

SEXUAL ABUSE SUPPORT

Service	Description	Contact
NSW Victims Services	Offers support to victims of violent crime in NSW, including victims of historical sexual abuse. This support includes access to 22 hours of free counselling. You may also be eligible for financial assistance and a recognition payment.	1800 063 633 (Mon-Fri, 9am-5pm)
Survivors & Mates Support Network (SAMSN)	SAMSN provides individual support and counselling, eight-week support groups for adult male survivors of childhood sexual abuse and support to family and friends of survivors. SAMSN can support you in considering your reporting options, find you the right police person to speak to and where possible accompany you if you choose to go in person to speak with police.	1800 472 676 (Mon-Fri, 9am-5pm)
NSW Health Sexual Assault Services	NSW Health Sexual Assault Services are located in all local health districts across NSW. They provide free services including crisis counselling, information and support, medical care and forensic examination, ongoing counselling, group work and court preparation and support for anyone who has been sexually assaulted. This includes services for children, young people and adults who have been sexually abused as well as their non-offending parents/carers, partners, families and other supporters. These services are based in certain hospitals and community health services across NSW. There is a sexual assault service in your area open 24 hours a day.	Armidale daytime: (02) 6776 9655 Armidale nighttime: (02) 6776 9500 Gunnedah daytime: (02) 6741 8000 Gunnedah nighttime: (02) 6767 7700 Inverell daytime: (02) 6721 9600 Inverell nighttime: (02) 6721 9500 Moree daytime: (02) 6757 0200 Moree nighttime: (02) 6757 0000 Tamworth daytime: (02) 6767 8100 Tamworth nighttime: (02) 6767 7700 Walgett daytime: (02) 6817 9400 Walgett nighttime: (02) 6817 9400
NSW Sexual Violence Helpline Full Stop Australia	Full Stop Australia supports people affected by sexual, domestic and family violence. They offer telephone, online and face to face counselling to people of all genders who have experienced sexual domestic or family violence, and their supporters.	1800 424 017 (Mon-Fri 8am-8pm)
Sexual assault reporting option	If you are 16 years or older and do not want to speak directly with a police officer, but you want the police to know you have been sexually assaulted you can complete the online Sexual Assault Reporting Option (SARO) through the community portal.	Website
Blueknot	Blue Knot Foundation provides specialist phone counselling, support, education, resources, training, and supervision, to help the recovery of adults traumatised as children.	1300 657 380 (9am-5pm, Mon-Sun)
NSW Rape Crisis	24-hour, seven-days-a-week telephone and online crisis counselling service for anyone in NSW – men, women and non offending supporters – who has experienced or is at risk of sexual assault. Counselling services for women who were sexually assaulted in childhood are also available from Women’s Health Centres across NSW.	1800 424 017