

WESLEY COMMONS
CULINARY
MENUS & UPDATES



WE OFFER BLUE
PLATE SPECIALS
Lunch 11:30-1:30 pm
Dinner 4:30-6:30 pm

OCTOBER 5-11

MENU

A LA CARTE
Entree/L.S. \$3.00
Veg/Starch \$1.00
Baked/Sw. Pot \$1.00



LUNCH

Monday

Shepherd's pie, *braised red cabbage, *lima beans
L.S. (4) *grilled chicken tenders*

Tuesday

Chicken enchilada, *Spanish rice, *ranchero pinto beans

L.S. *Salmon*

Wednesday

Meatloaf w/ mushroom gravy, mashed potatoes & gravy, *green beans

L.S. (6) *steamed shrimp*

Thursday

Cube steak & brown gravy, *roasted potatoes, *steamed vegetables

L.S. *Grouper*

Friday

Grouper w/ shrimp cream sauce, gouda cheese grits, *peas & carrots

L.S. *Pork ribeye*

Saturday

*Krab salad w/ lettuce & tomato slices, warm potato salad, *dill cucumber salad

L.S. *Salmon*

Sunday

Fried chicken (white or dark meat) or ham & cheese crepes w/ mornay sauce, *baked potato bar, broccoli casserole

L.S. *Grouper*

Omelets: \$2.50 plus toppings, Pancake platter
\$4.50 (Sundays, 11:30-1:30)

****Low sodium may be substituted for daily protein****

Daily Soups

\$1.75/\$3.00/\$6.00

Monday -Beef & barley, Cheesy cauliflower

Tuesday -*Cabbage & sausage, Potato leek

Wednesday -*Vegetable, Split pea

Thursday -Chicken noodle (GF pasta available), Red pepper & gouda

Friday -Brunswick stew, Yukon potato & cheese

Saturday -*Chili, Lobster bisque

Sunday -Minestrone, Clam chowder

DINNER

Monday

Fried catfish, macaroni & cheese, corn fritters
L.S. (4) *grilled chicken tenders*

Tuesday

*Ham steak, *maple roasted sweet potatoes, *spiced apples

L.S. *Salmon*

Wednesday

Coconut shrimp, macaroni salad, *plantains

L.S. (6) *steamed shrimp*

Thursday

Teriyaki chicken & broccoli over rice, vegetable egg roll, *bok choy

L.S. *Grouper*

Friday

Baked ziti, *roasted asparagus, *steamed carrots, garlic toast (.50)

L.S. *Pork ribeye*

Saturday

Chicken marsala, *wild rice, *stewed tomatoes

L.S. *Salmon*

Sunday

Potato crusted cod, au gratin potatoes, *sauteed green beans

L.S. *Grouper*

Pancakes available Sunday dinner (4:30-6:30)

Featured Desserts

German chocolate cake \$2.50

Pecan pie w/ whipped cream \$2.50

Apple caramel blossom \$2.50

Ice cream scoop \$1.00 *Peach, Moose tracks, Butter pecan, Vanilla, Sea salt caramel truffle*

Some items served in this establishment contain foreign imported shrimp. Ask for more information.

*** denotes gluten free**

1110 Marshall Rd, Greenwood, SC 29646 (864)227-7105



MONDAY — SUNDAY from 11:30 AM - 2:00 PM, AND 4:00 PM - 6:30 PM

SALADS

House Salad* 1.75/3.25
Lettuce blend, cucumber, tomato, & onion

Choice of Dressings:

Greek, ranch, honey mustard, blue cheese, Italian, balsamic, raspberry, Caesar, 1000 island, oil & vin.

Greek Salad* 2.50/4.50
Iceberg lettuce, cucumber, tomato, kalamata olives, feta cheese, Greek dressing

Caesar Salad 2.00/3.50
Romaine, parmesan cheese, croutons, Caesar

Chicken Caesar Salad 6.00
Grilled chicken, romaine lettuce, parmesan cheese, croutons, Caesar dressing

Asian Chicken Salad 6.50
Lettuce blend, tomatoes, onions, mandarin oranges, toasted almond slices, chow mien noodles, Asian dressing

Sunshine Chicken Salad* 7.00
Lettuce blend, grilled chicken, craisins, mandarin oranges, almonds, poppyseed dressing

Smoked Salmon Platter 6.00
3 oz. smoked salmon, boiled egg, capers, red onions, herb cream cheese, rye toast points

FLATBREADS

Cheese or Pepperoni Flatbread 5.00/5.50
Marinara and mozzarella cheese/pepperoni

Margarita Flatbread 5.50
Pesto, fresh mozzarella, tomatoes, fresh basil
--NO add-ons at this time please--

SANDWICHES AND WRAPS

California Club** 7.00
Sliced ham & turkey, avocado, Swiss cheese, bacon, lettuce, tomato, mayonnaise on toasted bread

Italian Sub 6.50
Salami, pepperoni, ham, provolone cheese, lettuce, tomato, and Italian dressing on a hoagie bun

Caesar Chicken Wrap 6.00
Chicken, romaine lettuce, tomatoes, parmesan cheese, Caesar dressing in a spinach wrap

BLT** 4.00
4 pieces of bacon, lettuce, tomato, mayonnaise on your choice of toasted bread

Chicken, Tuna, or Egg Salad Sandwich** 4.00
Lettuce & tomato on choice of bread

Pimento Cheese Sandwich** 3.50
On untoasted bread

Build your Own Sandwich** 4.00
Ham, turkey, or corned beef on white, wheat, rye, croissant or brioche bun. With lettuce and tomato

1/2 Sandwich & Soup** 4.25
BLT, chicken, tuna or egg salad & a cup of soup

Tuna Melt** 4.50
House made tuna salad & Swiss cheese on your choice of grilled bread

Greek Melt(vegetarian)** 4.50
Feta cheese, kalamata olives, roasted red pepper, mozzarella cheese, tzatziki sauce

WC Burger**	5.00
<i>Burger patty, lettuce, tomato, onion, on a Brioche bun</i>	
Hamburger Patty (plain)*	4.00
1/8 lb. or 1/4 lb. Loaded Nathan's Hot Dog	3.25/4.00
<i>Ketchup, mustard, onions, relish, & chili available</i>	
Corned Beef or Turkey Reuben**	5.00
Grilled Cheese Sandwich**	2.25
Grilled Chicken Sandwich**	5.50
<i>Grilled chicken, Swiss cheese, bacon, honey mustard</i>	
Fish and Chips	4.50
<i>Beer battered cod and shoestring fries</i>	
Grilled Chicken Breast*	3.00
Chicken Finger Platter	4.50
<i>3 tenders, shoestring fries, slaw</i>	

SIDES

Coleslaw or Potato Salad*	1.00
Baked or Sweet Potato*	1.00
Shoestring Fries or Sweet Potato Fries*	1.25
Onion Rings	1.50
Brown Rice*	1.00
Salad Feature	1.25
Fresh Seasonal Fruit*	1.25
Selection of Chips	1.25
Cottage Cheese* (add berries .50)	1.25
Applesauce*	.50

BEVERAGES

Canned Soda	1.00
Fountain Soda	1.25
Dunkin Donuts Iced Coffee	3.25
Bottled Water	1.20
Gatorade	2.00
Gold Peak Tea	2.00
Ensure	2.00
Milk	1.00
V8-can	1.20

DESSERTS

Assorted Cookies (1)	1.25
Fudge Brownie	1.50
Desserts of the Week	2.50
Ice Cream Bars/Cups	1.50/1.00

**Gluten free hamburger bun and sliced bread available upon request

*Denotes gluten free item