

In that case, alternative options are available. For more information, please get in touch with Personify Health Member Services at 888-671-9395 (Monday – Friday, 8A – 9P Eastern).

You may also contact Personify Health directly at 888-671-9395 for assistance within the 30 day pend cancellation period. After a certain amount of time (it varies by state, but is typically two years). Any unclaimed credits will be turned over to your state's abandoned property division.



First time users will need their name, date of birth and employee ID.

Scan the QR code to sign up at
join.personifyhealth.com/ajinomoto

Contact Personify Support:
855-557-1467 or Support@personifyhealth.com

Contact the Benefit Support Team:
benefitsupport@aiinomotofoods.com



هنا بدأ عيسى رسولاً قباجت سالاً زمر حسم قيرط نع كت غلب تامول عمل نم ديزم أرقا

Прочитайте більше інформації своєю рідною мовою, відсканувавши QR-код нижче.

អានព័ត៌មានបន្ថែមជាភាសារបស់អ្នកជាយសកន្លែង QR ខាងក្រោម។

以下のQRコードをスキャンして、母国語で詳細情報をお読みください。

Прочтите дополнительную информацию на своем родном языке, отсканировав QR-код ниже.

အောက်ပါ QR ကုဒ်ကို စကန်းဖတ်ရန်ဖြင့် သတိယူပိုင်တာသာ စကားဖြင့် နောက်ထပ်အချက်အလက်များကို ဖတ်ရပါ။

Đọc thêm thông tin bằng ngôn ngữ của riêng bạn bằng cách quét mã QR bên dưới.

掃描下方二維碼，以您自己的語言閱讀更多信息。



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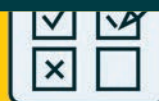


personify HEALTH™

Well for Life

Ready. Set. Live!

At Ajinomoto Foods North America, we value our employees and support their wellness goals by offering a wide range of wellness activities.



Who is Eligible?

Eligibility

All regular full-time and part-time employees

Earning Period

February 15, 2026 – November 15, 2026



Participation in Well for Life is voluntary. Eligible employees must opt in to participate, and the wellness services provided through the program are free. Individual health information is kept confidential and is not shared with Ajinomoto Foods North America.

Ajinomoto Foods North America encourages employees to Eat Well Live Well for their health.

Our employee wellness program, called Well for Life, can help you take ownership of your overall well-being. Whether your goal is to maintain your current healthy lifestyle, create a healthy lifestyle, have more energy, improve your diet, learn new things, or manage stress, Well for Life provides access to a wide range of health tools and resources to help you stay on track toward your individual health goals.

The program offers a variety of activities to choose from, including coaching. Ajinomoto Foods partners with Personify Health, a health management solutions provider, to provide services through the Well for Life program.

READY. SET. LIVE!

Rewards

Earn Rewards While Taking Care of Yourself

You can earn Rewards Cash by completing wellness activities like:

- ✓ Coaching appointments (\$30 Rewards Cash – Earnable 1x per year)
- ✓ Health surveys (7,000 points)
- ✓ Preventive care activities (Complete 3 for \$15 Rewards Cash)
- ✓ Company wellness challenges (\$15 Rewards Cash)

The more points you earn, the more cash rewards you receive!

Level	Points Needed	Reward
Level 1	7,000 points	\$5 Rewards Cash
Level 2	25,000 points	\$12 Rewards Cash
Level 3	40,000 points	\$12 Rewards Cash
Level 4	60,000 points	\$26 Rewards Cash
Note: You can earn up to \$115 in rewards cash!*		

Important Note:

Cash Rewards earned considered imputed income and are fully taxable to the employee.

New!

Personal Coaching

Need Support? Talk to a free coach.



Why Use a Coach?

Coaching can help colleagues set and reach health goals and support them in managing and improving their health. Coaching is available telephonically and through messaging conversations. It includes lifestyle management outreach, education, and support services to promote healthy lifestyle behaviors and decrease risk factors that contribute to chronic disease. You may self-initiate coaching at any time. When enrolling in telephonic coaching, you will schedule coaching appointments at times that work for you.

All Personify Health coaches hold 4-year degrees in fields such as Nursing, Nutrition, Psychology, Pharmacy, Health Education, Social Work, and Exercise Physiology. Over 50% of the coaches also have advanced degrees in clinical and holistic health. The health coaching Personify Health offers meets the National Board for Health & Wellness Coaching approval standards. They are NCQA certified in their clinical fields, and their credentials include registered nurses, diabetes educators, dietitians, exercise physiologists, respiratory therapists, behavioral health coaches, and other specialists.

Ajinomoto Foods does not receive or have access to individual health data.

If you participate in coaching, Ajinomoto Foods never knows why you joined, what you discuss with your coach, or any of your individual health information. Only aggregate, or total results for all participants are reported to Ajinomoto Foods for purposes of future planning, and the names of those who qualify for a wellness incentive (Cash Rewards).

What Can We Talk About?

- ✓ Stress & Sleep: Learn to relax and rest better.
- ✓ Nutrition: Tips for eating healthy meals.
- ✓ Money Mindfulness: Manage your budget and financial stress.
- ✓ Chronic Conditions: Support for diabetes, heart health, and blood pressure.

Schedule a session in the app today! You can talk via phone or messaging.