SPORTS
DOCTORS
NETWORK

FROM PITCH TO RECOVERY



OCTOBER 2nd, 2026

Monaco Yacht Club
Quai Louis II, 98000 Monaco

8:00 AM

8:00-8:30am
REGISTRATION

8:45am
OPENING CEREMONY & WELCOME REMARKS
Ana Blanquart - Media consultant and Lead Anchor of FII Institute TV
Dr Niko Mihic - Real Madric FC, Madrid Spain

SESSION 1 (9:00AM - 10:30AM)
PREVENTION IN FOOTBALL
Session chaired by Ana Blanquart - Media consultant and Lead Anchor of FII Institute TV

9:00am
INJURY PREVENTION IN PROFESSIONAL BASKETBALL : BIOMECHANICAL APPROACHES AND COMPREHENSIVE STRATEGIES

BIOMECHANICAL INJURY PREVENTION IN PROFESSIONAL BASKETBALL PLAYERS
Diego Gonçalves - Strength and Conditioning Coach Monaco Basket - Roca team Monaco

COMPREHENSIVE INJURY PREVENTION STRATEGIES AND REDUCTION OF INJURY RISK
Dr Philippe Afriat and Dr Lisa Mebarki - Monaco Basket Medical Team - Roca Team Monaco

9:20am
HOLISTIC PREVENTION FOR GROIN PAIN IN FEMALE FOOTBALL PROFESSIONAL ATHLETES

Dr Veronica Petrucci - AS Roma FC, Rome Italy

9:40am
CAN ARTIFICIAL INTELLIGENCE HELP FOR PREVENTION IN FOOTBALL ?

Dr Emmanuel Orhant - French Football Federation Chief Medical Officer, Paris France

10:00am - 10:10am
OBJECTIVE MUSCLE FATIGUE MEASUREMENT : THE ROLE OF MYOCENE IN INJURY RISK REDUCTION IN ELITE SPORT

MYOCENE SPORT TECHNOLOGY **Raphaël Ravet** - Chief Commercial Officer

10:10am - 10:30am
QUESTIONS / ROUND TABLE

10:30am - 11:00am
COFFEE BREAK / VISIT OF SPONSORS

SESSION 2 (11:00AM - 12:30PM)

SURGICAL UPDATES FOR FOOTBALL PLAYERS

Session chaired by Ana Blanquart - Media consultant and Lead Anchor of FII Institute TV

11:00am

HAMSTRING TENDON SURGERY FOR ELITE FOOTBALL PLAYERS

Dr Lasse Lempainen - Pihlajalinna Hospital, Turku Finland

11:20am

MENISCUS TEAR - PITFALLS IN DIAGNOSTIC AND THERAPY

Dr Philipp Ehrenstein - Bayer Leverkusen, Germany

11:40am

GROIN PAIN SURGERY FOR ELITE FOOTBALL PLAYERS

Dr Gilles Reboul - Clinique du Sport, Bordeaux - Mérignac France

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12:00pm - 12:30pm

QUESTIONS / ROUND TABLE

12:30pm - 1:30pm

LUNCH IN YACHT CLUB / VISIT OF SPONSORS

SESSION 3 (1:30PM - 3:00PM)

POST-SURGICAL MANAGEMENT AND REHABILITATION IN FOOTBALL

Session chaired by Ana Blanquart - Media consultant and Lead Anchor of FII Institute TV

1:30pm

ACL INJURY IN ELITE FOOTBALL PLAYERS : WHY SURGERY REPRESENTS ONLY 20% OF A SUCCESSFUL RETURN TO PLAY

Dr Bernard Schlaterrer - IM2S Monaco

1:50pm

INTEREST OF SURFACE ELECTROMYOGRAPHY

Simon Herzhaft / Florent Danieli / Dr Fabrice Busnel - AS Monaco FC, Medical Department Monaco

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2:10pm

HOW TO MANAGE ANKLE SPRAIN IN FOOTBALL ON THE PITCH AND IN THE NEXT DAYS : REST VERSUS PEACE AND LOVE

Dr Lluis Til Perez - Paris Saint - Germain FC, Paris France

2:30pm - 3:00pm

QUESTIONS / ROUND TABLE

3:00pm - 3:30pm

COFFEE BREAK / VISIT OF SPONSORS

SESSION 4 (3:30PM - 5:00PM)

MEDICAL UPDATES FOR FOOTBALL PLAYERS

Session chaired by Ana Blanquart - Media consultant and Lead Anchor of FII Institute TV

3:30pm - 3:50pm

UPDATE ON SPORT MEDICINE INJECTIONS IN ACUTE AND CHRONIC LIGAMENT AND TENDON INJURIES

Dr Prabath Lodewijks - FC Utrecht, Utrecht Netherlands

3:50pm - 4:10pm

HIGH INTENSITY CONTACTS IN FOOTBALL : EMERGENCIES SCENARIO ON THE PITCH !

Dr Niko Mihic - Real Madrid FC, Madrid Spain

4:10pm - 4:30pm

HYPERBARIC OXYGEN THERAPY IN FOOTBALL

Dr José Maria Villalón - Atlético Madrid FC, Madrid Spain

4:30pm - 5:00pm

QUESTIONS / ROUND TABLE

SESSION 5 (5:00PM - 5:30PM)

WHY IS MEDICAL TEAM ALWAYS BLAMED FOR INJURIES?

Session chaired by Ana Blanquart - Media consultant and Lead Anchor of FII Institute TV

5:00pm - 5:10pm

INSIGHTS FROM EXPERIENCE

Dr Zafar Iqbal - Medical Sport Consultant, London, UK

5:10pm - 5:20pm

INSIGHTS FROM EXPERIENCE

Dr Stefano Mazzoni - AC Milan, Italy

5:20pm - 5:40pm

QUESTIONS / ROUND TABLE

5:40pm

END OF MEETING

Ana Blanquart & Dr Niko Mihic



HIGH-LEVEL TECHNICAL
SERVICES FOR PROFESSIONALS

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Clinique Médico-Chirurgicale
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