

# THE GOOD + SAMARITAN



Sonya Nix, owner of Better Than Before Consignments



## Better Than Before Consignments Holds Campaign For Clinic

We are grateful for the generous donations received by the Better Than Before Consignments store (BTB) in October. When customers shopped at the store that month, they had the opportunity to make a donation to support the work of Good Samaritan Health Clinic. For every dollar donated, customers entered their name in a drawing for an amazing gift basket including gym membership, certificate for therapeutic massage, OTC vitamins, BTB gift certificates, and tickets to the clinic's benefit concert. On two Saturdays prior to the concert, clinic nursing volunteers provided free health screenings and information about the clinic's services at the store.

**"Sometimes people just need a little help getting back on their feet. Hopefully, our efforts will help a few people avoid the worry and stress that we had to go through so many years ago."**

Why did Sonya Nix, owner of BTB, want to partner with Good Samaritan Clinic? Well, she has a personal story to share. "Early in our marriage we found ourselves in a place where we had no insurance, and I was pregnant with our first child. She was 6 years old before we 'paid her off'. It's a running joke in our family now but at the time it was anything but funny. We were terrified and overwhelmed with the daunting health care bills." Sonya says, "sometimes people just need a little help getting back on their feet. Hopefully, our efforts will help a few people avoid the worry and stress that we had to go through so many years ago."

**If you have an idea for your business to partner with Good Samaritan Clinic, please contact Jolanda Hutson at 256-255-5964.**

### Please help us communicate better with you!

If you would like to receive this donor newsletter electronically, please email [jhutson@goodsamaritancullman.com](mailto:jhutson@goodsamaritancullman.com) and request to be added to our email distribution list. This will cut down on postage costs and ensure more of your donation goes to helping people in need.

## 2018 FALL NEWSLETTER

### Inside This Edition

The mission of Good Samaritan is to deliver sustainable, long-term health-care and all-around wellness to the uninsured members of our community.

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THANKS TO THE CONTINUED SUPPORT OF THE CULLMAN COMMUNITY, GOOD SAMARITAN HEALTH CLINIC HAS ADDED SOCIAL SERVICES TO ITS LIST OF OFFERINGS NOW AVAILABLE FOR OUR PATIENTS

## Social Services Volunteer Joins Clinic



*Paula Waters, clinic volunteer, holds a bachelor's degree in Social Work from University of North Alabama (UNA).*

This summer, Paula Waters began volunteering her time and expertise at the clinic by assisting patients with eligibility paperwork and connecting them to other resources in the community. In addition to her degree, Paula has several years' experience as a medical social worker in acute, home health, and hospice settings.

Paula has a way of making our patients feel at ease. Jolanda Hutson, Executive Director, shares "I've personally seen patients come into the clinic very reserved and apprehensive. But, after spending time with Paula, they leave with an entirely different countenance and demeanor. Paula truly is a blessing to the clinic and our patients."

**"I've personally seen patients come into the clinic very reserved and apprehensive. But, after spending time with Paula, they leave with an entirely different countenance and demeanor." Jolanda Hutson, Executive Director**

While Paula is volunteering in a new capacity at the clinic, her family has a long history of supporting the clinic's efforts. Her husband has served on the clinic's Board of Directors and her two older children have been student volunteers. Paula says, "It is an honor to volunteer for the Good Samaritan Clinic. The Clinic provides a much needed and wonderful service to our community. I enjoy being a part of helping others."

THANKS TO YOU, OUR PATIENTS' FEARS ARE EASED

## Just Imagine...

You begin noticing a change in how you feel, nothing major at first, or at least you tell yourself. You're experiencing unexplained weight loss, fatigue, pain in your abdomen, and now unusual bleeding. Even though you first started noticing these changes a couple of months ago, you haven't gone to the doctor simply because you do not have insurance or the money for medical bills.

Your family has seen a difference in your appearance and demeanor, and they encourage you not to wait any longer. You finally make an appointment with a doctor who refers you for blood work and other diagnostic tests. When you go back to the doctor for the results, you hear words you never wanted to hear, "you have cancer." A flood of emotions and thoughts run through your mind, not the least of which is "how am I going to pay for my care?"

Fortunately, for many of us, that is not the primary concern



**...you hear words you never wanted to hear, "you have cancer." A flood of emotions and thoughts run through your mind, not the least of which is "how am I going to pay for my care?"**

on our mind. Why? Because we have health insurance. Others aren't quite as fortunate. **In one week, three Good Samaritan Clinic patients heard those daunting words, "you have cancer."** But, thanks to your support of the clinic's efforts, these patients do have access to the care they need and are focusing on getting better instead of worrying about how they are going to pay for their care.

Donna, one of Good Samaritan Clinic's patients, had a 20-pound tumor in her abdomen. After coming to the clinic and receiving diagnostic testing and referrals for treatment, she shared with the staff, "If it hadn't been for this place (Good Samaritan Clinic) I never

would have gotten to the next place. I'm very grateful to the people who give money to this place (GSHC) because I could never afford what they have given me."

**To hear more about Donna's story, go to our website at [www.goodsamaritancullman.com](http://www.goodsamaritancullman.com) and view the video on our home page.**

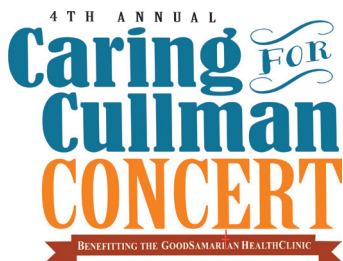


# Thank You Publix And United Way Of Cullman County!

There are many benefits of being a United Way of Cullman County partner agency. One of which is the relationship the Clinic develops with so many wonderful people in our community. On September 11, the Clinic was privileged to have employees from Publix give selflessly of their time and energy to ensure the Clinic is fresh and welcoming for our patients. Thank you, Publix, for choosing Good Samaritan as your agency to serve during the United Way Day of Caring. And, thank you, United Way, for all the many ways you support our efforts throughout the year.



## Benefit Concert Delivers A Fun-Filled Evening While Raising Funds For The Uninsured In Our Community



Thanks to the overwhelming support of the Cullman community, the 4th Annual Caring for Cullman Concert was another tremendous success. Through sponsorships, ticket sales, and love offerings, funds were raised to provide care for 70 Good Samaritan patients for an entire year. It was an inspirational, fun-filled evening with entertainment provided by the Wallace State Jazz Band, Triumphant Quartet, and emcee Mickey Bell. We are grateful for everyone who contributed to the event's success!

**A special Thank You to our Platinum event sponsor:**



For a complete list of event sponsors and community partners, go to [www.goodsamaritancullman.com](http://www.goodsamaritancullman.com)

# We Gratefully Acknowledge Our Supporters From October 2017 Through March 2018

Good Samaritan Clinic is thankful for your generosity as we endeavor to meet the medical needs of the uninsured in our community. Whether you support us through monetary donations, volunteer service, or the donation of in-kind products/services, we appreciate the invaluable support each of you provide to the clinic.

Avra Adair, CRNP  
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Dr. Joel Adams  
Dr. Rex Adams  
Addington Chapel UMC  
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 St. Andrews UMC– UMW Charity Circle  
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 St. Paul's Lutheran Church  
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Paula Waters  
 Rob and Mary Ellen Werner  
 Bob and Schel Weston  
 Westside Missionary Baptist Church  
 Dr. Gregory Windham  
 Kenneth and Beverly Yeager  
 Virginia Yerby

### **Honorariums and Memorials**

Henry and Julie Apel in Honor of  
 Maebell Apel  
 James and Judy Brown in Honor of  
 Dr. Benjamin Rogers  
 Cullman Clinical Research in  
 Memory of Patsy Robinson and  
 Kathryn Durand  
 Tommy Graves in Memory of Aves  
 and Irene Graves  
 Peggy Harris in Memory of Carolyn  
 Johnson  
 Jerry and Marcia Jacob in Memory of  
 Charles Ray Sansing  
 Vince and Kay Meleski in Memory of  
 Marnie Kruglewicz  
 Julie Mobley in Honor of Cullman  
 Internal Medicine Physicians  
 Kay Parker-Phillips in Memory of  
 William "Butch" Fortner  
 Deron and Sharon Patrick in Memory  
 of Amy Freeman  
 David and Paula Poyner in Memory  
 of Amy Freeman  
 Dr. Scott and Tina Warner in Honor of  
 Cullman Internal Medicine Physicians  
 Martha Williams in Memory of Nina  
 Williams  
 Don and Frances Williamson in  
 Honor of Mr. and Mrs. Robert Tidwell  
 & Mr. and Mrs. James Tidwell, Sr.

***In the next issue of "The Good Samaritan" we plan to acknowledge donors to the clinic from April through September 2018. If you wish to remain anonymous, please notify Jolanda Hutson, Executive Director, at [jhutson@goodsamaritancullman.com](mailto:jhutson@goodsamaritancullman.com) or 256-255-5964. Otherwise, we will list only your name or the name of your organization or business making the donation.***





As a thoughtful way of honoring or remembering that special someone, you may also designate your donation In Honor Of or In Memory Of on the enclosed card.



*Good Samaritan patients learn valuable information on how to manage diabetes.*

## Are You Too Sweet?

### CLINIC HOSTS TYPE 2 DIABETES SEMINAR

In the Spring, twenty (20) Good Samaritan Clinic patients received valuable information from a certified diabetic instructor. During the 2-hour class, our patients learned strategies for managing their diabetes through nutrition, exercise and medications, monitoring their diabetes, and identifying complications associated with diabetes. This was the first of several patient education classes planned for our patients.

## We Love Our Student Volunteers!

This summer, CHS Medical Academy students volunteered 100+ hours at the clinic triaging patients and assisting with community health screenings. To volunteer, these students completed three courses in the Health Sciences curriculum including Therapeutics and Internship and were recommended by their teacher. They are all certified BLS providers and well-equipped to fulfill their volunteer role at the clinic. Special thanks to these amazing CHS students who brightened our day and blessed our patients. Each of them has a promising future in the medical field.



*CHS student assists with community health screenings.*



*Student volunteers from Cullman High School's Medical Academy*

**If you would like to join our team of volunteers,**  
please contact Jolanda Hutson at 256-255-5964.

# Want To Help Our Patients?

During this holiday season, please consider giving the gift of a donation....



## Sponsor A Good Samaritan Clinic Patient...

**Would you like to provide care for a Good Samaritan patient for an entire year with a tax-deductible gift?**

You can, by donating only \$33 a month for 12 months (or a \$400 one-time donation). Or, for less than a typical doctor's visit co-pay, you can provide care for one patient's clinic visit. Simply commit to a \$8 monthly donation (or \$100 one-time donation) and make a tremendous difference in someone's life.

Just note your donation preference on the enclosed card and return in the self-addressed envelope or you may make your donation online through our website at [www.goodsamaritancullman.com](http://www.goodsamaritancullman.com) by simply clicking on the Donate button on the home page.

## We Are Currently In Need Of...

### Electronic Blood Pressure Monitors with Cuffs

We gladly accept donations of gently used or new electronic blood pressure cuffs to loan our patients who need to monitor their blood pressure on a regular basis. You could make it possible for us to gift a blood pressure monitor with a donation of only \$25 this holiday season.

### A1C Machine

Access to an A1C machine in the clinic would allow us to better manage our patients with diabetes. If you would like to designate your donation toward the purchase of the A1C machine, please note on the enclosed reply card.

### Cold Kit Items

During cold and flu season, we provide some our patients with Cold Kits containing the items listed below. All items can be purchased at a dollar store or other retailer.

- Tissue packs (small individual packs)
- OTC cough medicine (4 oz. Robitussin DM)
- Cough drops
- Small hand sanitizer
- Brown paper bags to hold items (lunch bag size works well)

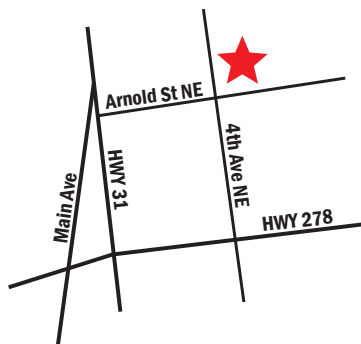
If you would like to donate any of the above items, you may drop them off at the clinic during normal clinic hours or contact Jolanda Hutson at 256-255-5964. Thank you in advance for being a blessing to our patients.



# GOODSAMARIAN HEALTHCLINIC

401 Arnold Street NE  
Suite A  
Cullman, AL 35055

256-775-1389



## Medical Director

Jeremy Stidham, MD

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## Donor Contact

Jolanda Hutson,  
Executive Director

[jhutson@goodsamaritancullman.com](mailto:jhutson@goodsamaritancullman.com)



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United Way  
of Cullman County



# #GIVINGTUESDAY™

## November 27, 2018

Good Samaritan Clinic would be grateful to be your charity of choice on #GivingTuesday. This special day is a global day of giving that harnesses the collective power of individuals, communities and organizations to encourage philanthropy and to celebrate generosity worldwide. Occurring this year on November 27, #GivingTuesday is held annually on the Tuesday after Thanksgiving along with the widely recognized shopping events Black Friday and Cyber Monday to kick-off the holiday giving season and inspire people to collaborate in improving their local communities and to give back in impactful ways to the charities and causes they support.

To donate to Good Samaritan Clinic, go to our secure website at [www.goodsamaritancullman.com](http://www.goodsamaritancullman.com) and click on the Donate button or mail your contribution to Good Samaritan Clinic, 401 Arnold Street, NE, Suite A, Cullman, AL 35055. Every dollar makes a difference. Did you know that a donation of \$100 will provide care for a patient clinic visit? This year on #GIVINGTUESDAY, we hope to raise funds to provide care for 100 patient visits in the coming year.

## Other Ways You Can Support Good Samaritan's Mission:

- 1. Pray for our efforts** – Pray that God would continue to supply the necessary resources for the clinic to continue its mission and that we would be a blessing to the patients we care for each day.
- 2. Spread the Word** - If you know someone who may qualify for the clinic's services, please refer them our way. See [www.goodsamaritancullman.com](http://www.goodsamaritancullman.com) for patient eligibility requirements and application.
- 3. Physician Volunteers** – Good Samaritan is seeking to partner with physicians in the following specialties: Gynecology, Orthopedics, Rheumatology, and Endocrinology. If you know of a specialist who might be available to see our patients requiring more specialized care, please email [jhutson@goodsamaritancullman.com](mailto:jhutson@goodsamaritancullman.com).
- 4. Employer's Matching Gift Fund** - Your donation to Good Samaritan may be matched by an equal or larger gift from your employer. If your employer matches charitable gifts, you can increase, and in some cases double or triple your donation. To help Good Samaritan receive a match to your gift, please contact your Human Resources Office to get your matching gift form.
- 5. AmazonSmile** – Anytime throughout the year but particularly during the holiday season, shop through the Amazon Smile website (<https://smile.amazon.com/>) and select Good Samaritan Health Clinic of Cullman as your charity of choice. Amazon will donate 0.5% of your eligible purchases to Good Samaritan. It's that easy and every little bit helps!

