

# Occupational Certificate: Health Promotion Officer

**Duration: 12 Months**



## **COURSE OUTLINE**

**PROGRAM Title** : Occupational Certificate: Health Promotion Officer

**NQF Level** : 3

**SAQA ID** : 94597

**Minimum Credits** : 163

**Purpose** : The purpose of this qualification is to prepare a learner to conduct community, household and individual health assessments and identify health needs and risks and facilitate the family or an individual to seek the appropriate health service .

**MTA**

**IT'S ALL**

**POSSIBLE**



## **SERVICES**

- Training
- Learnerships
- Labour Consulting
- Leadership Programme
- WSP&ATR Submissions
- Mindset Programmes
- Business Soft Skills



## **COURSE OVERVIEW**

The Occupational Certificate: Health Promotion Officer is a meticulously designed qualification that aims to equip learners with essential skills and comprehensive knowledge for promoting health and wellbeing in both community and workplace settings. With a curriculum that spans a broad spectrum of health-related competencies, this certificate ensures that learners are well-versed in health education, community engagement, and the strategic implementation of health promotion initiatives.

This qualification supports the development of a workforce that is proactive in addressing health issues, thereby contributing to a healthier, more informed society.

## **COURSE OUTCOMES**

- Conduct assessment of the social, physical, and economic dynamics in communities.
- Conduct household assessments and identify those at risk of health-related issues (including impairments in health status).
- Provide information, education and support for healthy behaviours and appropriate home care.
- Provide psychosocial support.
- Identify and manage minor health problems.

## **Accreditation status:**

- NQF Level 3 – Accredited by the Quality Council for Trades and Occupations (QCTO)
- SAQA ID: 94597
- 163 Credits

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## **SUBJECTS**

### **Knowledge Modules (40 Credits):**

- KM-01: Public and Community Health Support
- KM-02: Family and Community Services
- KM-03: Basics of Community Health

### **Practical Skill Modules (63 Credits):**

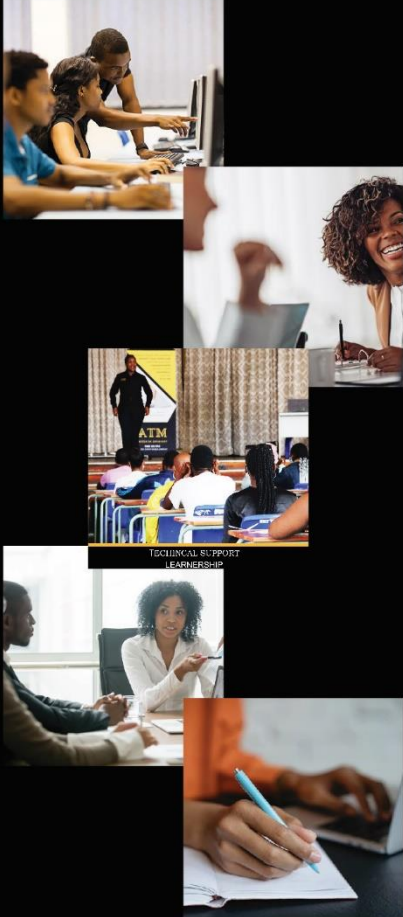
- PM-01: Mobilise community to address community health issues
- PM-02: Identify the service needs and ease of access to health and social services
- PM-03: Promote healthy lifestyles and mental wellbeing
- PM-04: Promote HIV prevention including HIV testing, condom use, partner reduction, circumcision, STI
- PM-05: Provide information on prevention of accidents and incidents in homes
- PM-06: Record and report on information provided to individuals, households and communities
- PM-07: Promote and provide support for maternal and women's health
- PM-08: Promote child health
- PM-09: Support community members with psychosocial problems
- PM-10: Provide an integrated approach to support treatment
- PM-11: Identify and treat a select number of minor ailments
- PM-12: Provide basic support to people who are unable to care for themselves.



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### Work Experience Modules (60 Credits):

- WM-01: Operation and dynamics of communities
- WM-02: Household registration and assessment processes
- WM-03: Health promotion processes
- WM-04: Formal health provision processes
- WM-05: Emotional and social wellness support processes
- WM-06: Household treatment processes of minor ailments

### Eligibility requirements for the external summative assessment:

- You will receive an **Occupational Certificate: Health Promotion Officer** from the QCTO upon the completion of the External Integrated Summative Assessment.

### Course duration:

- 12 months

### Entry requirements:

- NQF Level 1 or equivalent competences in Mathematical Literacy and Communication.