Pre-Operative Instructions for Oral Surgery

Medications

• Take all of your regular medications with a small amount of water, unless otherwise directed by a doctor from our office or your primary medical doctor.

For Patients Receiving Intravenous (IV) Sedation:

- Do NOT eat or drink anything for at least 8 hours before your appointment.
- If your surgery is scheduled in the morning, do not consume any food or liquids after midnight the night before.
- A responsible adult must accompany you to the office, remain in the office during the procedure, and drive you home.
- Plan to rest for the remainder of the day after surgery.
- For 24 hours following IV sedation, do NOT:
 - o Drive a vehicle
 - Operate machinery
 - Make important decisions
- Wear loose-fitting clothing with sleeves that can be rolled up past the elbow and low-heeled shoes.
- Remove contact lenses, jewelry, and dentures before surgery.
- Do NOT wear lipstick, excessive makeup, or nail polish on the day of surgery.
- Avoid using marijuana or recreational drugs for at least 48 hours before surgery. as they can negatively affect anesthesia.

For any questions or concerns, please contact our office at (908)-224-1707.



