

LONDON

SPORTS MEDICINE
SUMMIT

INNOVATION • EVIDENCE • BETTER PERFORMANCE



FRIDAY, 9 OCTOBER 2026



ROYAL INSTITUTION, LONDON, UK



HRH Princess Anne,
Prof James Calder & Dr Allen Sills,
Ana Blanquard *(TV anchor and media consultant)*

SPEAKERS & HOSTS

PANEL 1: NEW TECHNOLOGIES
TRANSFORMING SPORTS MEDICINE

PROF. JAMES CALDER

Orthopaedic Surgeon
Imperial College

Lewis Smithingham

Senior Product Manager
NVIDIA

Sir Leszek Borysiewicz

Chair
UK Research and Innovation (UKRI)

Dr. Niko Mihic

Chief Medical Officer
Real Madrid

Athlete TBC

Professional Athlete

PANEL 2: WOMEN'S HEALTH IN SPORT

CHARLOTTE COWIE

Chief Medical Officer
British Olympic Association

Dr. Cinzia Zehnder

General Surgeon
FC Bayern München
Swiss National Team

Dr. Kate Hutchings

Clinical Lead, Female Athlete Health
UK Sports Institute

Dr. Suzanne Scott

Consultant Gynaecologist

Gráinne Donnelly

Advanced Practice Pelvic Health Physio
University of Ulster and Cardiff

PANEL 3: CUTTING EDGE:
THERAPEUTICS, NUTRITION
AND DIAGNOSTICS

DR. DAVID PORTER

Sports Medicine
Opus Clinic

Nikolina Lauc

CEO GlycanAge

Tom Gormley

Co-founder
AIQ & CORTX

Rachel Clarkson

The DNA Dietitian

Andreas Kasper

Performance Nutritionist
Newcastle United Football Club

PANEL 4: TRAUMATIC BRAIN INJURY (TBI)
IN SPORT

DR. ALLEN SILLS

CMO
NFL

Dr. Florent Aziri

Neurologist & Head of Medical
FIFA – International Football Association
University of Zurich

James L. Mitchell MRCP PhD

Lieutenant Colonel RAMC
Consultant in Neurology and Rehabilitation

D. Ian Varley

Consultant Neurosurgeon
University College London

Dr. Matt Adams

CEO BrainScope

PANEL 5: REHABILITATION AND
RETURN TO PERFORMANCE

DR. STEFANO MAZZONI

Chief Medical Officer
AC Milan

Lewis Smithingham

Senior Product Manager
NVIDIA

Dr. Alen Juginović

Professor of Neurology
Harvard University
Expert in Sleep & Concussion Recovery

Dr. Enda King

Rehab Specialist

Dr. Pieter D’Hooghe

Medical Director of Fortius

PANEL 6: MUSCLE & BONE STRESS
INJURIES

DR. JO LARKIN

Sports Medicine Consultant
Fortius

Dr. Chris Wilson

Consultant Orthopaedic Surgeon

Dr. Kris Jones

Head of Medical
Los Angeles Lakers

Dr. Peter Allway

Lead Sports Scientist
England & Wales Cricket Board,
University of Loughborough

Dr. Andy Williams

Orthopaedic Surgeon
Fortius Clinic

TEAMS REPRESENTED

