coleslaw 0.75 Salad Feature 1.25 Potato chips 1.25 Fruit cup 1.25 BEVERAGES Canned soda 1.00 Fountain soda 1.25 Coffee 0.90 Dunkin donuts iced coffee 3.00 Bottled juice 1.50 Bottled juice 1.50 Bottled water 1.20 Gatorade Cold peak tea 2.00 Milk 1.00 BISTRO SPECIAL OF THE WEEK Alfredo Flatbread 6.00 Marinary 8, morry 6, widthways a few sub 5.00 Marinary 8, morry 6, widthways a few sub 5.00 Marinary 8, morry 6, widthways a few sub 5.00 Marinary 8, morry 6, widthways a few sub 5.00 Marinary 8, morry 6, widthways a few sub 5.00 Marinary 8, morry 6, widthways a few sub 5.00 Marinary 8, morry 6, widthways a few sub 5.00 Marinary 8, morry 6, widthways a few sub 5.00 Marinary 8, morry 6, widthways a few sub 5.00 Marinary 8, morry 6, widthways a few sub 5.00 Marinary 8, morry 6, widthways a few sub 5.00 Marinary 8, morry 6, widthways a few sub 5.00 Marinary 8, morry 6, widthways a few sub 5.00 Marinary 8, morry 6, widthways a few sub 5.00 Marinary 8, morry 6, widthways a few sub 5.00 Marinary 8, morry 6, widthways a few sub 5.00		, Italian,	toasted almond slices, chow mien noodles, A	
Chicken, tuna, or egg salad croissant Pimento cheese sandwich A.00 Build your own sandwich A.00 ham, turkey, or corned beef on white, wheat, rye, croissant or brioche bun BLT, chicken, tuna or egg salad & a cup of soup SIDES Coleslaw Salad Feature 1.25 Potato chips Fruit cup 1.25 BEVERAGES Canned soda Fountain soda 1.25 Coffee 0.90 Dunkin donuts iced coffee Bottled juice Bottled water Gatorade Gold peak tea Ensure 2.00 Milk V8-can BISTRO SPECIAL OF THE WEEK Alfredo Flatbread 6.00 Censul A.50 Sunshine chicken salad 7.00 Sunshine chicken, craisins, mandarin oranges, almonds, poppysed dressing FEATURED SANDWICHES California club 7.00 Silced ham & turkey, avocado, swiss cheese, bacon, lettuce, tomato, and Italian sub 6.50 Salami, pepperoni, ham, provolone cheese, lettuce, tomato, and Italian dressing on a hoagie bun Caesar chicken wrap grilled chicken, craisins, mandarin oranges, almonds, poppysed dressing FEATURED SANDWICHES California club 7.00 Silced ham & turkey, avocado, swiss cheese, bacon, lettuce, tomato, and Italian dressing on a hoagie bun Caesar chicken wrap grilled chicken, craisins, mandarin oranges, almonds, poppysed dressing FEATURED SANDWICHES California club 7.00 Salami, pepperoni, ham, provolone cheese, lettuce, tomato, and Italian dressing on a hoagie bun Caesar chicken, rarisins, anaders, almonds, poppy	SANDWICHES + WRAP	S	Chef salad	6.50
Pimento cheese sandwich Build your own sandwich A.00 Build your own sandwich A.00 Bam, turkey, or corned beef on white, wheat, rye, croissant or brioche bun 1/2 sandwich + soup BLT, chicken, tuna or egg salad & a cup of soup SIDES Coleslaw Coleslaw Coleslaw Salad Feature 1.25 Potato chips Fruit cup BEVERAGES Canned soda Fountain soda Coffee Dunkin donuts iced coffee Bottled juice Bottled yuice Bottled water Gatorade Gold peak tea Ensure BISTRO SPECIAL OF THE WEEK Alfredo Flatbread 6.00 Sunshine chicken salad grilled chicken, craisins, mandarin oranges, almonds, poppyseed dressing FEATURED SANDWICHES California club T.00 Siloes California club T.00 California club T.00 California club T.00 Siloed ham & turkey, avocado, swiss cheese, bacon, lettuce, tomato, mayonnaise on toasted white bread T.00 Salami, pepperoni, ham, provolone cheese, lettuce, tomato, and Italian dressing on a hoagie bun Caesar chicken wrap Greek wrap T.00 FLATBREADS Hawaiian flatbread G.00 Margherita flatbread G.00	BLT	4.50		heddar
Sunshine Chicken salad 7.00	Chicken, tuna, or egg salad croiss	ant 4.50		
Build your own sandwich ham, turkey, or corned beef on white, wheat, rye, croissant or brioche bun 1/2 sandwich + soup BLT, chicken, tuna or egg salad & a cup of soup SIDES Coleslaw Coleslaw Coleslaw Colesta ture Potato chips Fruit cup BEVERAGES Canned soda Fountain soda Coffee Dunkin donuts iced coffee Bottled yuice Bottled yuice Bottled water Catorade Catorad				7.00
ham, turkey, or corned beef on white, wheat, rye, croissant or brioche bun 1/2 sandwich + soup SIDES Coleslaw Col		4.00		
1/2 sandwich + soup BLT, chicken, tuna or egg salad & a cup of soup SIDES Coleslaw Coleslaw Salad Feature 1.25 Potato chips Fruit cup BEVERAGES Canned soda Fountain soda Coffee Dunkin donuts iced coffee Bottled juice Bottled juice Bottled water Gatorade Gold peak tea Ensure BISTRO SPECIAL OF THE WEEK Alfredo Flatbread 6.00 A coleslaw California club 7.00 Salad Feature California club 7.00 Sliced ham & turkey, avocado, swiss cheese, bacon, lettuce, tomato, mayonnaise on toasted white bread Italian sub 6.50 Salami, pepperoni, ham, provolone cheese, lettuce, tomato, and Italian dressing on a hoagie bun Caesar chicken wrap Gaesar chicken, romaine lettuce, tomatoes, parmesan cheese, Caesar dressing in a spinach wrap Greek wrap 7.00 Greek wrap Greek wrap 7.00 FLATBREADS Hawaiian flatbread 6.00 Margherita flatbread 6.00		eat, rye,		
SIDES Coleslaw Coleslaw Coleslaw Salad Feature Potato chips Canned soda Fountain soda Coffee Dunkin donuts iced coffee Bottled juice Bottled yuice Bottled yuice Bottled water Gatorade Gold peak tea Ensure Dunkin donuts iced Bottled water Gatorade Gold peak tea Ensure Bottled water Gatorade Gold peak tea Ensure BISTRO SPECIAL OF THE WEEK Alfredo Flatbread 6.00 Coleslaw O.75 Sliced ham & turkey, avocado, swiss cheese, bacon, lettuce, tomato, mayonnaise on toasted white bread Sliced ham & turkey, avocado, swiss cheese, bacon, lettuce, tomato, mayonnaise on toasted white bread sliced ham & turkey, avocado, swiss cheese, bacon, lettuce, tomato, mayonnaise on toasted white bread sliced ham & turkey, avocado, swiss cheese, bacon, lettuce, tomato, mayonnaise on toasted white bread sliced ham & turkey, avocado, swiss cheese, bacon, lettuce, tomato, mayonnaise on toasted white bread sliced ham & turkey, avocado, swiss cheese, bacon, lettuce, tomato, mayonnaise on toasted white bread sliced ham & turkey, avocado, swiss cheese, bacon, lettuce, tomato, mayonnaise on toasted white bread sliced ham & turkey, avocado, swiss cheese, bacon, lettuce, tomato, mayonnaise on toasted white bread sliced ham & turkey, avocado, swiss cheese, bacon, lettuce, tomato, mayonnaise on toasted white bread sliced ham & turkey, avocado, swiss cheese, bacon, lettuce, tomato, mayonnaise on toasted white bread sliced ham & turkey, avocado, swiss cheese, bacon, lettuce, tomato, mayonnaise on toasted white bread sliced ham & turkey, avocado, swiss cheese, bacon, lettuce, tomato, mayonnaise on toasted white bread sliced tomatoes, parma salmi, pepperoni, han, provolone cheese, lettuce, tomatoes, parma salmi, pepperoni, ham, provolone chese, lettuce, tomatoes, parma salmi, pepperoni, ham, provolone chese, lettuce, tomatoes, parma		4.25	FEATURED SANDWICHES	
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Coleslaw		or soup		
Salad Feature 1.25 Potato chips 1.25 Pruit cup 1.25 Salami, pepperoni, ham, provolone cheese, lettuce, tomato, and Italian dressing on a hoagie bun BEVERAGES Canned soda 1.00 Fountain soda 1.25 Coffee 0.90 Dunkin donuts iced coffee 3.00 Bottled juice 1.50 Bottled water 1.20 Gatorade 2.00 Ensure 2.00 Milk 1.00 BISTRO SPECIAL OF THE WEEK Alfredo Flatbread 6.00 Marinara & morry (additional contents) Italian sub 6.50 salami, pepperoni, ham, provolone cheese, lettuce, tomato, and Italian dressing on a hoagie bun Caesar chicken wrap 6.00 grilled chicken, romaine lettuce, tomatoes, parmesan cheese, Caesar dressing in a spinach wrap Greek wrap 7.00 grilled chicken, iceberg lettuce, diced tomatoes, cucumber, olives, tzatziki sauce, feta cheese in a spinach wrap FLATBREADS Hawaiian flatbread 6.00 Marinara & morry (additional contents) 5.00 Marinara & morry (additional contents) 5.00 Marinara & morry (additional contents) 5.00	SIDES			
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Truit cup 1.25 tomato, and Italian dressing on a hoagie bun				
BEVERAGES Canned soda fountain soda Coffee Dunkin donuts iced coffee Bottled juice Bottled water Gatorade Gold peak tea Ensure Bistro Special of Flatbread 6.00 Bistro Special of Filatbread 6.00 Caesar chicken wrap grilled chicken, romaine lettuce, tomatoes, parmesan cheese, Caesar dressing in a spinach wrap promesan cheese, Caesar dressing in a spinach wrap grilled chicken, iceberg lettuce, diced tomatoes, cucumber, olives, tzatziki sauce, feta cheese in a spinach wrap FLATBREADS Hawaiian flatbread 6.00 Marinara & mozzarella pesto Marinara & mozzarella, pesto	-			ttuce,
Canned soda Fountain soda Coffee 0.90 Dunkin donuts iced coffee Bottled juice Bottled water Gatorade Gold peak tea Ensure Milk V8-can Ensure BISTRO SPECIAL OF THE WEEK Alfredo Flatbread 6.00 Anned soda 1.20 Greek wrap 7.00 Greek wrap 7.00 Greek wrap grilled chicken, romaine lettuce, tomatoes, parmesan cheese, Caesar dressing in a spinach wrap grilled chicken, iceberg lettuce, diced tomatoes, cucumber, olives, tzatziki sauce, feta cheese in a spinach wrap FLATBREADS Hawaiian flatbread 6.00 Margherita flatbread 6.00 Margherita flatbread sliced tomatoes, sliced fresh mozzarella, pesto Margherita flatbread Siced tomatoes, sliced fresh mozzarella, pesto	Fruit cup	1.25		
Fountain soda Coffee 0.90 Dunkin donuts iced coffee Bottled juice Bottled water Gatorade Gold peak tea Ensure BISTRO SPECIAL OF THE WEEK Alfredo Flatbread 6.00 Alfredo Flatbread 6.00 Parmesan cheese, Caesar dressing in a spinach wrap Greek wrap 7.00 Greek wrap 7.00 Greek wrap 7.00 Greek wrap 7.00 FLATBREADS FLATBREADS Hawaiian flatbread 6.00 Margherita flatbread 6.00 Margherita flatbread 6.00 Marinara & mozzarella, pesto Marinara & mozzarella, pesto	BEVERAGES		<u>-</u>	6.00
Coffee 0.90 Greek wrap 7.00 Dunkin donuts iced coffee 3.00 grilled chicken, iceberg lettuce, diced tomatoes, cucumber, olives, tzatziki sauce, feta cheese in a spinach wrap Bottled water 1.20 FLATBREADS Gold peak tea 2.00 FLATBREADS Milk 1.00 diced pineapple & ham, marinara, mozzarella V8-can 1.20 Margherita flatbread 6.00 Marinara & mozzarella, pesto	Canned soda	1.00		h wran
Dunkin donuts iced coffee Bottled juice Bottled water Gatorade Gold peak tea Ensure Milk V8-can BISTRO SPECIAL OF THE WEEK Alfredo Flatbread 6.00 Ensure Alfredo Flatbread 6.00 Grilled chicken, iceberg lettuce, diced tomatoes, cucumber, olives, tzatziki sauce, feta cheese in a spinach wrap FLATBREADS Hawaiian flatbread Giced pineapple & ham, marinara, mozzarella Margherita flatbread Sliced tomatoes, sliced fresh mozzarella, pesto Marinara & mozzarella, pesto				-
Bottled juice Bottled water 1.20 Gatorade Coucumber, olives, tzatziki sauce, feta cheese in a spinach wrap FLATBREADS FLATBREADS FLATBREADS Hawaiian flatbread 6.00 Milk 1.00 Milk 1.00 Milk 1.00 Milk 1.20 Margherita flatbread 5.00 Marinara & mozzarella, pesto Marinara & mozzarella, pesto			•	
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Gatorade 2.00 FLATBREADS Gold peak tea 2.00 Ensure 2.00 Hawaiian flatbread 6.00 Milk 1.00 diced pineapple & ham, marinara, mozzarella V8-can 1.20 Margherita flatbread 6.00 Marinara & mozzarella, pesto	•			III a
Ensure 2.00 Milk 1.00 diced pineapple & ham, marinara, mozzarella V8-can 1.20 BISTRO SPECIAL OF THE WEEK Alfredo Flatbread 6.00 Marinara & mozzarella, pesto Marinara & mozzarella, pesto			•	
Ensure Milk V8-can BISTRO SPECIAL OF THE WEEK Alfredo Flatbread 6.00 Alfredo Flatbread 6.00 Ensure 1.20 Hawaiian flatbread diced pineapple & ham, marinara, mozzarella Margherita flatbread sliced tomatoes, sliced fresh mozzarella, pesto Marinara & mozz (additionaria pesto) 5.00			FLAIBREADS	
Milk V8-can BISTRO SPECIAL OF THE WEEK Alfredo Flatbread 6.00 Alfredo Flatbread 6.00 Marinara & mozzarella flatbread 6.00 Marinara & mozzarella, pesto	-		Uawaijan flathroad	6.00
V8-can BISTRO SPECIAL OF THE WEEK Alfredo Flatbread 6.00 Marinara & mozz (additation in a fine post) 5.00				
BISTRO SPECIAL OF THE WEEK Alfredo Flatbread 6.00 Marinara & marz (additaments of each) 5.00			1 11	
Alfredo Flatbread 6.00 Marinara & mozz (additations on 50 and b) 5.00			•	
Marinara & maga (1114) tombre 50 and 500			sliced tomatoes, sliced fresh mozzarella, pest	ю
		ed tomatoes	Marinara & mozz (addt'l toppings .50 each) <i>5.00</i>

marinara, pesto, or olive oil, pepperoni, sausage,

ham, banana peppers, mushrooms, peppers, onions

and fresh basil (no substitutions or add-ons on special)



FROM THE GRILL

WC burger w/ LTO	5.00
Hamburger patty	4.00
1/4 lb. loaded hot dog	4.25
1/8 lb. loaded hot dog	3.25
Corned beef or turkey Reuben	5.00
Grilled chicken sandwich	6.50
Hot ham & Swiss	5.00
Grilled cheese sandwich	2.25
Cheese quesadilla	3.00
Chicken quesadilla	4.50
Grilled chicken breast	4.00
Chicken finger platter	4.50
Build your own sandwich	4.00

ham, turkey, corned beef, chicken or tuna salad on white, wheat, rye, or croissant

Grill Special

Tuna Melt \$4.50
Tuna salad and Swiss cheese on grilled rye bread

SOUP & SALAD BAR

2.50 small | 4.50 large | 1.25 salad feature (small container)

1.75 small 8 oz. cup | 3.00 16 oz. cup | Quart 6.00

SIDES

Coleslaw	0.75
Baked or sweet potato	1.25
Sweet potato fries	1.25
Waffle fries	1.25
Shoestring French fries	1.25
Onion rings	1.50
Fresh seasonal fruit	1.25
Activia yogurt	1.00
Selection of chips	1.25

DESSERTS

Assorted cookies (2)	1.25
Fudge brownie	1.50
Triple berry tart	2.50
Coconut cream pie	2.50
Chocolate cake	2.50
Ice cream bars/cups	1.50/1.00

Wesley Commons Wine Dinner 5:00 PM

Friday, September 19th, 2025

Steak and Blue Cheese Bruschetta

Two crostini, sliced beef tenderloin, Clemson blue cheese, tomato jam, fresh basil, balsamic drizzle

Pumpernickel Panzanella Salad

Mixed greens, mandarin oranges, shaved parmesan, pumpernickel croutons, Dijon balsamic dressing

Airline Chicken Breast

Roasted airline chicken breast with a maple and mustard sauce. Served with butternut squash risotto and parmesan roasted asparagus

Pumpkin Cheesecake

Served with pumpkin spice whipped cream

Limited to forty-four people. You may call Ext. 7490 beginning Monday, September 8, at 9:00 am. Each course will be paired with a complimenting wine. Cost per person is \$25.00