



WESLEY WINDOW
YOUR WEEKLY NEWS

Greenwood, South Carolina

www.wesleycommons.org

June 1, 2026

WORSHIP SERVICE SUNDAY

Sunday, June 7, 2026

Vespers at 4:30 pm
Asbury Hall

Service Theme:

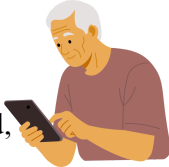
Luke 18

The Matter of the Heart



Introducing the Updated Uniguest Community App

We are excited to announce the official rollout of the updated Uniguest Community App, formerly known as Touchtown. Many residents have enjoyed using the lite version of the app for several years, and this upgraded platform will provide a more personalized, interactive, and connected community experience.



The new app is designed to help residents stay better informed and more engaged with life at Wesley Commons. From community announcements and event calendars to dining information and future activity signups, the app will serve as a convenient hub for staying connected to everything happening on campus. Even more importantly, each resident will now have a unique account, creating opportunities to share information about yourself, connect with neighbors, and strengthen our sense of community.

Wesley Commons is pleased to partner with the resident-led Tech Talk group to officially begin resident enrollment during their meeting on *June 4 at 2:00 pm in Asbury Hall*. We encourage all residents to attend and bring their smartphone, tablet, and/or laptop so IT staff can assist with setup and login.

Tech Talk organizers Kay Post and Lorah Perry will also provide an overview of the app and lead a brief virtual tour to help familiarize residents with its many features and capabilities.

Currently, the lite version of the app will continue to run alongside the upgraded version during a short transition period. However, the lite version will soon be phased out, so it is important to obtain your unique login credentials to ensure uninterrupted access to community information and services.

Residents who are unable to attend the *June 4* event, or those who plan to access the app primarily from a desktop computer at home, will need to schedule an individual appointment with IT staff for assistance with setup and login.

We look forward to helping residents take advantage of this exciting new tool as we continue building a more informed, engaged, and connected Wesley Commons community.

WEEKLY DOCUMENTARY SERIES

Join us in **Asbury Hall** every **Wednesday at 1:00 pm** as we learn about major historical events, nature, fascinating stories, and more!

Join Activities on *Wednesday, June 3* where we will be showing *Marty, Life is Short* on Netflix. Watch as Martin Short looks back on a life fueled by joy in this 1 hour and 45-minute documentary with classic clips, fresh interviews, exclusive home movies.

SPECIAL EVENTS

Monday

Greenwood Community Forum - 10 am
Cruise Interest Meeting - 2:30 pm

Wednesday

Documentary Series - 1 pm

Thursday

Saxophone Performance - 3:30 pm

Friday

Donut Breakfast Social - 7 to 9:30 am
Happy Cow Tour Departure - 10 am

INTERESTING FACT OF THE WEEK

Starfish can regrow lost arms and some species can even regenerate an entirely new body from a single arm. Yes, really! Starfish have one of the most impressive healing abilities in the ocean. This amazing regeneration helps them survive attacks from predators and recover from serious injuries.

State of the Greenwood Community Forum

All residents are invited to attend the State of Greenwood Community Forum on *Monday, June 1 at 10:00 am in Asbury Hall*. The forum will bring together City and County leadership for a conversation on several key issues currently shaping discussion across Greenwood. This will include Mayor Brandon Smith, City Councilwoman Niki Hutto, City Manager Julie Wilkie, Greenwood Police Chief T.J Chaudoin, County Manager Toby Chappell, and County Councilman Theo Lane. Each speaker will provide a brief update on assigned topics, followed by a Q&A session. Topics to be addressed include:

- **Crime & Justice:** Enhancing support for law enforcement and judicial reform.
- **Development:** Addressing concerns that rapid growth may lead to instability.
- **Lake Greenwood:** Clarifying rumors currently circulating at the County level.
- **Economic Outlook:** Shifting the local sentiment from "skeptical" to "hopeful."
- **Community Beautification:** Enforcing standards for businesses and signage (applying the "broken windows" theory).

All residents are encouraged to attend, hear updates directly from local leaders, and take part in the discussion as Greenwood continues to move forward as a stronger, safer community. Light morning refreshments will be provided.

ILRC President's Corner

"The IL EOY Hourly Staff Gifting Fund has officially reached \$3,000! Let's keep the momentum going as we work to surpass last year's incredible \$77K total by December. You don't have to wait until the end of the year to give!"

~ Bo Bowman, ILRC President

Greenwood Festival of Flowers 2026: Garden Tours

Wesley Commons is excited to once again serve as the presenting sponsor for Greenwood's Festival of Flowers. We are proud to support this event, as it aligns with our rich history of campus gardens and our talented resident gardeners. We are also thrilled to host one of the festival's advertised events here on campus, the Garden Tours! On *Saturday, June 6 from 8 am to 5 pm* visitors will tour public and privately maintained gardens around Greenwood in self-guided tours. These are free and open to the public. Wesley Commons will feature the beautiful *John & Elizabeth Holman Community Garden*. Feel free to stop by! For a full schedule of events and additional details, please visit the festival's official website at scfestivalofflowers.org.

Claire Brannock
Activity Coordinator

ACTIVITIES NEWS

Rayane Thomson
Activity Specialist

UPCOMING SPECIAL ACTIVITIES

- 1 City of Greenwood Community Forum - Asbury Hall - 10 am
- *1 Cruise Interest Meeting - Asbury Hall - 2:30 pm
- *4 Saxophone Performance - Asbury Hall - 3:30 pm
- *5 Donut Breakfast Social - Silver Leaf - 7 am to 9:30 am
- *5 Happy Cow Tour Departure - Off Campus - 10 am
- 6 Graden Tours - Holman Community Garden - 8 am
- *8 Wesley World Tour - Asbury Hall - 11 am
- *9 Tiny Trotters Therapy Horses - Front Entrance - 11 am
- *11 Soft Pretzel Social - Asbury Hall - 3 pm
- *12 Lunch at Santa Fe Departure - Off Campus - 12 pm
- *14 Festival Chorale Concert Departure - Off Campus - 2:45 pm
- *15 Activities Topiary Tour Departure - Off Campus - 1:00 pm

*An asterisk indicates that sign-ups are required.

We would like to remind you that sign-up sheets are located in the Commons Crossing. Please notify us if you plan to cancel for an event or cross your name off of the list. For any questions, call Ext. 227-7221.

Happy Cow Creamery Tour

Join Activities on *Friday, June 5* for a fun filled afternoon at Happy Cow Creamery. Enjoy an educational tour and a yummy picnic style lunch. The bus will be departing from WC at 10:00 am. An \$8 fee will be charged to your resident account to cover the cost of lunch and admission. Be sure to wear proper walking attire. Space is limited, sign up in the Commons Crossing today!



Saxophone Performance

On *Thursday, June 4* at 3:30 pm in Asbury Hall we will be having an exciting afternoon of live music featuring special guest saxophonist *Ray Jackson*. With more than 35 years of musical experience, Mr. Jackson brings incredible talent, energy, and versatility to every performance. His wide-ranging repertoire includes timeless classics from The Beatles, crowd favorites from Michael Jackson, smooth jazz standards and oldies. Known for his lively stage presence and engaging style, Mr. Jackson creates an entertaining atmosphere that will have everyone tapping their feet and reminiscing to familiar tunes. Please sign up for the event so that we may prepare accordingly. See you there!



Greenwood Festival Chorale Concert

The ever-popular Greenwood Festival Chorale will present their spring concert, on *Sunday, June 12* at 4:00 pm at *First Presbyterian Church in Greenwood*. You will have the opportunity to hear our very own Wesley Commons Residents as they take part in the "I Do Declare" theme of the event celebrating the 250 anniversary of the United States of America! Our performing residents are Barb Rotach, Nancy Weaver, Charlie Ham, Betsy MacDougal, Nancy Wohlfarth, Beverly Sautter, and Claire Palmer. The buses will depart from WC beginning at 2:45 pm. Tickets are \$20 each and will be charged to resident accounts. Tickets are going quick, so there is limited availability. Reserve your ticket through the Activities office so you don't miss out on the fun!

Notes From Around Campus

- **Dining Committee:** The group will not meet on *May 26* but will be meeting on *June 23* in the *Hunt Room* at 10 am. Please contact *Lorah Perry* for questions.
- **Pickleball Meeting Update:** Starting in June, the Pickleball players will meet every *Monday, Wednesday and Friday* at 8:00 am, as well as every *Tuesday, Thursday and Saturday* at 9:30 am at the pickleball courts. For questions, please contact *Barbara Rotach*.

St. Mark UMC

All are welcome to join in for a time of fellowship, devotional message, prayer, and Holy Communion led by St. Mark UMC Staff & Volunteers. Make plans to join them for some old-fashioned Vacation Bible School memories on *Thursday, June 4* in *Asbury Hall* at 10:30 am. Mark your calendar and be sure to invite a friend!

Tiny Trotters Therapy Horses

Join Activities on *Tuesday, June 9* at 11 am at the *Front Entrance* for an unforgettable visit from the Tiny Trotters! Come meet two of these adorable, qualified, miniature therapy horses as they bring joy, comfort, and meaningful connection to people of all ages. Learn all about these amazing animals and the time and effort behind their training, care, and unique abilities. Discover how therapy horses are prepared for visits, the skills they use to interact with people, and the important role they play in emotional wellness and engagement. These gentle minis have a special way of brightening every room they enter! The Tiny Trotters are also proud members of the "Just Say Whoa to Bullying Program," an inspiring initiative that teaches children how to recognize, respect, and celebrate differences in one another, all with the help of these incredible little horses. Don't foal around, be sure to sign up in the Commons Crossing. See you there!

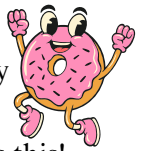


Lunch Outing to Santa Fe Mexican Restaurant

Join Activities for a lunch outing to Santa Fe Mexican Restaurant on *Friday, June 12*. The bus will depart from Wesley Commons at 12:00 pm. Be sure to come hungry and ready to enjoy great food and even better company. Please sign up in the Commons Crossing, across from the mail room. You won't want to skip this delicious adventure!

Donut Breakfast Social

Join Activities on *Friday, June 5* to celebrate National Donut Day in the *Silver Leaf* from 7:00 am to 9:30 am. Stop by to grab a yummy treat and coffee to start your day. Be sure to sign up in the Commons Crossing. We can't wait to see you there, you'd be glaze-y to miss this!



Soft Pretzel Social

Join Activities for a dough-lightful afternoon at our Soft Pretzel Social on *Thursday, June 11* at 3 pm, in *Asbury Hall*. Grab a pretzel, grab a drink, and grab your friends for a fun social hour! The pretzels will be freshly provided by the *Rolling Dough*, with each pretzel handmade with care for your enjoyment. Don't get it twisted, you will knot want to miss this event, so sign-up today! *Limit one pretzel per resident*.



Activities Topiary Tour

Join Activities on *Monday, June 15*, for a Topiary Tour around Greenwood! The beautiful works of art created for the Festival of Flowers are displayed throughout town, bringing the perfect springtime charm to the Greenwood community. This is a wonderful opportunity to enjoy a relaxing afternoon while seeing the community's hard work, creativity, and dedication come together in a unique way. The bus will depart from WC at 1:00 pm. Spots are limited, so be sure to sign up at Commons Crossing, to reserve your seat and join us for this special outing. We can't wait to see you there!



Claire Brannock
Activity Coordinator

ACTIVITIES NEWS

Rayane Thomson
Activity Specialist

Wesley World Tour: Brazil

Pack your curiosity and your sense of adventure because the Wesley World Tour is taking off again right here at Wesley Commons! Each month, we “travel” to a new country and explore its culture, traditions, history, and everyday life—all without leaving our community. Every session includes a themed snack tasting, a hands-on keepsake, and fun cultural discoveries along the way. Each participant receives a Wesley World Tour Passport and collects a stamp from every country we visit. By the end of the year, your passport will be filled with memories from around the globe! Our next stop: Brazil! Takeoff is *Monday, June 8 in Asbury Hall at 11:00 am*. Brazil is the largest country in South America and is famous for its colorful festivals, lively music, beautiful beaches, rainforests, and welcoming spirit. From the Amazon Rainforest to the city of Rio de Janeiro, Brazil is full of energy, culture, and traditions that are celebrated around the world. During our visit, we’ll explore Brazil’s traditions, daily life, music, food, and celebrations. Participants will also enjoy a traditional Brazilian-style snack. Where will we go next? You’ll have to join us and see when we spin the travel wheel at the end of our session! No packing, airports, or plane tickets required. Don’t forget to sign up in the commons Crossing. We can’t wait to travel with you!



Scam Awareness Information

Technology makes it easier than ever to stay connected, but it also creates more opportunities for scams. Protect yourself by being cautious with personal information, finances, and online activity.

Important reminders:

- *Never give personal or banking information to someone who contacts you unexpectedly.*
- *Do **not** respond to emails or texts asking for passwords or private information.*
- *Never allow someone remote access to your computer or devices unless you contacted a trusted support person directly.*

Warning signs of a scam:

- Unexpected calls from banks, government agencies, or companies.
- Pressure to act immediately.
- Requests for money, gift cards, or banking information.
- Requests for passwords or access to your devices.

If something feels suspicious, stop and verify the information by contacting the organization directly using a trusted phone number. Talk with a family member, friend, or advisor before making decisions involving money or personal information. **Remember, if something seems too good to be true or makes you uncomfortable, pause, verify, and ask for help before taking action.**

If you have any questions, please contact IT at 227-7305 or Finance at Ext. 7173.

Brooklyn Capers
Wellness Coordinator

WELLNESS NEWS

Katie Winchester, CPT
Wellness Assistant

Wellness Tip of the Week

Lower back and hip pain are common as we age for a multitude of reasons including age-related spinal degeneration, different types of arthritis, osteoporosis, muscle strain, and other lifestyle factors. Another reason, often overlooked and sometimes hard to diagnose, is due to sacroiliac (SI) joint dysfunction. The SI joints are the joints connecting your pelvis to your sacrum. These joints are for stability, not large movement like your knees, hips, and shoulders. The SI joints are held together by strong ligaments and act as shock absorbers, transferring movement from the upper body to the lower body; therefore, movement in these joints is extremely small. There are two types of dysfunctions that can take place. When the movement is too little, the joint becomes stiff, immobile, and can cause limited mobility. On the other hand, if the joint is too loose and moves too much, you end up with pelvic instability and irritation to the ligaments and nerves surrounding the joints. Both of these situations can cause pain and irritation such as pain in the lower back, buttocks, or hip; pain that may extend into the groin or thigh; pain when sitting, standing, or changing positions; discomfort climbing stairs or standing on one leg; as well as a feeling of pelvic instability.



Class Recommendations

Water Walking- Features a low impact/intensity aerobic training class with safe low impact movements to encourage better balance, agility, and aerobic capacity. This class is joint and arthritis friendly!

Sit and Be Fit - This class is designed to improve cardiovascular endurance while keeping movement safe and accessible for everyone. Activities may include seated marching, arm movements, and simple transitions.

BRAIN TEASER ANSWER 5/25:

...Because an apple a day keeps the doctor away!



✧ ✧ ✧ **BRAIN TEASER** ✧ ✧ ✧

A farmer has 17 sheep. All but 9 run away....

How many are left?



Weekly Events Schedule

Monday, June 1

- 8:45a Fit & Flexible - Wellness Complex
 9:00a Pickleball - WC Courts
 9:30a Core & Balance - Wellness Complex
10:00a City of Greenwood Community Forum - Asbury Hall
 10:00a Devotion with Chaplain Hinson - WCTV 99.1
 10:00a In Stitches - Hunt Room
 10:15a Wesley Weights - Wellness Complex
 11:00a Line Dancing - Wellness Complex
 12:45p Ukulele Beginners - Curry Crossing
 1:00p Chicago Bridge - Hunt Room
1:30p Euchre - Third Floor Treehouse
 1:30p Uniq'uleles Practice - Curry Crossing
 1:30p Sit & Be Fit - Wellness Complex
 2:00p Bingo - Silver Leaf
2:30p Cruise Interest Meeting - Asbury Hall
 2:30p Shuffleboard - Gameland
3:00p Catholic Holy Communion - Curry Room
 4:00p Table Tennis - Curry Room
 6:00p Pinochle - Hunt Room

Tuesday, June 2

- 8:15a Water Aerobics - Wellness Complex
 8:45a Core & Balance - Wellness Complex
9:30a Resident Services Shopping - Off Campus
 9:30a Tai Chi - Wellness Complex
10:00a Susannah Wesley Circle - Asbury Hall
 10:00a Devotion with Chaplain Hinson - WCTV 99.1
 10:00a Pickleball - WC Courts
 10:15a Mobility Moves - Wellness Complex
 10:15a Water Walking - Wellness Complex
10:30a First Pres Women's Circle - Silver Leaf
 11:00a Men's Study Group - Hunt Room
 11:00a Endurance & Agility - Wellness Complex
 1:00p Contract Bridge - Hunt Room
 1:30p Chair Yoga - Wellness Complex
~~2:30p Wesley Wonders Rehearsal - Asbury Hall~~
 6:00p Hand and Foot - Hunt Room

Wednesday, June 3

- 8:45a Fit & Flexible - Wellness Complex
 9:00a Pickleball - WC Courts
 9:00a Art Group - Hunt Room
 9:00a Food Lion Shopping Departure - Off Campus
 9:30a Core & Balance - Wellness Complex
 10:00a Devotion with Chaplain Hinson - WCTV 99.1
 10:15a Wesley Weights - Wellness Complex
 10:30a Publix and Aldi Shopping Departure - Off Campus
 11:00a County Bank - Classroom
 1:00p Weekly Documentary Series - Asbury Hall
 1:00p Walmart Shopping Departure - Off Campus
 2:00p Mid-Week Prayer Meeting - Treehouse 3008
 4:00p Table Tennis - Curry Room
 6:00p Mexican Train Dominos - Hunt Room
 6:00p Pinochle - Hunt Room

Thursday, June 4

- 8:15a Water Aerobics - Wellness Complex
 8:45a Core & Balance - Wellness Complex
 9:30a Tai Chi - Wellness Complex
 10:00a Devotion with Chaplain Hinson - WCTV 99.1
 10:00a Pickleball - WC Courts
 10:15a Mobility Moves - Wellness Complex
 10:15a Water Walking - Wellness Complex
 10:20a Golfing Group - Off Campus
10:30a St. Mark Fellowship Service - Asbury Hall
 10:30a Current Events - Hunt Room
 11:00a Endurance & Agility - Wellness Complex
 1:00p Afternoon Tunes w/ Uniq'uleles - Commons Crossing
 1:00p Contract Bridge - Hunt Room
1:30p Dementia Caregiver Support - Classroom

Thursday, June 4 (Cont.)

- 1:30p Chair Yoga - Wellness Complex
2:00p Tech Talk - Asbury Hall
3:30p Saxophone Performance - Asbury Hall

Friday, June 5

- 7:00a Donut Breakfast Social Begins - Silver Leaf**
 8:15a Water Aerobics - Wellness Complex
 9:00a Pickleball - WC Courts
9:30a Donut Breakfast Social Ends - Silver Leaf
 9:30a Core & Balance - Wellness Complex
10:00a Happy Cow Tour Departure - Off Campus
 10:15a Wesley Weights - Wellness Complex
 11:00a Line Dancing - Wellness Complex
 1:00p Mah Jongg - Hunt Room
 1:30p Sit & Be Fit - Wellness Complex
 4:00p Table Tennis - Curry Room

Saturday, June 6

- 8:00a Garden Tours - Holman Community Garden**
10:00a Project Linus - Hunt Room
 10:00a Pickleball - WC Courts
 1:00p Pool - Curry Room
 2:00p Rock Pres. Group - Silver Leaf
 6:00p Hand & Foot - Hunt Room

Sunday, June 7

- 9:30a Sunday School, 1st Pres, Main St. UMC, & 1st Baptist Departure
 10:30a Main St. UMC & 1st Pres Departure and pickup from Sunday School
 12:00p Pickup 1st Pres and Main St. UMC, 1st Baptist
 2:00p Sunday Games - Silver Leaf
 4:30p Vespers Service - Asbury Hall



Joke of the Week:
Why are fish so smart?
Because they live in schools.



A Heartfelt Thank You Note

"To the Wesley Commons residents, Is this not the best place to be in times of grief? I have been showered with everything from cards, muffins, and hugs. Dick has been remembered with donations to the Wesley Commons Foundation. This is truly my family, and I am so grateful to be here during this time. My thanks and appreciation go out to all of you."

~ Betsy MacDougal

AFTER HOURS MAINTENANCE

If you have an emergency work order - one that must be taken care of right away - please call Ext. 7290. For all other Maintenance, Grounds, Pest Control, and housekeeping work orders, please call Ext. 7370.

EMERGENCY MEDICAL ASSISTANCE

If you are experiencing a medical emergency, call 911 first, and stay on the line to give the dispatcher your name, address, and the nature of your emergency. In the event of an emergency, pull the emergency pull cord located in the bathroom or Dial 0. If you have a pendant, you may also activate it for assistance.

Additional June Birthday

After publishing the June Birthday list, we found that we have more to celebrate than originally shared! Join us in wishing the following resident a very "Happy Birthday."



Linda Deschene - June 12

