



SPORTS
DOCTORS
NETWORK

FROM PITCH TO RECOVERY



OCTOBER 2nd, 2026



Monaco Yacht Club
Quai Louis II, 98000 Monaco



8:00 AM



8:00-8:30am
REGISTRATION

8:45am
OPENING CEREMONY & WELCOME REMARKS

SESSION 1 (9:00AM – 10:30AM) **PREVENTION IN FOOTBALL**

9:00am

INJURY PREVENTION IN PROFESSIONAL BASKETBALL : BIOMECHANICAL APPROACHES AND COMPREHENSIVE STRATEGIES



BIOMECHANICAL INJURY PREVENTION IN PROFESSIONAL BASKETBALL PLAYERS

Diego Gonçalves – Strength and Conditioning Coach Monaco Basket – Roca team Monaco



COMPREHENSIVE INJURY PREVENTION STRATEGIES AND REDUCTION OF INJURY RISK

Dr Philippe Afriat or Dr Lisa Mebarki – Monaco Basket Medical Team – Roca Team Monaco

9:20am

HOLISTIC PREVENTION FOR GROIN PAIN IN FEMALE FOOTBALL PROFESSIONAL ATHLETES



Dr Veronica Petrucci – AS Roma FC, Rome Italy

9:40am

CAN ARTIFICIAL INTELLIGENCE HELP FOR PREVENTION IN FOOTBALL ?



Dr Emmanuel Orhant – French Football Federation Chief Medical Officer, Paris France

10:00am – 10:30am
QUESTIONS / ROUND TABLE

10:30am – 11:00am
COFFEE BREAK / VISIT OF SPONSORS

SESSION 2 (11:00AM – 12:30PM)

SURGICAL UPDATES FOR FOOTBALL PLAYERS

11:00am

HAMSTRING TENDON SURGERY FOR ELITE FOOTBALL PLAYERS



Dr Lasse Lempainen – Pihlajalinna Hospital, Turku Finland

11:20am

MENISCUS TEAR - PITFALLS IN DIAGNOSTIC AND THERAPY



Dr Philipp Ehrenstein – Bayer Leverkusen, Germany

11:40am

GROIN PAIN SURGERY FOR ELITE FOOTBALL PLAYERS



Dr Gilles Reboul – Clinique du Sport, Bordeaux – Mérignac France

12:00pm – 12:30pm

QUESTIONS / ROUND TABLE

12:30pm – 1:30pm

LUNCH IN YACHT CLUB / VISIT OF SPONSORS

SESSION 3 (1:30PM – 3:00PM)

POST-SURGICAL MANAGEMENT AND REHABILITATION IN FOOTBALL

1:30pm

**ACL INJURY IN ELITE FOOTBALL PLAYERS :
WHY SURGERY REPRESENTS ONLY 20% OF A SUCCESSFUL RETURN TO PLAY**



Dr Bernard Schlatterer – IM2S Monaco

1:50pm

**INTEREST OF SURFACE ELECTROMYOGRAPHY AND VIRTUAL REALITY
IN REHABILITATION AFTER KNEE SURGERY**



Jérôme Palestri / Florent Danieli / Dr Alexandre Creuzé – AS Monaco FC, Medical Department Monaco

2:10pm

**HOW TO MANAGE ANKLE SPRAIN IN FOOTBALL ON THE PITCH AND IN THE NEXT DAYS :
REST VERSUS PEACE AND LOVE**



Dr Lluís Til Perez – Paris Saint – Germain FC, Paris France

2:30pm – 3:00pm

QUESTIONS / ROUND TABLE

3:00pm – 3:30pm

COFFEE BREAK / VISIT OF SPONSORS

SESSION 4 (3:30PM – 5:00PM)

MEDICAL UPDATES FOR FOOTBALL PLAYERS

3:30pm – 3:50pm

UPDATE ON SPORT MEDICINE INJECTIONS IN ACUTE AND CHRONIC LIGAMENT AND TENDON INJURIES



Dr Prabath Lodewijks – FC Utrecht, Utrecht Netherlands

3:50pm – 4:10pm

HIGH INTENSITY CONTACTS IN FOOTBALL : EMERGENCIES SCENARIO ON THE PITCH !



Dr Niko Mihic – Real Madrid FC, Madrid Spain

4:10pm – 4:30pm

HYPERBARIC OXYGEN THERAPY IN FOOTBALL



Dr José Maria Villalón – Atlético Madrid FC, Madrid Spain

4:30pm – 5:00pm

QUESTIONS / ROUND TABLE

SESSION 5 (5:00PM – 5:30PM)

WHY IS MEDICAL TEAM ALWAYS BLAMED FOR INJURIES?

5:00pm – 5:10pm
INSIGHTS FROM EXPERIENCE

Dr Zafar Iqbal – Medical Sport Consultant, London, UK

5:10pm – 5:20pm
INSIGHTS FROM EXPERIENCE



Dr Stefano Mazzoni – AC Milan, Italy

5:20pm – 5:40pm
QUESTIONS / ROUND TABLE

5:40pm
END OF MEETING



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