



Position: Physiotherapy Assistant (PTA)

Job Type: Contract (2-3 months)

Reporting to: Physiotherapy Team Lead

Closing Date: January 16, 2026

Hourly Wage: \$23.80 – \$27.05

The Burlington Family Health Team (BFHT) provides team-based primary care and programming. We seek to hire an enthusiastic and skilled **Physiotherapy Assistant (PTA)** to join our team. The ideal candidate is an intuitive, adaptable, self-directed health professional with a passion for primary care and a strong commitment to providing and improving team-based patient care in the community.

Position Summary:

The Physiotherapy Assistant will provide clinical and educational services working under the direct or indirect supervision of the Physiotherapist, and in accordance with the policies and procedures of the BFHT. As a member of the interdisciplinary health care team, the PTA provides treatment to a variety of populations. The PTA will also provide health education to both groups and individuals with a focus on minimizing the impact of illness and maximizing essential and instrumental activities of daily living.

Key Responsibilities:

Under the direction and supervision of a physiotherapist, responsibilities include but are not limited to:

- Implement the prescribed treatment plan for assigned patients, which may include group therapy, individual therapy and/or education as well as support for self-management
- Monitor for changes in patient status, safety concerns, or therapy outcomes and communicate promptly with the supervising Physiotherapist
- Prepare for, organize and conduct individual and group therapy sessions for assigned patients



- Assist with communication with community Family Physicians and other community agencies
- Monitor and provide ongoing preventive maintenance to Physiotherapy equipment
- Maintain complete and accurate patient records utilizing the Telus Collaborative Health Record (CHR)
- Actively participate in program planning, evaluation, quality improvement, reporting and other BFHT initiatives as required
- Safeguard client records and assure confidentiality of client information in compliance with PHIPA

Qualifications and experience:

- Bachelor or Masters degree in Physiotherapy
- Experience working in primary care or community setting
- Demonstrated experience working with geriatric, neurological and MSK conditions
- Proven ability to be responsible for carrying out delegated tasks with minimal supervision
- Experience assisting with delivery of the GLA:D™ Canada program
- Demonstrated ability to assist patients and family members with concern and empathy, respecting their confidentiality and privacy and communicating in a courteous and respectful manner
- A well-defined sense of diplomacy, including solid interpersonal, negotiation and conflict resolution skills
- Excellent interpersonal, oral and written communication skills
- Experience working with electronic medical records
- Current CPR Certification
- Ability to work well independently and work effectively within an interdisciplinary health care team, provide leadership and maintain excellent working relationships
- Experience in group facilitation and adult education is an asset
- Working knowledge of and adherence to the Personal Health Information Privacy Act
- Respects and values the diversity of communities and individuals and able to integrate equity, diversity and inclusion (EDI) principles and anti-oppressive practices to improve access to care
- Background check, including vulnerable sector check is required.
- The ability to offer services in a second language is an asset



Work Location:

The work environment for this position involves providing in-person services in the BFHT physiotherapy clinic and other community settings based on needs. The applicant must have access to a vehicle and is reimbursed for mileage. Occasional weekend and/or after hours may be required.

Why Join Our Team:

We offer a competitive compensation package, including HOOPP pension. We are a dynamic and innovative team focused on supporting our community. Our multi-disciplinary approach to care offers cross-collaboration and enhanced opportunities for learning. We offer a culture that is respectful, welcoming and inclusive. We have a strong health and safety focus and are committed to supporting work/life balance for our team members.

To Apply

Please forward a cover letter as well as curriculum vitae to:

Burlington Family Health Team

Location: Burlington, Ontario

Email address: humanresources@burlingtonfht.com

Website: www.burlingtonfht.com

We thank all who apply however only those selected for an interview will be contacted. *No phone calls please.*

The BFHT is an equal opportunity employer and supports diversity, equity and a workplace free from harassment and discrimination. We encourage applications from all qualified candidates, including women, persons with disabilities, members of visible minorities and aboriginal persons, individuals of diverse gender and sexual orientation and all groups protected by the Human Rights Code. The BFHT is committed to an inclusive and accessible process for recruitment, selection, and assessment. Accommodations are available upon request at any point in the selection process by notifying the recruitment staff.