

WESLEY COMMONS

WESLEY WINDOW YOUR WEEKLY NEWS

Greenwood, South Carolina

www.wesleycommons.org

May 18, 2026

WORSHIP SERVICE SUNDAY

Sunday, May 17, 2026

Vespers at 4:30 pm
Asbury Hall



Service Theme:

God Meant It for Good!

Genesis 50:15-26

Pre-Recorded Service

WEEKLY DOCUMENTARY

SERIES

Join us in Asbury Hall every
Wednesday at 1:00 pm as we learn
about major historical events, nature,
fascinating stories, and more!

*Please note due to the Temporary
closure of Asbury Hall the Weekly
Documentary Series is cancelled for
Wednesday, May 20 and May 27.*

It will resume on *Wednesday, June 3*
where we will be showing *Marty, Life
is Short* on Netflix. Watch as Martin
Short looks back on a life fueled by
joy in this 1 hour and 45-minute
documentary with classic clips, fresh
interviews and star-studded, never-
before-seen home movies.

SPECIAL EVENTS

Tuesday:

Birdhouse Decorating Craft - 2 pm

Wednesday:

Bubble Drink Grab N Go - 11-1 pm

Thursday:

Thursdays at Three - 3 pm

Friday:

Antique Shopping Departure - 10 am

INTERESTING FACT OF THE WEEK

*Chickens can recognize over 100
different human faces in their lifetime.*
Yes, really! Scientists have found they
have surprisingly sophisticated social
skills. This skill lets them know
where the fall in the "pecking order"

IL Activities Announcement

The Activities department is excited to announce that Rayane has graduated from Lander University with a bachelor's degree in business administration! She has worked very hard for this achievement, and we could not be prouder to have her on our team. Furthermore, she has been promoted to Activity Specialist, effective 05/10/2026, as she has continued to show immense skill, dedication, and passion within her role. Please join us in congratulating her on these accomplishments!

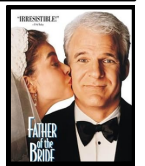


Memorial Day Ceremony 2026

We would like to formally invite you to the Wesley Commons 2026 Memorial Day Ceremony, while we take the time to honor those who have selflessly served our country, and made the biggest sacrifice of all for our freedom. The ceremony will take place on *Monday, May 25 at 9 am by the outdoor front entrance fountain, weather permitting.* Seating will be available on a first come, first serve basis. Please be on the lookout for communications emails that will promptly update you if there is incimate weather.

Movie Night - May 28, at 5 pm and 8:30 pm

Join us for a relaxing and enjoyable evening of movie night and pizza as we feature *Father of the Bride*, a warm, funny, and surprisingly heartfelt story, starring Steve Martin and Diane Keaton, about a devoted dad who struggles to come to terms with his daughter growing up and getting married. As he gets swept into the chaos of wedding planning, complete with outrageous expenses, over-the-top traditions, and his own emotional spiral, you get a perfect mix of laugh-out-loud moments and genuine tenderness. The film runs approximately *1 hour and 45 minutes* and is perfect for an evening under the stars.



Please note the following changes to May Movie Night:

Due to the temporary closure of Asbury Hall, we've adjusted the May movie night to give our residents the best possible experience. Because indoor space is limited during construction, the main showing will now be held outdoors on the front lawn by the parking lot. The movie will be shown with a projector on a large movie screen. Drinks, popcorn, candy, and Italian ice, courtesy of Geathers Italian Ice company, will be provided. 'Doors' open at 8:30 pm, with the movie beginning once dark enough for clear viewing. *You are encouraged to bring your own lawn chair or blanket, but folding chairs will be available on a first come first serve basis. Golf cart parking will also be available for those who would like to enjoy a drive-in style evening from their cart.*

For those who prefer an earlier and indoor option, there will be a 5 pm showing in the Hunt Room and the Curry Room, with limited snacks provided. Seating for these rooms is limited and require sign-up. Separate sign-up sheets will be available for each viewing location, as well as a map for the outdoor movie option. We appreciate your understanding and patience as we do our best to host this highly popular event in some fashion, as cancelling is a last resort. If you have any questions, please contact *Activities at Ext. 227-7221.* See you there!

Bubble Drink Grab N Go

On *Wednesday, May 20, stop by the Commons Crossing* where Activities will have a table set up for a bubble drink Grab N Go! A bubble drink is a fruity fun drink with popping pearls and lemonade, that you can customize the flavor of! Popping pearls are soft, jelly like 'pearls' that add a fun and delicious element to the bottom of your drink. Flavors such as peach, strawberry, coconut, cherry, and more will be available so you can customize your beverage! We will be serving this refreshing and delicious drink option from *11 am to 1 pm*, so be sure to stop by.



ILRC President's Corner

"All residents are encouraged to take out an insurance policy to cover the contents of your residence. Usually called "Renters Insurance" or "Contents Insurance" and they are relatively inexpensive."

~ Bo Bowman, ILRC President

Claire Brannock
Activity Coordinator

ACTIVITIES NEWS

Rayane Thomson
Activity Specialist

UPCOMING SPECIAL ACTIVITIES

- *19 Birdhouse Decorating Craft - Curry Room - 2 pm
- 20 Bubble Drink Grab N Go - Commons Crossing - 11 am - 1 pm
- *21 Thursdays at Three - Silver Leaf - 3 pm
- *22 Antique Shopping Trip Departure - Off Campus - 10 am
- 25 Memorial Day Ceremony - Front Entrance Fountain - 9 am
- *26 Paper Airplane Contest - Group Fitness Room - 3 pm
- *29 Carol Scales Historical Tour Departure - Off Campus - 1 pm
- *31 Music at Main Street Departure - Off Campus - 2:15 pm

Upcoming June Activities

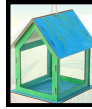
- *1 Cruise Interest Meeting - Asbury Hall - 2:30 pm
- 3 Weekly Documentary Series - Asbury Hall - 1 pm
- *5 Donut Breakfast Social - Silver Leaf - 7-9:30 am
- *5 Happy Cow Tour Departure - Off Campus - 10 am

*An asterisk indicates that sign-ups are required.

We would like to remind you that if sign-ups are required, sheets to reserve a spot will be located in the Commons Crossing, across from the mail room. Please notify us if you plan to cancel for an event or cross your name off of the list. For any questions or concerns, Call Ext. 227-7221.

Birdhouse Decorating Craft

On *Tuesday, May 19 at 2 pm*, join Activities in the Curry Room for our birdhouse decorating craft. With spring upon us, the flowers are blooming and the birds are chirping! Come to this craft to give these beautiful birds a great spot to perch on, enjoy a snack, and take in the beautiful weather. Bird seed will be provided for each birdhouse. The sign-up sheet is located in Commons Crossing, so stop by and add your name to the list to join the fun!



Thursdays at Three

Thursdays at Three will take place on *May 21 at 3 pm* in the Silver Leaf. Sign-up so you don't miss out on a fun time and seeing our performer, a talented violinist!

Asbury Hall Temporary Closure

Please be advised that Asbury Hall will be temporarily closed from *Monday, May 18 to Friday, May 29*. The following activities have been changed or cancelled:

- 5/19 - Resident Council Meeting - Cancelled
- 5/20 - Mass & Confession - Cancelled
- 5/20 - Documentary Series - Cancelled
- 5/20 - Tech Talk - Cancelled
- 5/21 - First Presbyterian K-Group - Cancelled
- 5/22 - Lecture Series - Cancelled
- 5/24 - Vespers - Cancelled (Service will be pre-recorded)
- 5/27 - Documentary Series - Cancelled
- 5/28 - Movie Night - Rescheduled and relocated
- 5/29 - Lecture Series - Cancelled

Antique Store Shopping Trip

Come join Activities on a trip to Little Mountain Unlimited antique store on *Friday, May 22, departing from the WC lobby at 10 am*. About a 1 hour drive from Greenwood, this 25,000 square foot facility is filled with trinkets and treasures in over 150 booths, at great prices! This facility also features a cafe that boasts delicious food and drinks. Sign-up to join in on the fun in the Activity binder in Commons Crossing!

Happy Cow Creamery Tour

Join Activities on *Friday, June 5* for a fun filled afternoon at Happy Cow Creamery. Enjoy an educational tour and a yummy picnic style lunch. The bus will be departing from WC at *10:00 am*. A \$8 fee will be charged to your resident account to cover the cost of lunch and admission. Be sure to wear proper walking attire. Space is limited, sign up in the Commons Crossing across from the mail room.

Paper Airplane Contest with Wellness

Activities and Wellness would like to celebrate National Paper Airplane Day with a paper airplane contest! On *Tuesday, May 26 at 3 pm*, in the group fitness room. We will provide paper at the event, as well as a table to fold on. **Participants must fold their plane at the competition and may not bring one with them from home.** You will be judged on distance (how far your plane travels), design (how fancy or elaborate you can make your plane), and hang-time (how long your plane stays in the air when thrown). The highest performer of each of these categories will win a \$15 Visa gift card! Be sure to sign-up on the Activities binder in Commons Crossing so that we may prepare accordingly. See you there!



Music at Main Street

Looking for a fun afternoon of good music and summertime treats? On *Sunday, May 31 at 3:00 pm* at *Main Street Methodist Church* you can enjoy uplifting music featuring Stan Colbert, Dr. Thomas, and many more. Everyone is invited as they honor widows and widowers in the community. *The bus will depart from WC at 2:15 pm*, so be sure to sign up in the Commons Crossing!

Notes From Resident-Led Groups

- The Wesley Commons Golf Group will resume weekly play every *Thursday morning at 10:20 am* at *The Fort Club in Ninety-Six*. For any questions, please contact YJ Ahn at Ext. 330-1362.
- The Page Turners Book Club has most recently been reading *The Correspondent* by *Virginia Evans*. Please take note that Peggy Binder will lead the book discussion at her home on *Tuesday, May 19 at 1:00 pm*. Interested readers are always welcome to join, but please call *Sue Wiener* at Ext. 7450 prior to the meeting if you plan to attend.
- The Holy Sacrifice of Mass has been cancelled for the month of May and will resume on *Wednesday, June 17 at 11:00 am* in *Asbury Hall*.

Cruise Interest Meeting

Have you been dreaming of sunshine and ocean views? Join us for an upcoming interest meeting to learn more about an exciting cruise opportunity on *Monday, June 1 in Asbury Hall at 2:30 pm!* During the meeting, we'll discuss possible destinations, travel dates, pricing, activities, and answer any questions you may have, as well as gather your feedback and suggestions. Whether you're a seasoned traveler or considering your first cruise, come explore the possibilities and start planning a fun and relaxing getaway with Activities. Please sign-up and we look forward to seeing you there!

Carol Scales Historical Tour

On *Friday, May 29* join on another Historical Tour adventure! This is a two-hour bus tour, *departing at 1:00 pm*, around Greenwood to explore sites and scenes of historical significance. Please be sure to sign up in the Commons Crossing to reserve your seat on the bus.

Donut Breakfast Social

Join activities on *Friday, June 5* to celebrate National Donut Day in the *Silver Leaf* from *7:00 am to 9:30 am*. Stop by to grab a yummy treat to start your day. Be sure to sign up in the commons crossing! See you there!



Brooklyn Capers
Wellness Coordinator

WELLNESS NEWS

Katie Winchester, CPT
Wellness Assistant

Wellness Tip of the Week

The month of May hosts Mental Health Awareness month! This is a time to recognize the importance of caring for our emotional and psychological well-being, just as we care for our physical health. Good mental health supports how we think, feel, handle daily life, and it can be strengthened through simple consistent habits. Staying connected with family, friends, and community helps reduce feelings of isolation and provides emotional support. Maintaining a regular routine, getting around 8 hours of sleep, eating balanced meals, and staying physically active can improve mood and reduce stress. It's equally important to take time for activities that bring joy and relaxation, such as hobbies, music, reading, or spending time outdoors. Practicing gratitude, limiting overwhelming stressors when possible, and being kind to ourselves can help build resilience. Talking openly about emotions and seeking support from trusted people or professionals is a healthy and important step when things feel difficult. Overall, small daily actions can play a powerful role in supporting long term mental wellness.



Class Recommendations

Sit and be Fit - This class is designed to improve cardiovascular endurance while keeping movement safe and accessible for everyone. Activities may include seated marching, arm movements, and simple transitions.

CyberCycle Update: As many may know, our Wesley cybercycle recombinant bike has been down for several weeks now. As of today, our Cybercycle has been restored and is available to use!

Memorial Day Class Cancellation Notice:

In observance of Memorial Day, all classes will be canceled on *Monday, May 25*. We honor and remember the men and women who have served our country and sacrificed for our country. We hope you enjoy the holiday with family and friends, and we look forward to seeing you back in class on the 26.



Brain Teaser

Last Weeks: I am a box that holds keys without locks, yet they can unlock your soul. What am I?
 • Answer: A Piano!

This Weeks: Until I am measured, I am not known. Yet you miss me when I have flown. What am I?
 • Answer: Time

Group Exercise Schedule May 1, 2026 - May 30, 2026

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:15 am		Water Aerobics		Water Aerobics	Water Aerobics
8:45 am	Fit & Flexible	Core & Balance	Fit & Flexible	Core & Balance	
9:30 am	Core & Balance	Tai Chi *Video Led	Core & Balance	Tai Chi *Video Led	Core & Balance
10:15 am	Wesley Weights	Mobility Moves & Water Walking	Wesley Weights: Resistance Bands	Mobility Moves & Water Walking	Wesley Weights
11:00 am	Line Dancing	Endurance & Agility		Endurance & Agility	Line Dancing
1:30 pm	Sit & Be Fit	Chair Yoga		Chair Yoga	Sit & Be Fit

Weekly Events Schedule

Monday, May 18

8:45a Fit & Flexible - Wellness Complex
 9:00a Pickleball - WC Courts
 9:30a Core & Balance - Wellness Complex
 10:00a Devotion with Chaplain Hinson - WCTV 99.1
 10:00a In Stitches - Hunt Room
 10:15a Wesley Weights - Wellness Complex
 11:00a Line Dancing - Wellness Complex
 12:45p Ukulele Beginners - Curry Crossing
 1:00p Chicago Bridge - Hunt Room
1:30p Euchre - Third Floor Treehouse
 1:30p Uniq'uleles Practice - Curry Crossing
 1:30p Sit & Be Fit - Wellness Complex
 2:00p Bingo - Silver Leaf
 2:30p Shuffleboard - Gameland
 4:00p Table Tennis - Curry Room
 6:00p Pinochle - Hunt Room

Tuesday, May 19

8:15a Water Aerobics - Wellness Complex
 8:45a Core & Balance - Wellness Complex
 9:30a Tai Chi - Wellness Complex
~~10:00a Resident Council - Asbury Hall~~
 10:00a Devotion with Chaplain Hinson - WCTV 99.1
 10:00a Pickleball - WC Courts
 10:15a Mobility Moves - Wellness Complex
 10:15a Water Walking - Wellness Complex
 11:00a Men's Study Group - Hunt Room
 11:00a Endurance & Agility - Wellness Complex
1:00p Page Turners - Peggy Binder Home
 1:00p Contract Bridge - Hunt Room
 1:30p Chair Yoga - Wellness Complex
2:00p Birdhouse Decorating Craft - Curry Room
~~2:30p Wesley Wonders Rehearsal - Asbury Hall~~
 6:00p Hand and Foot - Hunt Room

Wednesday, May 20

8:45a Fit & Flexible - Wellness Complex
 9:00a Pickleball - WC Courts
 9:00a Art Group - Hunt Room
 9:00a Food Lion Shopping Departure - Off Campus
 9:30a Core & Balance - Wellness Complex
 10:00a Devotion with Chaplain Hinson - WCTV 99.1
 10:15a Wesley Weights - Wellness Complex
 10:30a Publix and Aldi Shopping Departure - Off Campus
~~11:00a Mass & Confession - Asbury Hall~~
11:00a Bubble Drink Grab N Go Begins - Commons Crossing
 11:00a County Bank - Classroom
1:00p Bubble Drink Grab N Go Ends - Commons Crossing
 1:00p Weekly Documentary Series - Asbury Hall
 1:00p Walmart Shopping Departure - Off Campus
~~2:00p Tech Talk - Asbury Hall~~
 2:00p Mid-Week Prayer Meeting - Treehouse 3008
 4:00p Table Tennis - Curry Room
 6:00p Mexican Train Dominos - Hunt Room
 6:00p Pinochle - Hunt Room

Thursday, May 21

8:15a Water Aerobics - Wellness Complex
 8:45a Core & Balance - Wellness Complex
 9:30a Tai Chi - Wellness Complex
 10:00a Devotion with Chaplain Hinson - WCTV 99.1
 10:00a Pickleball - WC Courts
 10:15a Mobility Moves - Wellness Complex
 10:15a Water Walking - Wellness Complex
 10:20a Golfing Group - Off Campus
 10:30a Current Events - Hunt Room
 11:00a Endurance & Agility - Wellness Complex
 1:00p Afternoon Tunes w/ Uniq'uleles - Commons Crossing
 1:00p Contract Bridge - Hunt Room
 1:30p Chair Yoga - Wellness Complex
3:00p Thursdays at Three - Silver Leaf

Friday, May 22

8:15a Water Aerobics - Wellness Complex
 9:00a Pickleball - WC Courts
 9:30a Core & Balance - Wellness Complex
10:00a Antique Shopping Trip Departure - Off Campus
 10:15a Wesley Weights - Wellness Complex
 11:00a Line Dancing - Wellness Complex
 1:00p Mah Jongg - Hunt Room
 1:30p Sit & Be Fit - Wellness Complex
 4:00p Table Tennis - Curry Room

Saturday, May 23

10:00a Project Linus - Hunt Room
 10:00a Pickleball - WC Courts
 1:00p Pool - Curry Room
 2:00p Rock Pres. Group - Silver Leaf
 6:00p Hand & Foot - Hunt Room

Sunday, May 24

9:30a Sunday School, 1st Pres, Main St. UMC,
 & 1st Baptist Departure
 10:30a Main St. UMC & 1st Pres Departure and
 pickup from Sunday School
 12:00p Pickup 1st Pres and Main St. UMC, 1st Baptist
1:30p Duplicate Bridge - Hunt Room
2:00p Bunco - Silver Leaf
 2:00p Sunday Games - Silver Leaf
 4:30p Vespers Service - ~~Asbury Hall~~ **Pre-Recorded**



Joke of the Week:

What do you call a chicken staring at lettuce?
Chicken sees a salad.



A Heartfelt Note

"After months of planning and rehearsals, our "Broadway debut" last Tuesday is now behind us. But each of the participants will joyfully carry the feelings of accomplishment for a long time to come. From the newest ukulele player, to the most seasoned soloist, the kazooists and the featured vocalists, the one-gal rhythm section to the page turner, the piano accompanist to the choral director, it all came together so beautifully! And our talented and dedicated Activities staff created the slides; the concert programs and the professional "marquee" displayed amidst the balloon arches. Yes, "it takes a village"... but the outcome was truly one so many "villagers" were able to enjoy. Thank you to our appreciative and gracious audience, as well as to all those who made this Wesley Wonders collaboration a successful reality!"

~ Sue Wiener & Linda Wakefield

Memorial Day Flag Fly Volunteers

On *Thursday, May 21*, join Activities as we place hundreds of American flags all throughout campus in honor of Memorial Day. We will begin placing flags at *9 am, meeting outside of the lobby at the front entrance*. Water will be provided to volunteers upon request.

AFTER HOURS MAINTENANCE

If you have an emergency work order - one that must be taken care of right away - please call Ext. 7290. For all other Maintenance, Grounds, Pest Control, and housekeeping work orders, please call Ext. 7370.

EMERGENCY MEDICAL ASSISTANCE

If you are experiencing a medical emergency, call 911 first, and stay on the line to give the dispatcher your name, address, and the nature of your emergency. In the event of an emergency, pull the emergency pull cord located in the bathroom or Dial 0. If you have a pendant, you may also activate it for assistance.