



JERSEY FRANCE CHALLENGE

Jersey France Challenge - Saturday 8 August 2026

Challenge Information Pack

Following recent meetings with organisers and authorities, we have now confirmed the exact timings (as per below) to ensure we have best use of the tide on the day.

Wednesday 05 August 2026 - Event Briefing	
17:15 – 18:15	<p>In Person Briefing and Race Pack Collection</p> <p>Boat skippers and Team Captains event briefing.</p> <p>Location: Dementia Jersey Offices, 74 Halkett Pl, St Helier, Jersey JE2 4WD</p> <p>We will be setting up a WhatsApp group for the skippers and team captains so please ensure you download WhatsApp to your phones before the meeting.</p> <p>Meeting locations on the morning of the event will be discussed and skippers will use VHF Channel 8 as agreed with Jersey Coastguard.</p> <p>Team captains/skippers will collect their team's race pack during this meeting. Race packs will include a swim cap for each swimmer, t-shirts and important information.</p>
18:30 – 19:00	<p>Online Briefing</p> <p>If you are unable to attend the in person meeting, please join this online Boat skippers and Team Captains event briefing. You will be unable to collect your Race Pack in advance if you do not attend this meeting, instead the pack will be given to you at the start of the race. Race packs will include a swim cap for each swimmer, t-shirts and important race information.</p> <p>A Zoom link for this meeting will be sent in advance.</p>



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Meeting locations on the morning of the event will be discussed and skippers will use VHF Channel 8 as agreed with Jersey Coastguard.

Saturday 08 August 2026

All boats must be en-route to race start. Swimmers can be picked up from St. Catherine's or St. Helier by their support boats.

Team Captains must fill in the registration form (which can be found in your team pack) on the morning of the event and send a picture of it to race control on [07797869407](tel:07797869407).

Jersey and French Coastguard need to know all of the persons on each boat.

05:45 (BST) Registration forms submitted to Event HQ as per the above instructions.

05:50 (BST) Sunrise

06:10 (BST) All teams must arrive at the start location and be in position on the start line with all swimmers on board the boat and the first starting swimmer on La Coupe Beach, ready to begin the race.

All team boats must be 300 yards away from beach, to ensure a safe race start. Only the Event HQ Boat and Media Boat, should be within the defined boundary. **This will be discussed in further depth in the skipper/team captain briefing.*

06:30 **RACE START – La Coupe Beach, Fliquet Bay**

06:30 (BST) Time for all teams to swim!

13:11 (CEST) Marina Gates open

14:30 - 18:15 **RACE FINISHES – Carteret Beach EXPECTED RACE FINISH TIME SPREAD**



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(CEST)	
14:30 (CEST)	First team expected to finish on the beach North of Carteret. After completing the challenge, teams are encouraged to get back on board their support boat and make their way to the marina where they can moor up on Pontoon M and then make their way to the Yacht Club for the finisher drinks. Of course, by all means, stay around initially to cheer on finishing teams.
16:00 (CEST)	Last teams expected to finish on the beach North of Carteret. Final teams and boat skippers make their way to the marina and moor boats.
18:15 (CEST)	Cut off time for swimmers landing on the beach
18:38 (CEST)	Carteret Marina closes for access
19:30 (CEST)	PRIZE GIVING Once all teams have finished the race and checked into the hotel, informal finisher drinks, prize giving and dinner will be held at the Centre Eugène Godey .

Sunday 09 August 2026	
07:23 (CEST)	Marina Gates Close
14:21 (CEST)	Marina Gates Open – for those who would rather a lie in and a French lunch!

Swim / Boat Check In Location

Your skipper and team captain will need to organise a suitable rendezvous point for race morning - most boats/teams will meet at St Helier Harbour on the Albert Pontoon and travel together.

Meeting locations must be confirmed with Event HQ team in advance of the day.

Skippers will use VHF Channel 8. Please ensure your radio is on and on full volume for Race HQ to be able to communicate with all teams.

Immigration Process & Passport Stamping



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It is essential for all swimmers and skippers to bring their passports with them on the day of the challenge, as the event is finishing in France.

Given the number of swimmers taking part in the challenge this year, we have managed to secure the presence of immigration at the Yacht Club to stamp challengers' passports in one sitting on Saturday 08 August. We anticipate that this will take place between 17:00 and 18:00 at the Yacht Club, so please ensure that your full team, including the skipper are at the Yacht Club between those times.

Alternatively, if you would like to make other arrangements, you can contact Immigration directly to book an appointment by emailing bse-cherbourg@douane.fiinaces.gouv.fr.

Minimum Kit Requirements

- All swimmers must wear the event's official swim cap when in the water.
- It is recommended that boats have a Kayak / SUP to support the finish line swim
- Plenty of Food & Drink
- Jelly Babies
- Lots of fluids (Hot drinks in a flask are great)
- Fully charged mobile phones
- Spare mobile phone or charger
- Appropriate clothing for weather conditions (bring blankets and warm clothing for the finish)
- Towel x2
- Sun cream, sunglasses and sun hat and other on-water protection from the sun/wind/rain!
- No toilet facilities on the boats, so be prepared to use natural facilities (sea) or bring a bucket
- Passport

Some things that are nice to have

- Vaseline or Anti-Chaff cream
- Anti-mist goggle spray

What to Expect on Challenge Day?

Swimmers will meet their skipper at the pre-agreed location. All swimmers will board the boats and make their way to La Coupe, Fliquet Bay. Captains will notify Race HQ that the team are on their way to the race start.



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On arrival at La Coupe, Fliquet Bay support boats are permitted to get close to the shoreline at La Coupe to drop their starting challenge swimmer. They must then move at least 300yds offshore, to ensure a safe race start.

Note: Please put some thought into how you will meet your swimmer, as they approach all the boats. Please ensure you have sight of all sides of your boat before motoring away with your swimmer.

Once on the start line, swimmers will line up and dive into the water to begin the race following a countdown and the start horn. Swim teams will then rotate every hour until they reach Carteret Beach. When you reach the finish point, the swimmer in the water at the time will swim ashore and run through the finish flags which will be visible on the beach.

All team swimmers are encouraged to join their last swimmer and swim ashore to cross the finish line together, should they wish. As of 1016, it is now a recommendation for all boats to have a SUP / Kayak to support their swimmer over the finish line.

Please note support boats are to stay out of the way of other finishing swimmers.

Once your team has crossed the finish line, swimmers are asked to get back on board their support boat with the skippers and make their way to the pre-arranged moorings on Pontoon M in Carteret marina.

Teams are then encouraged to make their way to Club Nautique de Barneville Carteret for informal finisher drinks. Dinner and overnight stay festivities begin at approximately 19:30 with dinner served at 20:00 and prize giving following this.

Accommodation & Prize Giving

Boat moorings and accommodation have been secured for all participants wishing to stay overnight in Carteret and enjoy the celebrations.

Located close to the Carteret Port is Centre Eugene Godey Youth Hostel where challengers can sleep overnight. Please see the address below for reference.

18 Av. des Douits, 50270 Barneville-Carteret, France
This option offers very basic accommodation, and challengers will be required to bring their own sleeping





mat and a sleeping bag. Please note, breakfast is not included.

If you wish to also enjoy dinner at the hostel, tickets can be purchased through Race Nation (one required per team member and skipper)

To confirm your accommodation, dinner tickets and boat mooring, please book through race nation using the following link - <https://race-nation.co.uk/register/jersey-france-challenge/store>

Friends & Family

Friends and Family are welcome to join our prize giving celebration at the end but please note, everyone wanting to attend the evening celebrations will need to pre-book through race nation using the following link - <https://race-nation.co.uk/register/jersey-france-challenge/store>

Course

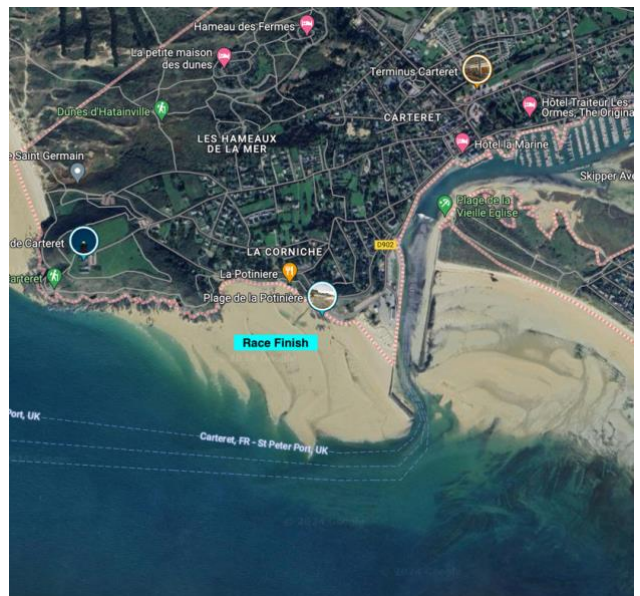
Organisers have had consultations with the French and Jersey Coastguard.

The challenge will begin from the shores of Jersey (La Coupe Beach, Fliquet Bay) and one team member will dive straight into the sea to start the swim relay challenge. The route is approx. 14 miles/19km and upon completion of the swim, all competitors will finish on the beach just South of Carteret.

RACE Start – La Coupe Beach, Fliquet Bay



RACE Finish – Beach South of Carteret





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Coordinates for key check points will be provided to team captains and boat skippers at the race briefing on Wednesday 05 August 2026. We will answer any questions relating to the Course during the Race briefing.

Event Safety

Team Swimmers and Support Boat Role

It is crucial that a non-skipper member of the team has sight of the swimmer at all times. Depending on conditions and the swimmer's ability, the boat must stay close to the swimmer at all times. Recommended distance 10 – 50 metres max. The support boat MUST set the course alongside the swimmer and preferably on the swimmer's breathing side for a clear line of sight. The swimmer MUST inform their team and skipper if they start to feel unwell, such as cramp or seasickness.

Water Support - Coastguard

The Coastguard will be in contact with race control via phone communication and ship-to-shore radio.

Water / Medical Support

Jersey Lifeboat Association will be supporting this event by providing a lifeboat on the water with a medical provision. Where assistance is required, competitors should first contact Event HQ on [07797869407](tel:07797869407).

The Event management team will be available to contact by phone and one ship-to-shore radio communication.

Prizes

We have a fantastic pool of prizes up for grabs this year! There will also be additional spot prizes, which will be confirmed on the day!

Category	Placing / Prize
Winning team to land (without a wetsuit)	1 st Place – A prize will be awarded to all the swimmers and the skipper in the team.
Winning team to land (with a wetsuit)	1 st Place – A prize will be awarded to all the swimmers and the skipper in the team.



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Winning Team – Highest fundraising team (all funds must be entered into the system by Saturday 07 August by 4pm.

1st Place – A prize will be awarded to all the swimmers and the skipper in the team.

Keep Connected

Don't forget to share your challenge journey with us and your followers!

We would love to see your photography/videos leading up to race day and, on the day, as well as your fundraising pages with us - we'd love to see you out there having fun.

Tag us in all your social media posts @jerseyfrancechallenge and/or by using the hashtags #jerseyfrancechallenge

Dementia Jersey

This event will raise valuable funds for Dementia Jersey - a local charity that offers support to those affected by dementia through one-to-one support and therapeutic activities. They are also committed to raising awareness and improving understanding of dementia throughout Jersey and deliver education and awareness sessions to schools, community groups and local organisations.

Did you know dementia affects over 50 million people worldwide and more than 1,600 of those live in our little island of Jersey? Dementia is the fastest growing disease on the island and the Government predict that cases will double by 2036.

All money raised will go towards supporting people in Jersey living with dementia and the family, friends and carers who look after them.

Dementia Jersey exists to provide advice, support and information to the community and over the last 3 years, has seen a huge increase the number of people seeking their support, people of all ages, their families, friends and carers. The charity aims to make Jersey a dementia friendly island where people with dementia and their families are welcomed, understood, and supported.

To find out more about Dementia Jersey and the support available, visit www.dementia.je. Alternatively, you can contact Dementia Jersey on 01534 723519 or email info@dementia.je

Don't forget, the highest fundraising team will receive a special prize. All funds must be entered into the system by Saturday 07 August 2026 by 4pm to qualify! Together let's make a difference for Dementia.

Donate Now!



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FAQ's

Will there be a toilet on my boat?

Please note that there are no toilets on the boats. Participants must prepare to use the natural facilities (sea) and organise their own toilet (i.e. bucket)

Is the race timed? Or is it first across the line?

Yes, the time will be captured when crossing the finishing line.

Does it matter what order our team swims?

No, it doesn't matter what order your team swim in, as long as you rotate every hour.

Organisers tip: we suggest having your stronger swimmers towards the end of the race as this will be less tidally assisted.

What happens if one of our team members falls ill on the boat?

If your teammate needs medical assistance, please get your team to contact Event HQ. If they are happy to wait on the boat for the entire race, then they can cheer you on from the boat.

Can they be taken ashore? Can someone swim twice?

Yes, they can be if they need medical assistance or in an emergency. Yes, your teammates can swim more than once if they are replacing a retired swimmer.

What if our boat breaks down on the water?

Contact Event HQ and your team will be arranged to be towed back to shore. The team will need to retire from the race.

What happens if the weather is too bad to go out on the morning of the race?

The event organising team and Race Director will be closely following the weather patterns on the lead up to race day. We will be in contact with all team captains and skippers in the days leading up to the race and a decision will be made the day before on whether the event can go ahead. If it cannot, the contingency date of Saturday 22nd August 2026 has been set.

Are we expected to raise funds for Charity?

Yes. The Jersey France Challenge is raising funds for Dementia Jersey. Each team is encouraged to raise the guide amount of £500 through Sports Giving but we hope that you will all raise a lot more, so we can beat last year's fundraising efforts.



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Event Sponsors



Visit our website for more information: <https://jerseyfrancechallenge.com/sponsors/>