

ITF UNION



ENGLAND
TAEKWON-DO

Heath, Safety & First Aid Policy

It is the policy of ITF Union England and its member clubs to:

- Provide, so far as reasonably practical, safe methods of training, safe training and competing conditions and a healthy environment assessing the risks inherent in the training and competing (where applicable) of Taekwon-Do.
- Provide Health & Safety arrangements including planning, organisation, leadership, control, monitoring, review and reporting.
- Ensure, so far as reasonably practical, co-operation, co-ordination and exchange of information between parents and other parties involved in any activities under its control.
- Establish emergency and other procedures for serious or minor injuries.
- Provide and display this policy and such written instructions as are necessary to assist in the regulation of health and safe practices and operations within the Dojang and other venues.
- Encourage and promote personal responsibility and effort on the part of all employees to avoid and prevent health hazards and injuries to themselves and others.
- Review this policy at 12 monthly intervals.

There is a clear and legal duty of each and every person, while coaching, training or competing, to take reasonable care for the health and safety of his or herself and of all other persons who may be affected by his or her acts or omissions; and to co-operate with the Safety Advisors at club and National level in any way necessary, to enable them to perform and comply with any duty or requirement under the regulations affecting Health & Safety and Welfare. This will include the use of equipment in a safe manner, and their own personal hygiene.

For the execution of the policy the following organisation and arrangements apply:

- The supervising Instructor at each Dojang, will be responsible for the implementation of the ITF Union England Health & Safety Policy, and will be accountable for failure to achieve the required standard.

To achieve this objective the Senior Instructor will ensure that:

- All training is carried out in accordance with all relevant Acts, Regulations, Policy and procedures, as defined.
- All junior or assistant Instructors have been trained or instructed to work in a healthy and safe manner.
- Safe access to and egress from all Dojangs and venues is provided and maintained.