the education

Backing the next Generation of Aotearoa

Foundation Skills Level 1
Te Hiringa o te Wai

New Zealand Certificate in Foundation Skills Level 1

Free 20 Week Programme

What does the programme cover?

This programme provides students with the opportunity to explore their culture and own areas of interest to gain awareness of their own self. It aims to provide a good foundation for youth to progress in education, life or preparing for getting into work and their employment skill development. Literacy and Numeracy standards are embedded into the programme to provide the opportunity for learners to obtain the necessary unit standards for NCEA.

Who can Enrol

This is a youth qualification designed for all learners aged 16 – 24 (15 with an exemption) who do not already hold a qualification at level 2 or above.

When can I Enrol?

You can enrol throughout the year but these are our key intake dates:
Term 1 - 1 February & 8 March
Term 2 - 27 April & 31 May
Term 3 - 19 July & 23 August
Term 4 - 11 October & 15 November

Next Steps

- NZ Certificate in Foundation Skills (Level 2)
- NCEA Level 2
- Range of ACE programmes

Where can I Enrol?

North Island

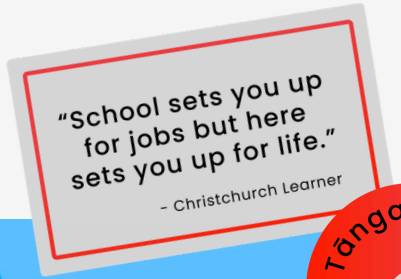
New Plymouth
Palmerston North
Whanganui
Dannervirke
Tokoroa

South Island

Ashburton
Christchurch
Oāmaru
Timaru
Invercargill

Timetable

Monday to Friday with Friday reserved for self directed learning.



Tāngata Centred Education

Enquire Now

Shape your future, how you want to. Follow your interests, and be supported.
Start your new learning journey by enrolling today.

info@ymcaeducation.ac.nz

Course Modules

Module 1

Kōwae Tuatahi



My life and wellbeing : Ko Au Te Wai, Ko Te Wai Ko Au

Module one has a focus on learning about yourself and your wellbeing so you can develop goals and strategies to make improvements in areas that are holding you back. By the end of the module, you will have:

- Knowledge of different world views around wellbeing
- Identified your own cultural background to enhance understanding of self and personal wellbeing.
- Described strategies for managing personal life in terms of health and wellbeing.
- Identified life issues that affect your personal life and developed strategies to maintain resilience.
- Used research, analytical skills and calculations to solve problems and draw conclusions regarding health and wellbeing.

Module 2

Kōwae Tuarua



My value and learning : Wai Puna Wai Ora

Module two is all about learning! Learning does not just take place in the classroom; it occurs when we experience, experiment, interact and observe. This module will help you understand how you learn best so your experience of learning is a positive experience.
By the end of the module, you will have:

- Identified own strengths and challenges for organising self and described strategies for making positive changes towards learning.
- Developed a plan to improve own learning experience using self-management and resilience strategies.
- Knowledge of the safe use of the internet and how to apply digital skills to access and create documents.
- Researched with a group and shared ideas relating to future study options and employment.

Module 3

Kōwae TuaToru



Giving back to my community : Wai Mana Ki Uta

We interact with people from all walks of life every day. From our casual interactions with our classmates, friends, whānau etc to more formal interactions with people in our community and in work. This module will help you understand how to interact appropriately and then put it all into practice to plan and run a community event.
By the end of the module, you will have:

- Identified differences between own and other cultures by comparing appropriate behaviours and interactions.
- Used appropriate interactions in a work situation and in the community using written and oral communication.
- Contributed to a group discussion in culturally appropriate ways to participate in planning an event.
- Researched relevant information and data to draw conclusions about work opportunities in the community.

Module 4

Kōwae TuaWhā



Wai Mana Ki Tai : My future journey

Module four is focused on your future by drawing from the experience and qualities of people you identify as a leader/role model/rangatira to help you shape your own pathway. By the end of the module, you will have:

- Identified the qualities and characteristics of leaders/role models/rangatira and compare their similarities and differences.
- Explain the contribution a leader/role model/rangatira has made to their community.
- Recognise leadership qualities in a leader/role model/rangatira and compare own strengths and personal goals for future pathways.
- Describe own future aspirations and pathways in relation to work, study, community and whanau.