

Greenwood, South Carolina

www.wesleycommons.org

June 29, 2026

WORSHIP SERVICE SUNDAY

Sunday, July 5, 2026

Vespers at 4:30 pm
Asbury Hall

Service Theme:

Unforgiveness
Matthew 18:21-35



Culinary Cookie Contest

Calling all Bakers! Do you have a cookie recipe that always disappears first at gatherings? Or a dessert bar so delicious that everyone asks for the recipe? Now's your chance to show off your baking skills! A Cookie & Dessert Bar Contest will be held on *June 30, at 2:00 pm in the Silver Leaf Dining Room*. The contest is open to all residents. Participants should bring two dozen cookies or dessert bars for the judges and spectators to enjoy. Entries should be turned in between *1:00 pm and 1:30 pm* on the day of the contest. A panel of four judges will score each entry based on taste, appearance, and overall appeal. Taste and overall impression are worth up to 10 points each, while appearance is worth up to 5 points. With four judges, a perfect score is 100 points. Prizes will be awarded for first, second, and third place. Prize details will be announced at a later date. Whether you have a favorite family recipe or simply enjoy baking, we hope you'll join the fun. Bring your best batch and see if your sweet treat takes home the prize. Sign up in the binder in Commons Crossing to be a participant!



WEEKLY DOCUMENTARY SERIES

Join us in **Asbury Hall every Wednesday at 1:00 pm** as we learn about major historical events, nature, fascinating stories, and more!

Join Activities on *Wednesday, July 1*, where we will be showing episode three of the four-part series *Queen Cleopatra* on Netflix. Explore the life and legacy of Egypt's last active pharaoh through this captivating documentary-drama featuring expert insights and dramatic reenactments. We look forward to seeing you there!

US Semiquincentennial Community Games

Join us as we celebrate 250 years of American independence at the Wesley Commons Community Games on *July 3 at 3:00 pm in Asbury Hall!* Come enjoy an afternoon of food, drinks, games, fun, and door prizes. Test your skills with cornhole, ladder golf, giant Jenga, and more while spending time with friends and neighbors. Enjoy a slice of apple pie, a patriotic drink, and a variety of light refreshments and snacks as we celebrate this historic milestone together. It's sure to be a star-spangled good time, so don't miss your chance and sign-up to make some red, white, and blue memories!



SPECIAL EVENTS

Monday

Trivia: *American History* - 1 pm

Tuesday

Augusta Shopping Departure - 10 am

Wednesday

Documentary Series - 1 pm

Friday

Semiquincentennial Games - 3 pm

Shark Week: July 6 - July 10

Join Activities as we celebrate the most jaw-some time of the year, Shark Week! Dive into a week of ocean-inspired fun, exciting events, and shark-tastic surprises.



- **July 6-10, 1 pm: Shark Week Showing** – Join us for a special edition of our Documentary Series for Shark Week! We will be featuring the Netflix documentary series *All the Sharks*, showing one 45-minute episode each day at *1:00 pm in Asbury Hall*. Shark-themed refreshments will be served on the *June 6* showing to kick off shark week and make the experience even more fantastic. Don't miss the fun!
- **July 7: Shark Attack Grab N Go** - Stop by for a special, non-alcoholic, shark themed drink called a *Shark Attack*, in Commons Crossing between 11 am and 1 pm. A sugar-free option will be available!
- **July 9: Shark Week Craft** - Celebrate Shark Week with a creative and unique craft! Participants will create their own shark-themed canvas artwork by arranging and attaching real shark teeth to form a shark design. Join us in the *Curry Room at 10 am* to create your one-of-a-kind keepsake! No artistic experience is needed, just come ready to have a jaw-some time and show off your shark-inspired creation! Be sure to sign-up in the Commons Crossing so you don't miss out!

INTERESTING FACT OF THE WEEK

South Carolina is the real "Peach State."

Yes, really! Although Georgia is famously known as "The Peach State," South Carolina actually produces more peaches than any other state east of the Mississippi River!

Augusta Shopping Trip

ILRC President's Corner

"WC Health Services are able to do Med Management, Companion Care, Pet Care, and assistance around the house. Anything to help get our residents back up and on their feet again. Call Tammy at ext. 7366."

~ Bo Bowman, ILRC President

Join us for a fun shopping trip to Augusta, Georgia on *June 30!* We will depart from *Wesley Commons at 10:00 am* to enjoy a day of shopping and lunch at some great destinations. We will start the day at Hamrick's arriving at about *11 am*, then from there head to the Augusta Mall for some lunch and shopping! Shopping options include Chico's, J.Jill, Loft, Michael Kors, Palmetto Moon, Barnes and Noble, White Barn Candle Co, JCPenny, and lots more! Spend the day browsing a variety of stores, finding great deals, and enjoying a relaxing lunch with friends. Sign up in the Commons Crossing so you don't miss this enjoyable day out filled with shopping, social time, and fun in Augusta!

Claire Brannock
Activity Coordinator

ACTIVITIES NEWS

Rayane Thomson
Activity Specialist

UPCOMING SPECIAL ACTIVITIES

- 29 Fourth of July Flag Fly - Front Entrance - 9 am
*29 Trivia: 250 Years of American History - Asbury Hall - 1 pm
*30 Augusta Shopping Departure - Off Campus - 10 am

Upcoming July Activities

- 1 Weekly Documentary Series - Asbury Hall - 1 pm
*3 US Semi-centennial Games - Asbury Hall - 3 pm
*6 Shark Week Documentary Kickoff - Asbury Hall - 1 pm
7 Shark Attack Drink Grab-N-Go - Commons Crossing - 11 am
*9 Shark Week Craft - Curry Room - 10 am
*13 Wesley World Tour - Asbury Hall - 11 am
*14 Tote Bag Decorating - Asbury Hall - 2 pm
*16 Thursdays at Three with ShBoom - Asbury Hall - 3 pm
*20 Lunch at La Patrona Departure - Off Campus - 12 pm
*23 Shoreline Singers Performance - Asbury Hall - 2:30 pm
*24 Tequila Tasting Event - Asbury Hall - 3:00 pm

*An asterisk indicates that sign-ups are required.

We would like to remind you that sign-up sheets are located in the Commons Crossing. Please notify us if you plan to cancel for an event or cross your name off of the list. For any questions, call Ext. 227-7221.

Shoreline Singers Performance

Enjoy an afternoon of music and community with the Shoreline Singers on *July 23 at 2:30 pm in Asbury Hall*. This talented ensemble, made up of members from the Savannah River Singers is excited to share their love of music with Wesley Commons. Their passion for singing and performing creates a warm and welcoming experience you won't want to miss. Gather your friends and sign up in the Commons Crossing to join us for a memorable afternoon of delightful music. Don't forget to sign-up!

Tote Bag Decorating

Join Activities on *July 14 at 2:00 pm in Asbury Hall* to design and decorate your very own tote bag. This craft is a great opportunity to create something both practical and personal. You will get to choose from a variety of colors, patterns, and decorative elements to make a tote bag that reflects your unique style and personality. No previous crafting experience is necessary, and all supplies will be provided. Once completed, your custom tote bag can be used for shopping trips, carrying books, storing craft supplies, or everyday errands. It's a fun way to explore your creativity while making a useful item, you'll enjoy using long after the activity is over. Please sign up in Commons Crossing so you don't miss out!



Campus Meeting Updates

- **ILRC:** As a reminder, the IL Resident Council will **not** be meeting in July.
- **Wood Workers:** Please be advised that the Wood Workers will **not** be meeting in July and August but will resume meetings on the first Tuesday of every month, resuming in September.
- **St. Mark UMC Service:** As we prepare to celebrate the USA's 250 birthday, we take time to be thankful for our freedoms, including the right to assemble and worship as we wish. All are invited to join St. Mark UMC staff & members in a time of fellowship, prayer, and uplifting message, at the service of Holy Communion right here on the Wesley Commons Campus. We hope to see you on *July 3 at 10:30 am in Asbury Hall*.

Trivia: 250 Years of American History

When was the Declaration of Independence signed? Who was the first US President? If you know the answers to these questions then you should come on down to Asbury Hall on *June 29 at 1:00 pm* for *Trivia: 250 Years of American History!* Sign up in the Commons Crossing, across from the mail room to save your seat. Sign-up in teams of up to four and come ready with your nation's knowledge to win a prize! ***This trivia we will be through Kahoot, so please bring at least one smart phone or tablet per group.***



Wesley World Tour: Moldova

Pack your curiosity and your sense of adventure because the Wesley World Tour is taking off again right here at Wesley Commons! Each month, we "travel" to a new country and explore its culture, traditions, history, and everyday life—all without leaving our community. Every session includes a themed snack tasting, a hands-on keepsake, and fun cultural discoveries along the way. Each participant receives a Wesley World Tour Passport and collects a stamp from every country we visit. By the end of the year, your passport will be filled with memories from around the globe! ***Our next stop: Moldova!*** Takeoff is *July 13 in Asbury Hall at 11:00 am*. Moldova is a small but fascinating country in Eastern Europe known for its rich folk traditions and long history of winemaking. Nestled between Romania and Ukraine, Moldova is home to many different communities. During our visit, we'll discover Moldova's customs and daily life as we learn about the country's most famous landmarks, explore its history, and sample a traditional Moldovan-inspired snack. Where will we go next? You'll have to join us and see when we spin the travel wheel at the end of our session! No packing, airports, or plane tickets required. We can't wait to travel with you!



Beach Bum Cheesecake Cup Grab-N-Go

On *July 27, stop by the Commons Crossing between 12 pm and 2 pm* for a yummy cheesecake treat. This fun and refreshing dessert features creamy cheesecake served in a cute beach cup, making it the perfect sweet treat to enjoy on the go during your summer day. Guests can customize their buckets with a variety of toppings, including fruity, sweet, and crunchy options, allowing everyone to create a cheesecake just the way they like it.



Thursday at Three with ShBoom

Get ready for an afternoon of classic tunes on *July 16 at 3:00 pm in Asbury Hall*. See the ShBoom group sing a capella at their lively performance featuring some of your favorite hits that are sure to bring back wonderful memories. Bring your friends, sing along, and enjoy an entertaining hour packed with nostalgia and fun! Be sure to sign up in the Commons Crossing, we look forward to seeing you there!

Fourth of July Flag Fly Volunteers

On *June 29*, join Activities as we place hundreds of American flags all throughout campus in celebration of the Fourth of July. We will begin placing flags at *9 am*, meeting outside of the lobby at the front entrance. Water will be provided to volunteers upon request.

Claire Brannock
Activity Coordinator

ACTIVITIES NEWS

Rayane Thomson
Activity Specialist

Tequila Tasting Event

Mark your calendars for an unforgettable Tequila Tasting Experience, where tradition, craftsmanship, and exceptional flavor come together in every sip on *July 24 at 3:00 pm in Asbury Hall*. Appropriately, this special event will be held on National Tequila Day, making it the perfect occasion to raise a glass and celebrate one of the world's most beloved spirits. Whether you're a longtime tequila enthusiast or simply curious to explore one of the world's most celebrated spirits, this event offers a unique opportunity to discover the rich heritage behind premium tequila. This event will be hosted by Matt Koone from the Wesley Commons Marketing Department. Matt brings extensive knowledge and enthusiasm in the same format at the iconic Bourbon Tasting held last year by Matt as well. He has even previously hosted similar tasting events at the Greenwood Museum. His engaging presentation style and passion for sharing the stories behind the spirits make this an event you won't want to miss. Whether you're looking to expand your palate, learn something new, or simply enjoy a memorable evening with friends and neighbors, this tequila tasting promises an enjoyable journey. Join us for a fun and relaxed experience celebrating one of the world's most iconic spirits. Sign-ups are limited.



Pipe Cleaner Flower Craft

Get ready to add a little color and creativity to your day! Join Activities on *July 21 at 10:00 am in the Curry Room* for a fun craft session where we'll create beautiful flower bouquets using colorful pipe cleaners. This enjoyable project is perfect for all skill levels and allows participants to design unique blooms that never wilt. Using a variety of colors and simple twisting techniques, we'll transform ordinary pipe cleaners into flowers. Once completed, the flowers can be arranged into a lovely bouquet to display in your home, give as a gift, or brighten someone's day. All supplies will be provided so sign up in the Commons Crossing. Don't miss this blooming good time!



Lunch Outing to La Patrona

Looking for a delicious lunch outing? Join us on *July 20*, for a tasty meal at La Patrona! *The bus will depart from the Wesley Commons front lobby at 12:00 pm*. Be sure to sign up at Commons Crossing to reserve your seat. We look forward to seeing you there for great food and event better company!

Brooklyn Capers
Wellness Coordinator

WELLNESS NEWS

Katie Winchester, CPT
Wellness Assistant

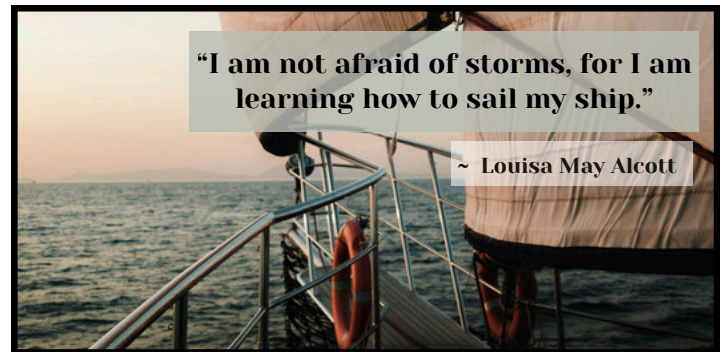
Wellness Tip of the Week

As we get older, taking steps to prevent falls becomes increasingly important for maintaining our health, confidence, and independence. A fall can happen to anyone, but there are many ways to stay safe. Staying active through activities like walking, gentle stretching, or balance exercises can help keep muscle strong and improve stability. It is also a good idea to have regular vision and hearing checkups, since changes in either can affect balance and make it more difficult to spot potential hazards. At home, remove clutter from walkways, secure or remove loose rugs, keep electrical cords out of walking paths, and ensure walk ways have efficient lighting for passing through. Taking time when getting out of bed or standing up from a chair can help prevent lightheadness and loss of balance. Wearing comfortable shoes with non-slip soles can provide better footing and help prevent slips. Try to avoid walking with soft socks throughout the house. If your doctor recommends a cane or walker, using it consistently can provide added confidence and stability. By making a few thoughtful adjustments and staying aware of your surroundings, you can reduce your risk of falls and continue enjoying the activities you love with independence in mind.

BRAIN TEASER ANSWER 6/22:

A man rides into town on Friday, stays three days, and leaves on Friday. How?

Answer: Friday is his horse!!



"I am not afraid of storms, for I am learning how to sail my ship."

~ Louisa May Alcott

Class Request

To help create a comfortable and productive exercise environment please be mindful of the following:

- Please be courteous of others by avoiding excessive use of body sprays, perfumes, or cologne when coming to exercise classes. Strong fragrances can be distracting and cause discomfort for others.
- Please wait outside the classroom until the instructor opens the door and the room is ready. Entering right after a class can make it difficult reset the room and arrange the chairs properly so the space is safe for the next class.

We appreciate your help in keeping our classes welcoming, organized, and enjoyable for everyone!

Class Recommendations

Mobility Moves - A stretching and mobility class, focusing on improving flexibility, range of motion, and functional movements while seated or sometimes standing.

Sit and Be Fit - This class is designed to improve cardiovascular endurance while keeping movement safe and accessible for everyone. Activities may include seated marching, arm movements, and simple transitions.



BRAIN TEASER

What thrives when you feed it, but dies when you water it?



Weekly Events Schedule

Monday, June 29

8:00a Pickleball - WC Courts
 8:45a Fit & Flexible - Wellness Complex
9:00a Fourth of July Flag Fly - Front Entrance
 9:30a Core & Balance - Wellness Complex
 10:00a Devotion with Chaplain Hinson - WCTV 99.1
 10:00a In Stitches - Hunt Room
 10:15a Wesley Weights - Wellness Complex
 11:00a Line Dancing - Wellness Complex
 12:45p Ukulele Beginners - Curry Crossing
1:00p Trivia: 250 Years of American History - Asbury Hall
 1:00p Chicago Bridge - Hunt Room
 1:30p Uniq'uleles Practice - Curry Crossing
 1:30p Sit & Be Fit - Wellness Complex
 2:00p Bingo - Silver Leaf
 2:30p Shuffleboard - Gameland
 4:00p Table Tennis - Curry Room
 6:00p Pinochle - Hunt Room

Tuesday, June 30

8:15a Water Aerobics - Wellness Complex
 8:45a Core & Balance - Wellness Complex
 9:30a Tai Chi - Wellness Complex
 9:30a Pickleball - WC Courts
 10:00a Devotion with Chaplain Hinson - WCTV 99.1
10:00a Augusta Shopping Departure - Off Campus
 10:15a Mobility Moves - Wellness Complex
 10:15a Water Walking - Wellness Complex
 11:00a Men's Study Group - Hunt Room
 11:00a Endurance & Agility - Wellness Complex
 1:00p Contract Bridge - Hunt Room
 1:30p Chair Yoga - Wellness Complex
 6:00p Hand and Foot - Hunt Room

Wednesday, July 1

8:00a Pickleball - WC Courts
 8:45a Fit & Flexible - Wellness Complex
 9:00a Art Group - Hunt Room
 9:00a Food Lion Shopping Departure - Off Campus
 9:30a Core & Balance - Wellness Complex
 10:00a Devotion with Chaplain Hinson - WCTV 99.1
 10:15a Wesley Weights - Wellness Complex
 10:30a Publix and Aldi Shopping Departure - Off Campus
 11:00a County Bank - Classroom
 1:00p Weekly Documentary Series - Asbury Hall
 1:00p Walmart Shopping Departure - Off Campus
 2:00p Mid-Week Prayer Meeting - Treehouse 3008
 4:00p Table Tennis - Curry Room
 6:00p Mexican Train Dominos - Hunt Room
 6:00p Pinochle - Hunt Room

Thursday, July 2

8:15a Water Aerobics - Wellness Complex
 8:45a Core & Balance - Wellness Complex
 9:30a Tai Chi - Wellness Complex
 9:30a Pickleball - WC Courts
 10:00a Devotion with Chaplain Hinson - WCTV 99.1
 10:15a Mobility Moves - Wellness Complex
 10:15a Water Walking - Wellness Complex
 10:20a Golfing Group - Off Campus
10:30a St. Mark Fellowship Service - Asbury Hall
 10:30a Current Events - Hunt Room
 11:00a Endurance & Agility - Wellness Complex
 1:00p Afternoon Tunes w/ Uniq'uleles - Commons Crossing
 1:00p Contract Bridge - Hunt Room
1:30p Dementia Caregiver Support - Classroom
 1:30p Chair Yoga - Wellness Complex
2:00p Tech Talk - Asbury Hall

Friday, July 3

8:00a Pickleball - WC Courts
 8:15a Water Aerobics - Wellness Complex
 9:30a Core & Balance - Wellness Complex
 10:15a Wesley Weights - Wellness Complex
 11:00a Line Dancing - Wellness Complex
 1:00p Mah Jongg - Hunt Room
 1:30p Sit & Be Fit - Wellness Complex
3:00p US Semiquincentennial Games - Asbury Hall
 4:00p Table Tennis - Curry Room

Saturday, July 4 - Independence Day

9:30a Pickleball - WC Courts
10:00a Project Linus - Hunt Room
 1:00p Pool - Curry Room
 6:00p Hand & Foot - Hunt Room

Sunday, July 5

9:30a Sunday School, 1st Pres, Main St. UMC,
 & 1st Baptist Departure
 10:30a Main St. UMC & 1st Pres Departure and
 pickup from Sunday School
 12:00p Pickup 1st Pres and Main St. UMC, 1st Baptist
 2:00p Sunday Games - Silver Leaf
 4:30p Vespers Service - Asbury Hall



Joke of the Week:

Why did the peach get promoted?
It was the pick of the bunch!



AFTER HOURS MAINTENANCE

If you have an emergency work order - one that must be taken care of right away - please call Ext. 7290. For all other Maintenance, Grounds, Pest Control, and housekeeping work orders, please call Ext. 7370.

EMERGENCY MEDICAL ASSISTANCE

If you are experiencing a medical emergency, call 911 first, and stay on the line to give the dispatcher your name, address, and the nature of your emergency. In the event of an emergency, pull the emergency pull cord located in the bathroom or Dial 0. If you have a pendant, you may also activate it for assistance.