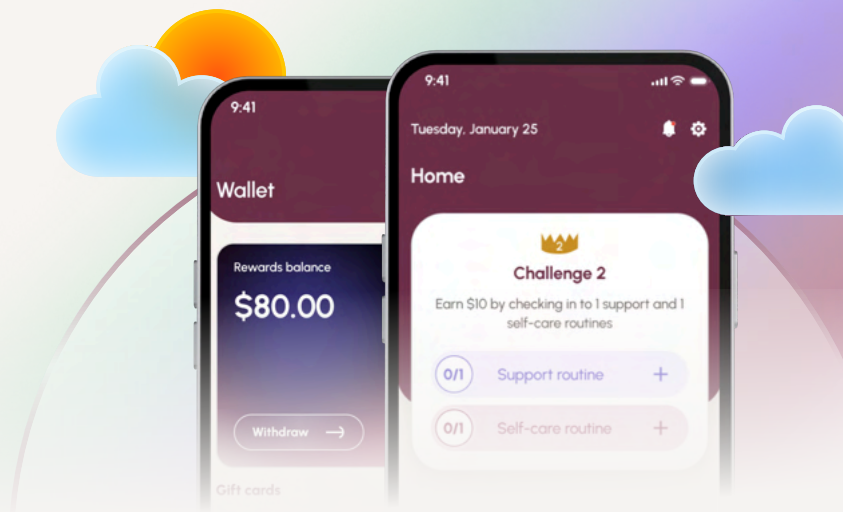




WEconnect Health Guide



What is the WEconnect App?

WEconnect is a virtual mobile app offered at no cost. It's designed for anyone facing substance use, mental health challenges, or lifestyle concerns who are looking to make positive, healthy changes. The platform provides personalized, accessible, and effective support to help members build healthier routines, strengthen recovery, and stay engaged in care.

Key Benefits for Members

1. One-on-One Peer Support

- Get access to **virtual unlimited one-on-one personalized support from peer support specialists** who have been through recovery themselves. These are real people who understand the journey and have come out on the other side.
- **Peers can:**
 - Connect members to support resources
 - Help define goals and build recovery/wellness plans
 - Provide accountability and encouragement
 - Support skill-building and daily routines

They serve as personal recovery cheerleaders—motivating, encouraging, and walking alongside each member.

2. Daily Virtual Support Meetings

- Meetings offered multiple times every day, led by Certified Peer Support Specialists through the app.
- WEconnect meetings are safe spaces where people can come together, build community, and support each other through all of life's ups and downs.
- **General Support Meetings** plus **Specialty Groups** such as:

Family & Loved Ones

Grief Support

Women's Meeting

Men's Meeting

LGBTQ2IA+

Harm Reduction

Mental Wellness

Reunión en español (Spanish speaking)

+ more

3. Evidence Based Motivation Through Rewards

- Earn up to **\$750 in digital gift cards** by completing simple, healthy activities that support progress toward health and recovery goals.
- Earn rewards for attending appointments, joining meetings, or practicing self-care.



4. Always Accessible

WEconnect provides support whenever it's needed. Whether members are working on mental health, recovery from alcohol or substance use, coping with grief, navigating food-related challenges, or building healthier routines, WEconnect is there to help.

How WEconnect Benefits Patients

Personalized Support Meets members where they are, tailoring resources to their stage of recovery or wellness.	Immediate Access Daily online support meetings, evenings and weekends included.	Peer Connection Guidance from peers with lived experience, offering accountability and hope.	Motivation to Stay Engaged Incentives reinforce treatment plans and healthy behaviors.	Better Outcomes WEconnect participants show higher engagement in care, reduced relapse risk, and stronger community connections.
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Learn more at [WEconnectHealth.io](https://weconnecthealth.io) →

Measurable Engagement and Retention

10 Months Average Retention

Members stay engaged most of the 12 month subscription period.

90% Routine Tracker Use

Most members use the app to stick to their treatment plan.

57% Peer Support Use

Over half of members connect with 1-on-1 peer services.

"I remembered our phone call, and I'm proud of that! I've been actually keeping and going to my appointments! I'm doing everything I'm supposed to be doing! This may not seem like a big deal for some people, but it is huge for me. You encourage me and even make this fun, and I really trust you."

WEconnect Member Quote

What's Next?

As of November 1, 2025, WEconnect is available to onboard and welcome members interested in behavioral health, recovery, and wellness support. If you:

Are interested in learning more and/or;

Have relationships with providers who support a significant portion of your members and/or;

Would like to share information about WEconnect with others

Get in touch

Pamela Lady | pamela@weconnecthealth.io

Member Support Contact

For questions or technical help, email support@weconnecthealth.io or call our support line at 888-425-4605.



Care Management Support Contact

For account management questions please contact Pamela Lady at pamela@weconnecthealth.io or call 206-471-9761.